



### Factsheet 3: HIV Testing and Counseling (HTC) Services, as of Asar 2073 (July 2016)

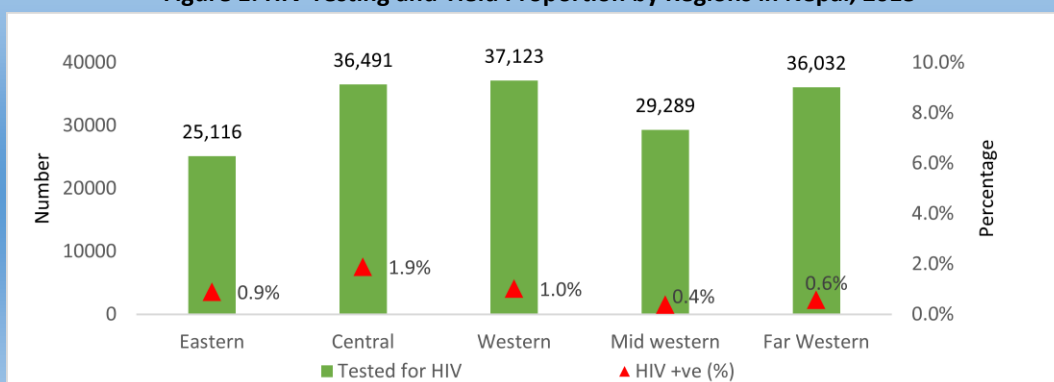
#### Background about HTC in Nepal

- ✎ HIV Testing and Counseling service was first started in Nepal in 1995.
- ✎ HIV Testing and Counseling is the entry point for overall HIV care services. It is provided free of cost to the key populations at higher risk and general population all over the country.
- ✎ Nepal's HIV testing and counseling services have been guided by the National Guidelines for Testing.
- ✎ National Consolidated Guidelines for Treating and Preventing HIV in Nepal has recommended various approaches for both facility-based and community-based testing in order to maximize HIV testing.
- ✎ There are over 235 service sites providing HIV testing and counseling, including 130 government sites as of July 2016.

**Table 1: HIV Testing and Counseling 2008 - 2016 (Jan-Jul)**

Indicators	2008	2009	2010	2011	2012	2013	2014	2015	2016 (Jan-Jul)
Tested for HIV	53,309	62,672	106,325	95,501	120,450	139,566	116,439	164,051	135,550
HIV positive	2,387	2,110	2,015	2,060	2,433	2,426	1,907	1,610	1,452

**Figure 1: HIV Testing and Yield Proportion by Regions in Nepal, 2015**



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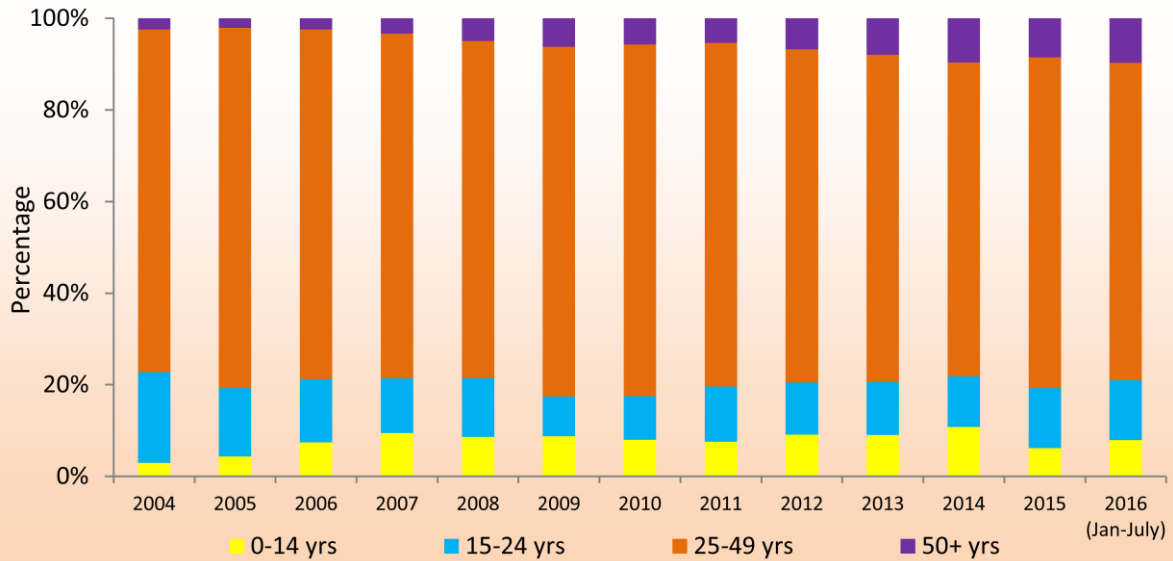
**Website:** [www.ncasc.gov.np](http://www.ncasc.gov.np)



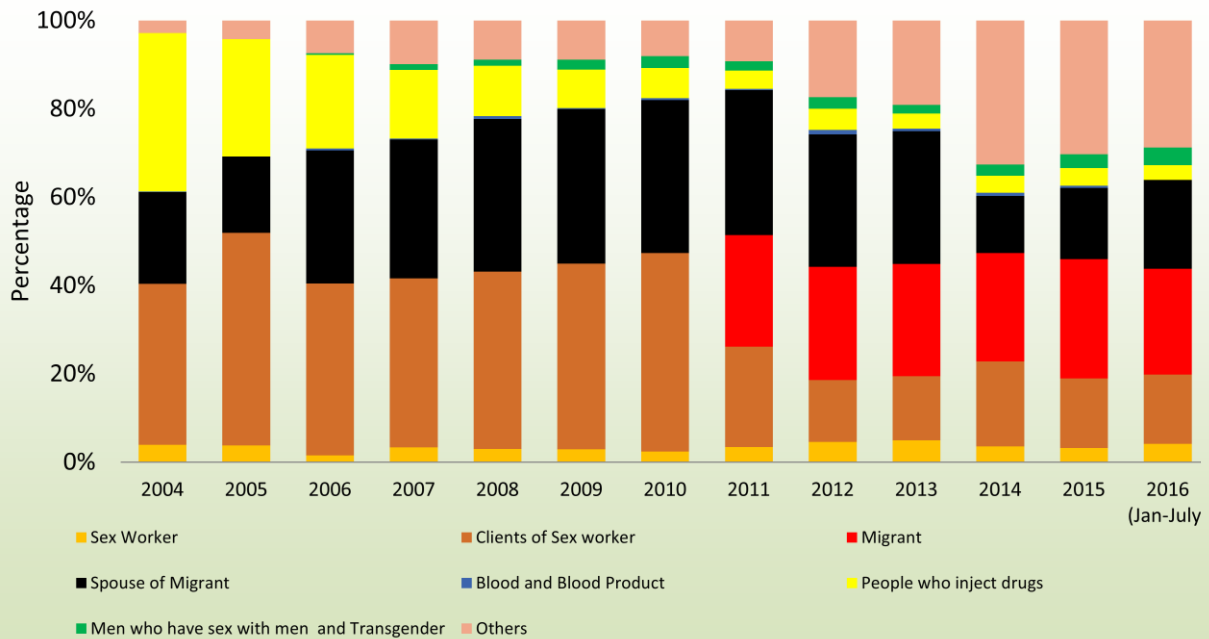
Government of Nepal  
 Ministry of Health  
**National Centre for AIDS and STD Control**  
 Teku, Kathmandu



**Figure 2: Reported HIV infections by age group: 2004 -2016 (Jan-July)**



**Figure 3: Reported HIV Infections by Risk Groups: 2004 - 2016 (Jan-July)**



Note: "Others" category includes "Children", "Male Partner", "Prison Inmate" and "unidentified risk group".

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