

# NATIONAL AIDS & STIs CONTROL PROGRAMME

FEDERAL MINISTRY OF HEALTH

# 2014 ANNUAL REPORT ON HIV/AIDS HEALTH SECTOR RESPONSE IN NIGERIA



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## PREFACE

The need to have a Country level report for the three core thematic areas of HIV Counseling and Testing (HCT), Prevention of Mother to Child Transmission (PMTCT) and Anti-Retroviral therapy have severally been discussed at technical meetings at national and state levels. In 2014, this need was made a priority by Government of Nigeria to showcase the achievements of the comprehensive HIV programme to a cross section of stakeholders. In line with 2004 UN General Assembly Special Session on HIV/AIDS (UNGASS) resolution, members states were expected to provide annual reports that will show data on the scale up of selected interventions and progress in overcoming health system barriers to achieving Universal Access.

As Nigeria scales up her National HIV/AIDS programmes towards achieving Universal Access (UA) to prevention, treatment, care and support, it becomes important to monitor and disseminate progress of the national response. Annually, the National AIDS & STIs Control Programme (NASCP), Federal Ministry of Health in collaboration with NACA, UNICEF, WHO and UNAIDS produces report on progress in scaling up the health sector response to HIV & AIDS.

This report covers the health sector response to HIV/AIDS for the year 2014 and some trend analysis. Major thematic areas covered include the HIV Counselling and Testing (HCT), Prevention of Mother to Child Transmission of HIV (PMTCT) and Anti-retroviral Therapy (ART).

I therefore, present this document as the 2014 annual report on the health sector response to HIV/AIDS, towards contributing to the pool of information on the control of the epidemic in Nigeria and around the world.

It is believed that all stakeholders will find this document very useful to their work.

**Dr. Evelyn Ngige** National Coordinator National AIDS & STIs Control Programme

# ACKNOWLEDGEMENT

The National AIDS/STIs Control Programme of the Federal Ministry of Health acknowledges the dedication and commitment of all the individuals and organizations that participated in the development of the 2014 Annual Report on HIV & AIDS Health Sector Response in Nigeria.

We commend the efforts of the National Agency for the Control of AIDS (NACA), State Ministries of Health, UNICEF, other UN Agencies and Implementing Partners, for their collaboration and support towards the success of the 2014 health sector data validation which was the first step in generating this report.

We hope that the partnership we have enjoyed through the years will continue towards attainment of an improved HIV/AIDS service delivery and monitoring and evaluation in Nigeria.

**Abatta Emmanuel O.** Head Strategic Information National AIDS & STIs Control Programme

# ACRONYMS

| AIDS   | Acquired Immune Deficiency Syndrome                     |
|--------|---|
| ANC    | Antenatal Clinic  |
| ART    | Anti-retroviral Therapy                                 |
| ARV    | Anti-retroviral   |
| CTR    | Counselled, Tested and Received Result                  |
| CTX    | Cotrimoxazole   |
| DNA    | Deoxyribonucleic Acid                                   |
| EBF    | Exclusive Breast Feeding                                |
| EID    | Early Infant Diagnosis                                  |
| eMTCT  | Elimination of Mother to Child Transmission of HIV/AIDS |
| FCT    | Federal Capital Territory                               |
| GARP   | Global AIDS Response Programme                          |
| HCT    | HIV Counselling and Testing                             |
| HIV    | Human Immunodeficiency Virus                            |
| INH    | Isoniazid Prophylaxis?                                  |
| MNCH   | Maternal Newborn and Child Health                       |
| MTCT   | Mother to Child Transmission of HIV/AIDS                |
| NACA   | National Agency for the Control of AIDS                 |
| NASCP  | National AIDS & STIs Control Programme                  |
| NDHS   | Nigeria Demographic and Health Survey                   |
| NGOs   | Non-Governmental Organizations                          |
| NPHCDA | National Primary Health Care Development Agency         |
| NSP    | National Strategic Plan                                 |
| NVP    | Nevirapine  |
| Ols    | Opportunistic Infections                                |
| PCR    | Polymerase Chain Reaction                               |
| PLHIV  | People Living With HIV                                  |
| PMTCT  | Prevention of Mother to Child Transmission of HIV/AIDS  |
| SACA   | State AIDS Control Agency                               |
| STIs   | Sexually Transmitted Infections                         |
| ТВ     | Tuberculosis  |
| UA     | Universal Access  |
| UN     | United Nations  |
| UNAIDS | Joint United Nations Programme on HIV/AIDS              |
| UNGASS | United Nations General Assembly Special Session         |
| UNICEF | United Nations Children 's Fund                         |
| USG    | United States Government                                |
| WHO    | World Health Organization                               |
|        |   |

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# SECTION ONE:

2014 ANNUAL HIV/AIDS REPORT

### SECTION ONE: INTRODUCTION

#### 1.1 BACKGROUND

There are an estimated 24.7 million [23.5–26.1 million] people living with HIV in sub-Saharan Africa, nearly 71% of the global total. Ten countries— Ethiopia, Kenya, Malawi, Mozambique, Nigeria, South Africa, Uganda, the United Republic of Tanzania, Zambia and Zimbabwe—account for 81% of all people living with HIV in the region and half of those are in only two countries—Nigeria and South Africa. In spite of improvement in the area of treatment, it is estimated that 19% of AIDS–related deaths in Sub-Saharan Africa occurred in Nigeria. Nigeria is among the 3 countries contributing 48% of the new HIV burden in the SSA, others include South Africa and Uganda.

Nigeria contributes about one third of new HIV infections among children in the 21 HIV priority countries in sub-Saharan Africa: the largest number from any country. It also has the highest number of children acquiring HIV infection – nearly 60 000 in 2012, a number that has remained largely unchanged since 2009.

In order to ensure that Nigeria achieves the global target for elimination of MTCT in 2015, government and its stakeholders have taken bold steps to develop strategies targeted to ensuring access to prevention and treatment programmes. In the last few years, there has been an increase in coverage of both the numbers of service delivery points and number of people accessing services. This increase is a reflection of government's commitment to the global mandate.

The main target of the revised Nigerian National Policy on HIV and AIDS (2009) is "To halt and begin to reverse the spread of HIV, provide quality treatment for people living with HIV, and offer care and support to people infected and affected by HIV/AIDS by 2015 as Nigeria moves towards fulfilling its Universal Access commitment".

Annually, Nigeria among other countries, reports on a number of indicators on the health sector response to HIV for the Global AIDS Response Progress Report (GARPR). The GARPR report is used to determine countries' progress and challenges towards providing appropriate interventions for prevention, treatment, care and support services for HIV and AIDS. The information submitted is also used for the spectrum estimates for countries.

The National AIDS/STIs Control Programme of the Federal Ministry of Health anchors the preparation and submission of the report of the health sector response to HIV/AIDS on behalf of the country. The reports are generated mostly from the routine data submitted by the states to NASCP.

The 2014 GARPR online report was submitted to UNAIDS in April 2015. The importance of this National report is to make the same information that was submitted available to all stakeholders.

#### **1.2 METHODOLOGY**

#### **Consultative meetings**

The preparation of the report commenced with various consultative meetings with key stakeholders. It was during these meetings that timelines and budgets for various activities were developed. The core teams were identified and roles and responsibilities were also shared.

#### State level data collation and validation

Prior to the National collation, the states minisyt rof health and SACA coordinated meetings with implementing partners to harmonize all health sector data. The final harmonized data was sent to NASCP for further review. Where applicable, NASCP sent queries to the states for clarification or ratification.

#### **National Health Sector Data Validation Meetings**

Data validation meetings were carried out in three zones (North Central/South West zone, North East/North West zone and South East/South South zone). These meetings involved states MOH, SACA, Implementing Partners, UN Agencies and NMOD. The aim was to harmonize and validate all the data submitted to NASCP by the states for 2014. The output of the meeting was a consolidated report for the country.

#### **Report writing workshop**

A five day workshop was held with key stakeholders including NACA, UN Agencies, States Ministry of Health and Implementing Partners to produce the annual National HIV/AIDS health sector response report andfa ctsheets. The process involved desk review of published and unpublished documents including NSP, NOP, national eMTCT plans, Programme data, UA/GARP reports, WHO TB/HIV estimates, NDHS 2013 report, National/States Spectrum estimates and projections. The final report was developed by consensus of participants' opinions on all issues raised.

#### **Endorsements and Authorizations**

The report was endorsed by the Federal Ministry of Health.

# **SECTION TWO:**

# HIV COUNSELLING AND TESTING (HCT)

2014 ANNUAL HIV/AIDS REPORT

### SECTION TWO: HIV COUNSELLING AND TESTING (HCT)

#### 2.1 BACKGROUND

HIV Counselling and Testing (HCT) is the entry point to prevention, treatment, care and support services of the HIV/AIDS control programme. It is a strategy aimed at identifying new HIV cases, and reducing the spread of the HIV virus through adequate counselling services.

The goal is "To make HCT services available, accessible, and affordable to all Nigerians to know their HIV status and have prompt access to appropriate treatment, care and support services".

This section presents key HCT findings from the 2014 annual data and previous reports for Nigeria.

|  | Achievement     |                |           |  |  |  |
|--|-----------------|----------------|-----------|--|--|--|
| INDICATORS   | 2012            | 2013           | 2014      |  |  |  |
| Number of people CTR (excluding testing in PMTCT settings) |                 |                |           |  |  |  |
| Males < 15   | 80,268          | 203,427        | 397,851   |  |  |  |
| Males 15 +   | 1,199,533       | 1,698,672      | 2,795,116 |  |  |  |
| Females < 15   | 83,536          | 191,262        | 375,138   |  |  |  |
| Females 15 +   | 1,429,274       | 1,923,840      | 3,148,377 |  |  |  |
| Total  | 2,792,611       | 4,017,201      | 6,716,482 |  |  |  |
| Number of people tested positive (excluding testing in I   | PMTCT settings) |                |           |  |  |  |
| Males < 15   | 8,467           | 10,391         | 17,258    |  |  |  |
| Males>15   | 119,166         | 108,694        | 111,866   |  |  |  |
| Females < 15   | 8,706           | 9,384          | 16,241    |  |  |  |
| Females 15 +   | 175,177         | 139,365        | 208,176   |  |  |  |
| Total  | 311,516         | 278,358        | 353,541   |  |  |  |
| Number of couples CTR                                      | 32,899          | 157,429        | 123,069   |  |  |  |
| Number of couples with discordant results                  | 3,231           | 8 <i>,</i> 838 | 12,776    |  |  |  |
| % of discordant couples                                    | 10%             | 6%             | 10%       |  |  |  |
| Number of TB Patients tested Negative                      | 18,392          | 64,674         | 42,397    |  |  |  |
| Number of TB Patients tested positive                      | 16,809          | 28,631         | 45,189    |  |  |  |
| Number of TB Patients CTR                                  | 35,201          | 93,305         | 87,586    |  |  |  |

#### Table 2.1 Key HIV Counselling and Testing Indicators (2012, 2013 and 2014)

| Table 2.2: Targets versus Achievement of Adult (15 + years) Counselled,<br>Tested and Received Result |            |            |       |   |
|---|------------|------------|-------|---|
| Year  | Cumulative | Cumulative | % NSP | % |

| Year | Cumulative<br>Target | Cumulative<br>Achievement | % NSP<br>Target<br>(cumulative) | %<br>Achievement<br>(cumulative) |
|------|----------------------|---------------------------|---------------------------------|----------------------------------|
|      |                      |                           | (cumulative)                    | (cumulative)                     |
| 2010 | 4,574,418            | 2,287,805                 | 20%                             | 19%                              |
| 2011 | 13,966,441           | 4,344,383                 | 30%                             | 23%                              |
| 2012 | 28,429,630           | 7,136,994                 | 45%                             | 28%                              |
| 2013 | 43,277,858           | 10,997,855                | 60%                             | 36%                              |
| 2014 | 53,440,513           | 16,259,111                | 70%                             | 45%                              |

Table 2.2 shows the National HCT targets from 2010 - 2015 as was proposed in the NSP and the actual achievements. According to the NSP, 80% of adult population (15 years and above) will be reached with HCT services by 2015 from a baseline of 15% in 2009. As at the end of 2014, program data showed an achievement of 45% of the set cumulative target for those counseled, tested and received result (CTR).

|             |               | 2013                      |                        |             |               | 2014                      |                        |
|-------------|---------------|---------------------------|------------------------|-------------|---------------|---------------------------|------------------------|
| State       | Number<br>CTR | Number<br>HIV<br>Positive | Positivity<br>Rate (%) | State       | Number<br>CTR | Number<br>HIV<br>Positive | Positivity<br>Rate (%) |
| Sokoto      | 15,008        | 2,824                     | 18.8                   | Edo         | 119,067       | ****                      | ****                   |
| Ebonyi      | 20,935        | 3,935                     | 18.8                   | Lagos       | 100,523       | 15,464                    | 15.4                   |
| Benue       | 172,974       | 28,818                    | 16.7                   | Borno       | 19,504        | 2,892                     | 14.8                   |
| Nasarawa    | 84,702        | 12,576                    | 14.8                   | Niger       | 177,950       | 19,396                    | 10.9                   |
| Plateau     | 66,466        | 9,805                     | 14.8                   | Kaduna      | 78,440        | 7,362                     | 9.4                    |
| Kano        | 138,524       | 17,239                    | 12.4                   | Akwa-Ibom   | 181,960       | 16,499                    | 9.1                    |
| Akwa-Ibom   | 64,777        | 7,962                     | 12.3                   | Benue       | 411,525       | 36,591                    | 8.9                    |
| Lagos       | 156,345       | 15,379                    | 9.8                    | Abia        | 99,726        | 8,348                     | 8.4                    |
| Abia        | 52,773        | 5,105                     | 9.7                    | Plateau     | 93,203        | 6,372                     | 6.8                    |
| Adamawa     | 68,042        | 6,246                     | 9.2                    | Kano        | 46,379        | 3,148                     | 6.8                    |
| Taraba      | 104,591       | 9,517                     | 9.1                    | FCT         | 155,389       | 10,518                    | 6.8                    |
| Borno       | 10,198        | 898                       | 8.8                    | Jigawa      | 236,671       | 13,770                    | 5.8                    |
| Delta       | 104,800       | 8,634                     | 8.2                    | Kebbi       | 21,805        | 1,250                     | 5.7                    |
| Cross-river | 128,627       | 10,292                    | 8.0                    | Taraba      | 102,370       | 5,464                     | 5.3                    |
| Yobe        | 40,394        | 3,093                     | 7.7                    | Delta       | 132,496       | 6,500                     | 4.9                    |
| Niger       | 42,545        | 3,238                     | 7.6                    | Nasarawa    | 286,608       | 13,770                    | 4.8                    |
| Rivers      | 62,925        | 4,566                     | 7.3                    | Rivers      | 147,228       | 6,646                     | 4.5                    |
| Jigawa      | 55,603        | 4,016                     | 7.2                    | Katsina     | 91,892        | 4,141                     | 4.5                    |
| FCT         | 228,331       | 16,463                    | 7.2                    | Yobe        | 58,595        | 2,565                     | 4.4                    |
| Edo         | 88,641        | 6,111                     | 6.9                    | Adamawa     | 157,074       | 6,601                     | 4.2                    |
| Kaduna      | 156,034       | 10,188                    | 6.5                    | Kogi        | 97,185        | 4,070                     | 4.2                    |
| Enugu       | 108,007       | 6,389                     | 5.9                    | Ondo        | 85,816        | 3,352                     | 3.9                    |
| Osun        | 47,130        | 2,591                     | 5.5                    | Anambra     | 239,181       | 9,153                     | 3.8                    |
| Gombe       | 101,136       | 5,390                     | 5.3                    | Ogun        | 122,523       | 4,605                     | 3.8                    |
| Ogun        | 95,625        | 5,096                     | 5.3                    | Gombe       | 155,519       | 5,431                     | 3.5                    |
| Kogi        | 96,064        | 5,115                     | 5.3                    | Bayelsa     | 59,765        | 1,895                     | 3.2                    |
| Bayelsa     | 66,108        | 3,368                     | 5.1                    | Cross-river | 460,473       | 11,971                    | 2.6                    |
| Anambra     | 151,120       | 7,651                     | 5.1                    | Enugu       | 288,466       | 7,210                     | 2.5                    |
| Bauchi      | 77,285        | 3,890                     | 5.0                    | Sokoto      | 64,337        | 1,574                     | 2.4                    |
| Kebbi       | 58,961        | 2,953                     | 5.0                    | Imo         | 262,617       | 6,272                     | 2.4                    |
| Ondo        | 98,927        | 4,936                     | 5.0                    | Osun        | 79,869        | 1,907                     | 2.4                    |
| Katsina     | 88,010        | 4,148                     | 4.7                    | Zamfara     | 323,760       | 7,408                     | 2.3                    |
| Imo         | 133,770       | 5,974                     | 4.5                    | Kwara       | 115,760       | 2,552                     | 2.2                    |
| Kwara       | 60,463        | 2,587                     | 4.3                    | Оуо         | 355,429       | 7,707                     | 2.2                    |
| Zamfara     | 94,110        | 3,501                     | 3.7                    | Bauchi      | 243,892       | 4,573                     | 1.9                    |
| Ekiti       | 67,316        | 2,369                     | 3.5                    | Ekiti       | 97,870        | 1,657                     | 1.7                    |
| Оуо         | 337,487       | 7,159                     | 2.1                    | Ebonyi      | 192,193       | 3,095                     | 1.6                    |

#### Table 2.3. Positivity rate among persons tested for HIV (All ages) by States

\*\*\* Needs further data validation

Table 2.3 shows 2013 and 2014 distribution of testing and positivity among those tested for HIV by states.



Fig. 2.1 Number of Couple CTR versus Number of Discordant Couples

There was a decrease in the number of couples that were counselled and tested from 157,429 in 2013 to 123,069 in 2014. However, there was an increase in the number of couples with discordant results from 8,838 in 2013 to 12,776 in 2014. The proportion of discordant couples has risen from 6% in 2013 to 10% in 2014. This implies that targeted intervention to increase demand for couples counseling and testing should be put in place.



Fig. 2.2 shows the number of individuals counselled tested and received result in 2014 by state. Cross Rivers State had the highest number with 460,473 followed by Benue with 411,525 persons.

# **SECTION THREE:**

# PREVENTION OF MOTHER TO CHILD TRANSMISSION (PMTCT)

2014 ANNUAL HIV/AIDS REPORT

## SECTION THREE: PREVENTION OF MOTHER TO CHILD TRANSMISSION (PMTCT)

#### 3.1 BACKGROUND

Prevention of Mother to Child Transmission (PMTCT of HIV aims at eliminating transmission of HIV from mother to child during pregnancy, labour, delivery and breast feeding. MTCT accounts for about 90% of infections in children3, hence the focus is to ensure that no child is born with HIV infection in Nigeria.

PMTCT is an effective and sustainable intervention with a focus on ensuring an HIV-free generation by the strategy of getting to zero and closing the gaps. PMTCT services commenced in Nigeria in 2001 in six tertiary health facilities. At the end of 2014, about 6546 facilities comprising of tertiary, secondary and primary health care centres are providing PMTCT services. Furthermore, there has been a considerable engagement of the private sector in PMTCT service delivery to increase access. The Elimination of Mother to Child Transmission of HIV (eMTCT) Operational Plan (2015-2016) was developed in 2014 to contribute to the elimination of new HIV infections among children and keep their mothers alive by 2020.

#### 3.2 NATIONAL eMTCT TARGETS 2015 – 2016 [2]

The National eMTCT target for 2015-2016 are:

- 1. 50% of adolescents and young people have access to prevention interventions by 2016
- 2. 20% of all HIV positive women have access to contraceptive by 2016
- 3. 70% of all pregnant women receive quality HIV testing and counselling and receive their result by 2016
- 4. 70% of all HIV positive pregnant women and breastfeeding mothers receive ARVs by 2016

This section presents key PMTCT achievements for 2014 and previous years.



Fig. 3.1. PMTCT Sites from 2010 to 2014

Figure 3.1 shows the number of PMTCT sites from 2010 – 2014. Though there was a very sharp increase in the number of sites providing services between 2013 and 2014.

#### Table 3.1: Key PMTCT indicators from 2014 year Data

| INDICATORS   | **Estimated<br>needs/<br>targets [3] | 2014 YEAR<br>Achievements | 2014 YEAR<br>COVERAGE<br>(%) |
|--|--------------------------------------|---------------------------|------------------------------|
| Number of health facilities providing PMTCT services   |                                      | 6,546                     |                              |
| Number of pregnant women attending first ANC visit at a PMTCT site during the reporting period   |                                      | 2693788                   |                              |
| Number of pregnant women who were tested for HIV<br>and received their results including women tested at<br>post-partum period (<72 hours), and those with<br>previously known HIV status    |                                      | 3067514                   | 44.4%                        |
| Total Number of pregnant women who tested HIV positive including previously known positive   |                                      | 107957                    |                              |
| Number of HIV-infected pregnant women who<br>received antiretroviral drugs to reduce the risk of<br>mother-to-child transmission (MTCT)  |                                      | 63350                     | 30%                          |
| Number of infants born to HIV-infected women<br>receiving ARV prophylaxis (First dose of NVP) for the<br>prevention of mother-to-child transmission (PMTCT)<br>in the first 6 weeks of birth | 2110.20                              | 26566                     | 12.54%                       |

| No. of Infants born to HIV + women whose blood samples were taken for DNA PCR test within 2 months of birth - Total                                  | / 1 1 0 9 0 | 13059 | 6% |
|--|-------------|-------|----|
| No. of HIV PCR results received for babies born to HIV + women whose blood samples were taken within 2 months of birth tested - Total                |             | 8802  |    |
| No. of HIV PCR results received for babies born to<br>HIV + women whose blood samples were taken<br>within 2 months of birth tested positive - Total |             | 1614  |    |

\*\*\*Calculated from NDHS 2012 crude birth rate and 2006 census population projection for the year 2014.





Figure 3.2 shows a progressive increase in the number of pregnant women who received counselling and testing from 2010 to 2014. At the end of year 2014, there was an 80% increase in women CTR as compared to 2013.



Figure 3.3: Number of HIV positive pregnant women who received ARVs to reduce the risk of mother to child transmission of HIV

Figure 3.3 above shows an increase in number of positive women placed on ARV to reduce the risk of mother to child transmission from 2010 to 2014.





A figure 3.4 shows the PMTCT coverage from 2010 to 2014 with efficacious ARVS. This coverage excludes women who received single or dual ARVs.

Figure 3.5: The 2014 National PMTCT Cascade



Figure 3.6 New Infant HIV infection (Spectrum estimate



Figure 3.6 shows the estimated new infant HIV infections between 2010 and 2014. It shows that the new infant HIV infection is reducing.

|             |               | 2013        |                          |               | 2014        |                          |
|-------------|---------------|-------------|--------------------------|---------------|-------------|--------------------------|
| State       | PMTCT<br>Need | Achievement | PMTCT<br>Coverage<br>(%) | PMTCT<br>Need | Achievement | PMTCT<br>Coverage<br>(%) |
| Edo         | 1,526         | 1,304       | 85%                      | * * *         | 1,668       | ***                      |
| Benue       | 11,734        | 7,732       | 66%                      | 12,628        | 10,458      | 83%                      |
| Nasarawa    | 5,176         | 3,498       | 68%                      | 5,352         | 4,279       | 80%                      |
| Anambra     | 3,197         | 1,766       | 55%                      | 3,073         | 2,370       | 77%                      |
| Enugu       | 1,824         | 1,329       | 73%                      | 1,930         | 1,424       | 74%                      |
| Plateau     | 4,107         | 2,286       | 56%                      | 4,163         | 2,898       | 70%                      |
| FCT         | 4,488         | 3,423       | 76%                      | 4,926         | 2,806       | 57%                      |
| Abia        | 2,898         | 1,095       | 38%                      | 3,312         | 1,792       | 54%                      |
| Delta       | ***           | 2,944       | * * *                    | 2,223         | 1,025       | 46%                      |
| Imo         | 3,719         | 1,022       | 27%                      | 3,883         | 1,671       | 43%                      |
| Lagos       | 8,477         | 3,460       | 41%                      | 8,673         | 3,341       | 39%                      |
| Ebonyi      | 2,005         | 806         | 40%                      | 1,896         | 723         | 38%                      |
| Akwa Ibom   | 14,136        | 2,490       | 18%                      | 14,730        | 5,285       | 36%                      |
| Cross River | 4,754         | 1,771       | 37%                      | 4,991         | 1,680       | 34%                      |
| Kogi        | 2,681         | 1,138       | 42%                      | 2,917         | 899         | 31%                      |
| Rivers      | 6,198         | 1,728       | 28%                      | 6,382         | 1,883       | 30%                      |
| Taraba      | 9,591         | 1,874       | 20%                      | 9,896         | 2,592       | 26%                      |
| Bayelsa     | 1,689         | 222         | 13%                      | 1,935         | 474         | 24%                      |
| Bauchi      | 3,992         | 847         | 21%                      | 3,768         | 878         | 23%                      |
| Niger       | 8,462         | 1,193       | 14%                      | 8,749         | 1,977       | 23%                      |
| Ondo        | 4,731         | 1,852       | 39%                      | 4,816         | 945         | 20%                      |
| Adamawa     | 4,850         | 648         | 13%                      | 4,990         | 965         | 19%                      |
| Osun        | 2,655         | 627         | 24%                      | 2,721         | 488         | 18%                      |
| Kwara       | 3,940         | 575         | 15%                      | 3,854         | 643         | 17%                      |
| Gombe       | 4,294         | 1,488       | 35%                      | 4,771         | 747         | 16%                      |
| Katsina     | 3,722         | 823         | 22%                      | 3,848         | 565         | 15%                      |
| Ogun        | 7,358         | 1,133       | 15%                      | 7,489         | 1,022       | 14%                      |
| Kebbi       | 1,290         | 314         | 24%                      | 1,236         | 159         | 13%                      |
| Zamfara     | 1,991         | 339         | 17%                      | 2,056         | 247         | 12%                      |
| Ekiti       | 2,371         | 697         | 29%                      | 2,390         | 287         | 12%                      |
| Kaduna      | 25,080        | 3,246       | 13%                      | 24,203        | 2,837       | 12%                      |
| Оуо         | 10,415        | 1,031       | 10%                      | 10,682        | 1,251       | 12%                      |
| Jigawa      | 4,161         | 266         | 6%                       | 4,290         | 378         | 9%                       |
| Borno       | 5,199         | 389         | 7%                       | 5,655         | 361         | 6%                       |
| Kano        | 12,626        | 1,126       | 9%                       | 13,832        | 777         | 6%                       |
| Sokoto      | 12,003        | 286         | 2%                       | 12,329        | 341         | 3%                       |
| Yobe        | 5,670         | 588         | 10%                      | 5,684         | 91          | 2%                       |

#### Table 3.2: Coverage of ARV Prophylaxis among HIV Positive pregnant Women by States

From the table 3.2 abo ve, eight states h ave achieve d at least 50% PMTCT cove rage in terms of provision of anti-retroviral prophylaxis/treatment for HIV positive pregnant women by the end of year 2014.



Figure 3.7: ARV Prophylaxis Coverage for PMTCT by States- 2014

Figure 3.7 shows PMTCT ARV coverage by states in 2014. Notably, Benue & Nasarawa PMTCT coverage figures were above 80% of their 2014 estimated needs. However, Yobe, Sokoto, Kano, Borno and Jigawa had a coverage below 10% which may be attributable to the insecurity in these regions. This low performance has been observed in these States over the past two years.

#### **Challenges to effective PMTCT services**

- Inadequate integration of PMTCT into MNCH services
- Sub-optimal coordination at all levels.
- Inadequate resources and funding
- Inadequate tracking and follow up of HIV positive pregnant women.
- Weak community involvement,
- Poor engagement of TBAs and private sector in PMTCT service delivery.
- Inadequate laboratory diagnosis & logistic services for EID
- Inadequate behavior change communication
- Weak data management and M & E systems
- Unstable external factors (Insecurity, displaced persons, etc)

#### Way forward

- Strengthen integration of services
- Implementation of costed scale up plan at all levels.
- Strengthen coordination and management of service delivery at all levels.
- Advocacy to Government at all levels
- Strengthen tracking of mother baby pair
- Strengthen community systems
- Strengthen engagement of TBAs and private sector in PMTCT service delivery
- Strengthen laboratory services for EID collection, analysis, reporting and retrieval
- Scale up Early Infant Diagnosis (EID) services to all PMTCT sites
- Improve BCC strategies

#### **Opportunities for PMTCT Scale up**

- Existence of New Funding model for Global Fund (with high PMTCT priority)
- FGN initiatives such as the midwives services scheme (MSS).
- Existence of HCT sites with capacity to implement PMTCT
- Private sector involvement in PMTCT service provision

# **SECTION FOUR:**

# ANTI-RETROVIRAL THERAPY (ART)

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### SECTION FOUR: ANTI-RETROVIRAL THERAPY (ART)

#### 4.1 BACKGROUND

The national ART programme commenced in 2001 in 25 tertiary hospitals and targeted 10,000 adults and 5,000 children. However, following the 3 by 5 WHO initiative, the target was reviewed to achieve universal access to ART by 2010. As at 2014, ART coverage among children consistently remained low when compared to adults.

The goal of National Strategic Plan (NSP 2010-2015) is to ensure that "All eligible PLHIV receive quality treatment services for HIV/AIDS and Opportunistic Infections (Ois) as well as TB treatment services for PLHIV co-infected with TB".

#### 4.2 **OBJECTIVES**

- At least 80% of eligible adults (women and men) and 80% of children (boys and girls) are receiving ART based on national guidelines by 2015 [4]
- At least 80% of PLHIV are receiving quality management for OIs (diagnosis, prophylaxis, and Treatment) by 2015 [4]
- All states and local government areas (LGAs) are implementing strong TB/HIV collaborative Interventions by 2015 [4]
- All TB suspects and patients have access to quality and comprehensive HIV and AIDS services by 2015 [4]
- All PLWHIV have access to quality TB screening and those suspected to have TB, to receive TB treatment [4]

| INDICATORS   | 2010    | 2011    | 2012    | 2013    | 2014    |
|--|---------|---------|---------|---------|---------|
| Currently on Treatment -<br>Children (0 -14 yrs)   | 20,401  | 36,716  | 31,556  | 43,664  | 44,024  |
| Percentage of eligible children<br>currently receiving antiretroviral  | 10.2    | 18.3    | 15.6    | 23.5    | 20.7    |
| therapy (ART)  |         |         |         |         |         |
| Currently on Treatment - Adult<br>(15 years & above )  | 338,780 | 395,569 | 459,465 | 592,084 | 703,358 |
| Percentage of eligible adults<br>currently receiving antiretroviral<br>therapy (ART)   | 27.6    | 30.8    | 34.4    | 42.4    | 48.3    |
| Number of eligible adults and<br>children who newly initiated<br>antiretroviral therapy (ART)<br>during the reporting period (Jun<br>2014) | 109,226 | NA      | 102,611 | 148,028 | 145,053 |
| Percentage of estimated HIV -<br>positive incident TB cases that<br>received treatment for TB and<br>HIV                                   | 9.3     | 19.6    | 9.2     | 9.2     | 12.2    |
| Number of persons enrolled for<br>HIV care who were placed on<br>INH prophylaxis   | 1,750   | 969     | 2,257   | 7,973   | 22,899  |
| Number of persons enrolled for<br>HIV care who initiated CTX<br>prophylaxis - (Children 0 -14<br>years)                                    | na      | na      | 10,171  | 33,946  | 24,909  |
| Total number of facilities<br>providing ART services   | 446     | 491     | 566     | 820     | 1057    |

#### Table 4.1: Key National ART Indicators By Year (2010 – 2014)

Table 4.1 shows the key ART performance indicators from 2010 to 2014 results.



Figure 4.1: Number of Adults and children Currently Receiving ART 2010 - 2014

The figure 4 above shows that there has been a progressive increase in the number of adults receiving antiretroviral therapy from 2010 - 2014.



Figure 4.2: Number of Persons Currently on ART Disaggregated by Sex in year 2014

Figure 4.2 shows that the number of adult and children currently on treatment.



Fifures 4.3 and 4.4 above show national targets [4] versus ART coverage (%) [3] from 2010 to 2014. Generally, there is an increase in ART coverage from 10.2% in 2010 to 20.7% in 2014 for children under 15 years. The adult coverage showed a progressive increase from 27.6% in 2010 to 48.3% in 2014.

As at 2014, the National ART program covered 747,382 (44%) out of the estimated 1,670,016 persons (adults and children) estimated to be needing ART by December, 2014. This shows that the present achievement is still low when compared with the national target. Thus, more efforts and resources and strategies will be required to ensure sustainable scale-up of ART coverage.



Figure 4.5: Gaps in ART Coverages (%) between Children and Adults (2010 - 2014)





Figure 4.6 shows The number of adults and children newly started on treatment from 2012 to 2014



Figure 4.7: Coverage (%) of TB Treatment among PLHIV in Nigeria 2010 - 2014)

\*\*\* Denominator sourced from WHO estimates for TB [5]

Figure 4.7 shows coverage of TB treatment among PLHIV from 2010 and 2014.

| States         | ART Need based<br>on CD4 350<br>eligibility | Total HIV<br>Population | Achievement      | ART Coverage                       |  |
|----------------|---|-------------------------|------------------|------------------------------------|--|
|                |   |                         |                  | Based on<br>CD4 350<br>eligibility | Based on Total<br>HIV Population<br>(Global Indicator) |
| Benue          | 86,785                                      | 197,959                 | 121,643          | ***                                | 61%  |
| Edo            | 20,875                                      | 30,599                  | 16,370           | 78%                                | 53%  |
| Enugu          | 24,733                                      | 48,546                  | 21,263           | 86%                                | 44%  |
| Plateau        | 49,758                                      | 79,430                  | 34,097           | 69%                                | 43%  |
| Delta          | 21,017                                      | 49,264                  | 17,746           | 84%                                | 36%  |
| Gombe          | 24,724                                      | 58,517                  | 19,160           | 77%                                | 33%  |
| Anambra        | 35,722                                      | 70,256                  | 21,973           | 62%                                | 31%  |
| FCT            | 62,725                                      | 130,088                 | 40,079           | 64%                                | 31%  |
| Kogi           | 29,722                                      | 69,149                  | 18,634           | 63%                                | 27%  |
| Lagos          | 89,211                                      | 206,086                 | 52,031           | 58%                                | 25%  |
| Kebbi          | 17,119                                      | 27,415                  | 6,194            | 36%                                | 23%  |
| Bauchi         | 27,651                                      | 53,387                  | 11,756           | 43%                                | 22%  |
| Taraba         | 71,426                                      | 167,243                 | 35,598           | 50%                                | 21%  |
| Adamawa        | 32,569                                      | 74,654                  | 15,874           | 49%                                | 21%  |
| Katsina        | 21,678                                      | 52,818                  | 10,352           | 48%                                | 20%  |
| Zamfara        | 10,859                                      | 27,654                  | 5,367            | 49%                                | 19%  |
| CrossRivers    | 42,017                                      | 90,287                  | 17,383           | 41%                                | 19%  |
| Imo            | 33,370                                      | 84,527                  | 15 <i>,</i> 855  | 48%                                | 19%  |
| Abia           | 20,607                                      | 70,507                  | 12,649           | 61%                                | 18%  |
| Nasarawa       | 47,868                                      | 115,644                 | 19,467           | 41%                                | 17%  |
| Kano           | 66,630<br>44,751                            | 165,530                 | 25,883           | 39%<br>35%                         | 16%<br>14%   |
| Niger<br>Borno | 31,184                                      | 108,864<br>75,910       | 15,448<br>10,385 | 33%                                | 14%  |
| Rivers         | 62,722                                      | 155,771                 | 20,299           | 32%                                | 13%  |
| Ebonyi         | 21,592                                      | 42,898                  | 5,080            | 24%                                | 12%  |
| Akwalbom       | 106,763                                     | 239,889                 | 25,382           | 24%                                | 11%  |
| Ondo           | 45,751                                      | 103,735                 | 10,766           | 24%                                | 10%  |
| Kaduna         | 152,170                                     | 381,978                 | 39,329           | 26%                                | 10%  |
| Bayelsa        | 8,541                                       | 30,585                  | 2,722            | 32%                                | 9%   |
| Jigawa         | 23,026                                      | 60,564                  | 5,085            | 22%                                | 8%   |
| Ogun           | 54,353                                      | 141,140                 | 10,594           | 19%                                | 8%   |
| Kwara          | 42,163                                      | 70,593                  | 5,086            | 12%                                | 7%   |
| Sokoto         | 49,477                                      | 136,833                 | 9,550            | 19%                                | 7%   |
| Оуо            | 85,313                                      | 219,200                 | 14,645           | 17%                                | 7%   |
| Osun           | 27,688                                      | 70,848                  | 3,481            | 13%                                | 5%   |
| Ekiti          | 20,471                                      | 51,159                  | 2,500            | 12%                                | 5%   |
| Yobe           | 30,943                                      | 77,804                  | 2,468            | 8%                                 | 3%   |

#### Table 4.2: 2014 ART Coverage By States

\*\*\*Data validation ongoing.



Figure 4.8: ART Coverage By States and FCT (2014)

\*\* Coverage based on CD4 350mm/cc eligibility for ART

Figure 4.8 above shows the ART coverage in the States and FCT. Coverage in the States ranges from 8% in Yobe to 86% in Enugu State.



Figure 4.9: Number of Service Delivery Points In Nigeria (2010 - 2014)

Figure 4.9 above shows progressive increase in number of ART, PMTCT and HCT sites from 2010 to 2014. Scaling up the number of service delivery points (ART, PMTCT and HCT) is crucial to overall access to National HIV/AIDS response.

# **SECTION FIVE:**

# **RECOMMENDATIONS AND CONCLUSION**

# 2014 ANNUAL HIV/AIDS REPORT

## SECTION FIVE: RECOMMENDATIONS AND CONCLUSION

#### 5.1 **RECOMMENDATION**

- 1. Government at all levels should ensure adequate budgetary allocation and prompt release of funds for HIV/AIDS control in order to consolidate the gains so far recorded towards meeting the rising need for HIV/AIDS service delivery. This is a sure way of demonstrating program ownership across all tiers of government.
- 2. Development agencies, implementing partners and the private sector should be engaged to allocate adequate resources to ensure the implementation of costed plans including eMTCT in order to significantly reduce the gaps.
- 3. There is need to strengthen the logistics and supply chain management system. The increase in uptake of HIV services should be anticipatorily accommodated in commodity forecast and prompt delivery of logistics items without break.
- 4. Data management is critical to the success of the HIV/AIDS program. It is recommended that the data management processes be strengthened especially by structured feedback system on errors identified during collation and validation.
- 5. Training and retraining of health care workers on HIV/AIDS M&E system with emphasis on data validation and reporting which should be complimented with mentoring and supportive supervision.
- 6. There is also a need to strengthen coordination and management of health service delivery at all levels. Integration and mainstreaming of services are veritable ways of ensuring program sustainability. To all intents and purposes, prolonged health worker strikes ought to be strongly discouraged as they are counterproductive to reaching targets.
- 7. To enable greater access and uptake of HIV services, it is recommended that government should strengthen the implementation of free PMTCT services at all levels with emphasis on socialization of antenatal care and delivery services by reducing costs to the barest minimum. This will in no small measure guarantee equitable access to ANC and indeed PMTCT services.
- 8. The weak paediatric component of PMTCT services is an issue of great concern. Areas recommended for urgent attention include scale up of Early Infant Diagnosis (EID) services to all PMTCT sites and strengthening breastfeeding/infant nutrition counselling. This will require staff training and retraining, improved EID logistics, acquisition and equitable redistribution of DNA PCR machines for the country as well as re-emphasizing need for client tracking.
- 9. There is need to strengthen the partner testing components of PMTCT keeping in

focus that in PMTCT "one test saves three lives"

- 10. PMTCT services should be extended to more private facilities across the country. The method of engagement should be streamlined and innovative.
- 11. The logistics system for ART procurement, distribution and utilization should be optimized to ensure universal asses to treatment care and support and minimize loss to follow up, poor rate of adherence and consequent development of HIV drug resistance.
- 12. The association between TB and HIV infection should be recognized to minimize morbidity and mortality and the associated sequel of dual infection.

#### 5.2 CONCLUSION

In conclusion, this report has described the health sector response to HIV/AIDS in the three service areas of HCT, PMTCT and ART specifically in 2014 and generally between 2010 and 2014. It has also highlighted specific weaknesses and opportunities for improving program me performance and achievement of targets.

Finally it has made recommendations for translating the experience gathered by all stakeholders and their respective programmes for improved performance in subsequent years.

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