

World Prematurity Day: 17 November 2013

One in three newborn deaths are due to preterm birth complications.¹ Babies born too soon are between 6 and 26 times more likely to die during the first four weeks of their lives than babies born at term.²

In addition, preterm survivors often suffer from lifelong disabilities, such as visual and hearing impairments, chronic lung disease, long term cardiovascular ill-health, learning and behavioural impairments.³ Prematurity has a far-reaching impact on their development and on their health as children and adults.

Many of these deaths could be prevented, even in low-resource countries.

Facts and Figures on Preterm Birth in Sierra Leone

Preterm birth is a public health problem in Sierra Leone. Learn about preterm birth and take action!

• Prematurity is one of the leading causes of mortality in the first month of life in Sierra Leone, with one in three newborn deaths due to preterm birth complications⁴

@ Every year, **21,200** babies are born before 37 weeks of pregnancy are completed⁵

@ Of these babies, **3,300** die every year⁶

Number of newborn deaths in the first month of life ¹ (2012)	10,000	Shar
Mortality rate in the first month of life per babies born alive ⁷ (2008)	36/1000	Dem
Preterm birth rate ⁸ (2012)	10%	Ante
Rank for preterm birth rate ⁸ (2012)	97	Skille
Number of babies born preterm⁵(2012)	21,200	Mot
Rank for number of babies born preterm ⁵ (2012)	84	Wom
Number of deaths due to preterm birth complications $^{ m 6}$ (2012)	3,300	Exclu
		1

Share of newborn deaths caused by preterm birth complications ⁴ (2012)	
Demand for family planning satisfied (2008) ⁹	29%
Antenatal care of four or more visits ⁷	56%
Skilled attendant at delivery ⁹ (2008)	42%
Mothers who received postnatal care within two days of birth ⁷ (2008)	
Women initiating breastfeeding within one hour of birth ⁹ (2010)	45%
Exclusive breastfeeding for infants in first six months ⁹ (2010)	

References

1. UNICEF (2013), <u>"Committing to child survival: a promise renewed"</u>, New York: UNICEF

2.Katz J. et. al. (2013), "Mortality risk in preterm and small-for-gestational-age infants in low-income and middle-income countries: a pooled country analysis", Lancet, Vol 382:9890, pp 417-25

3. March of Dimes, PMNCH, Save the Children, WHO (2012), "Born Too Soon: the global action report on preterm births", Geneva: WHO

 Calculated from estimated number of newborn deaths from UNICEF (2013), <u>"Committing to child survival: a promise renewed"</u>, New York: UNICEF and estimated number of deaths from direct complications of preterm birth in 2012 from Liu L, Johnson HL, Cousens S, Lawn JE. et al. (2012), <u>"Global, regional, and national causes of child mortality in 2000–2010: an updated systematic analysis"</u>, The Lancet, Vol 379:9832, pp 2151-61. N.B. Number of deaths from direct complications of preterm birth in 2012 were calculated assuming no change in the relative proportion of deaths by cause since 2010.

5. Calculated from Blencowe H, Cousens S, Oestergaard M, Chou D, Moller AB, Narwal R, Adler A, Garcia CV, Rohde S, Say L, Lawn JE. (2012), <u>"National, regional and worldwide estimates of preterm birth in the year</u> <u>2010 with time trends since 1990 for selected countries: a systematic analysis and implications"</u>, The Lancet , Vol 379:9832, pp 2162-72; and UN Population Estimates and Projections Section, <u>"World Population</u> Prospects: The 2012 Revision".

6. Calculated from Liu L, Johnson HL, Cousens S, Lawn JE. et al. (2012), "Global, regional, and national causes of child mortality in 2000–2010: an updated systematic analysis", The Lancet, Vol 379:9832, pp 2151-61. N.B. Number of deaths from direct complications of preterm birth in 2012 were calculated assuming no change in the relative proportion of deaths by cause since 2010.

7. Statistics Sierra Leone and ICF Macro (2009), "Sierra Leone Demographic and Health survey 2008" Calverton, Maryland, USA: Statistics Sierra Leone (SSL) and ICF Macro.

8. Blencowe H, Cousens S, Oestergaard M, Chou D, Moller AB, Narwal R, Adler A, Garcia CV, Rohde S, Say L, Lawn JE. (2012), <u>"National, regional and worldwide estimates of preterm birth in the year 2010 with time</u> trends since 1990 for selected countries: a systematic analysis and implications", The Lancet , Vol 379:9832, pp 2162-72

9. Figure from Countdown to 2015 (2013), "Accountability for Maternal, Newborn & Child Survival: The 2013 Update", Geneva: WHO



Photo: Gates Foundation