

## Apgar Newborn Scoring Chart

**Mother's Name:** \_\_\_\_\_

**Reference Record #:** \_\_\_\_\_

**Tel: (home)** \_\_\_\_\_ **(Mobile)** \_\_\_\_\_

**Newborn's details:**

**Date & Time of Birth:** \_\_\_\_\_ **Gender:**  **Male**  **Female**

Sign	0	1	2
Activity (muscle tone)	Absent/limp	Arms, legs flex, show some resistance to extension	Arms and legs actively moving and flexing
Pulse (heart rate)	Absent	Below 100 beats per minute	Above 100 beats per minute
Grimace (Response to catheter in nostril after cleared)	No response	Facial grimace	Cough, sneeze, cry, pull away/resist
Appearance (skin color)	Blue, blue-gray, pale	Pink body, blue extremities	Completely pink/normal coloring all over body
Respiratory effort (breathing)	Absent	Slow, irregular, shallow	Good, sustained crying, regular breathing

60 seconds after the baby is born, observe these five objective signs and evaluate by giving a score of 0, 1, or 2 to each.

- Total score of 10 is the best possible condition; 7-10 is considered normal.
- An infant with a score of 0-3 requires immediate resuscitation/medical attention; scores of 4-7 may require resuscitation.

**Notes / Comments / Details:**

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