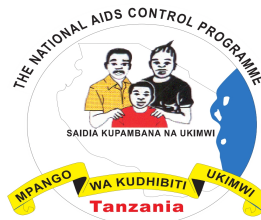


**UNITED REPUBLIC OF TANZANIA  
MINISTRY OF HEALTH AND SOCIAL WELFARE  
NATIONAL AIDS CONTROL PROGRAMME**



**NATIONAL OPERATIONAL PLAN FOR  
SCALING UP HIV VIRAL LOAD TESTING**

**SEPTEMBER, 2015**



# NATIONAL OPERATIONAL PLAN FOR SCALING UP HIV VIRAL LOAD TESTING

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Any part of this National Strategic Plan for scaling up HIV Viral Load Testing to support HIV and AIDS Prevention, Care and Treatment can be used provided that the source which is the Ministry of Health and Social Welfare, National AIDS Control Programme is acknowledged.

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## Abbreviations and acronyms

ART	Antiretroviral therapy
BF	Breast feeding
BMC	Bugando Medical Centre
CAP	College of American Pathologists
CD4	Cluster of differentiation
CDC	Centers for Disease Control and Prevention
CHAI	Clinton Health Access Initiative
CHMT	Council health management team
CTC	Care and treatment centre
DACC	District AIDS Control Coordinator
DBS	Dried blood spot
DDP	Delivery Duty Paid
DHIS	District health information system
DLT	District Laboratory Technologist
DMO	District Medical Officer
DOD	Department of Defense
DSS	Diagnostic Services Section
EAC	Enhanced adherence counseling
EDTA	Ethylenediaminetetraacetic acid
EID	Early infant diagnosis
eLIMS	electronic Laboratory information management system
EQA	External quality assessment
Est.	Estimate
FEFO	First expiry first out
GF	Global Fund
GFATM	Global Fund to Fight AIDS, Tuberculosis and Malaria
GIS	Geographical Information System
GOT	Government of Tanzania
HC	Health centre
HCWs	Health care workers
HDR	HIV drug resistance
HR	Human resource
HSHSPIII	Health Sector HIV Strategic Plan III (2013-2017)
HSPs	Health service providers
HVL	HIV viral load
ICAP-CU	International Center for AIDS Care and Treatment Programs, Columbia University
IP	Implementing partners
JSI	John Snow Inc
KCMC	Kilimanjaro Christian Medical Centre
km	Kilometer
LIMS	Laboratory information management system
LIS	Laboratory information system
M&E	Monitoring and evaluation
MDH	Management Development for Health
ml	milliliter
MNH	Muhimbili National Hospital

MOHSW	Ministry of Health Social Welfare
MSD	Medical Stores Department
NACP	National AIDS Control Program
NHLQATC	National Health Laboratory Quality Assurance and Training Centre
NMSF	National Multi-Sectoral For Framework
°C	Degrees Celsius
PEPFAR	President's Emergency Plan for AIDS Relief
PHLB	Private Health Laboratory Board
PIMA	CD4 POC machine (Trade name)
PLHIV	People living with HIV/AIDS
PMORALG	Prime Minister's Office Regional Administration and Local Government
PMTCT	Prevention of Mother to Child Transmission
POC	Point of care
PPA	Public Procurement Act of 2011
PPP	Public private partnership
PSM	Procurement and Supply Management
QMS	Quality management systems
RACC	Regional AIDS Control Coordinator
RHMT	Regional health management team
RLS	Resource-limited settings
RMO	Regional Medical Officer
RTK	Rapid test kit
SOP	Standard operating procedures
TAT	Turnaround time
TFDA	Tanzania Food Drug Authority
THMIS	Tanzania HIV Malaria Indicator Survey
TNCM	Tanzania National Coordination Mechanism
TOR	Terms of reference
TWG	Technical working group
USD	United States Dollar
<i>Utumishi</i>	Kiswahili word for public service
VL	Viral load
VLAB	Viral laboratory
WHO	World Health Organization

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The NACP acknowledges the support from the following organization for allowing their staff to work hand –in –hand with NACP staff to develop this HIV viral Load Testing guideline to Tanzanian context: Amref Health Africa (formerly African Medical and Research Foundation – AMREF), Centers for Disease Control and Prevention (CDC), Christian Social Services Commission (CSSC), Department of Defense, Elizabeth Glasier Pediatric AIDS Foundation (EGPAF), Henry J. Foundation Medical Research Institute (HJF-MRI) Ifakara health Institute (IHI) John Snow Inc. (JSI)/Supply Chain Management System (SCMS), Management and development for Health (MDH), Medical Store Department (MSD), Tanzania Health Promotion Support (THPS), and World Health Organization (WHO).

Last but not least the NACP would like to convey sincere thanks to all MOHSW staff from Departments, Sections, Programs and Professional Councils (appendix 1) for their valuable contributions towards developments of this Operational Plan. Specifically, the NACP commends the tireless efforts of the secretariat team for coordination process and finalization of the document.



**Dr. Angela A. Ramadhani**  
**Program Manager**  
**National AIDS Control Program**

## FOREWORD

For more than three decades, since the first case of HIV was reported in Tanzania, HIV remains an epidemic which continue to claim lives of thousands of people living with HIV/AIDS. According to UNAIDS report 2014, currently there are about 1,411,829 people living with HIV and AIDS in Tanzania and the prevalence has been going down significantly from 7.1% to 5% in THMIS 2003 - 2004 to 2011 – 2012 respectively.

The prevalence has concentrated in different groups and geographical locations. Generally, HIV prevalence is higher in women (6.2%) than men (3.8%) (THMIS2011-12) and is higher in urban than rural areas. The National HIV/AIDS Care and Treatment Plan for Tanzania was launched in 2004, with the aim of providing quality care and treatment for all people living with HIV/AIDS (PLHIV) in Tanzania.

In 2014, the National HIV Viral load (HVL) guideline was developed to provide the guidance of how to manage the clients on ART through viral load testing. The development of the HVL guideline was informed by July 2014 WHO recommendation on monitoring ART clients. Therefore the Operational Plan for Scaling up HIV Viral Load comes to support the effective and efficient scaling up the utilization of the HIV viral load testing on monitoring the ART clients.

It is our sincere hope that by abiding to this plan will have an immense contribution towards provision of quality HIV care and treatment services in the country.

Therefore, I urge all of our treasured partners to take ownership of the document and use it as the guide as we make our contribution to the provision of quality HIV care and treatment Services.



**Dr. Neema Rusibamayila**  
Director of Preventive Services



## Section One: Background

### Global developments in antiretroviral therapy monitoring

HIV viral load (HVL) monitoring is the gold standard for detection of treatment failure in patients on antiretroviral therapy (ART); however, its availability in resource-limited settings (RLS) has been severely restricted due to prohibitively high costs (*40-85USD/test*), complex specimen collection and transport requirements. Due to these financial and operational barriers, the World Health Organization (WHO) HIV treatment guidelines have historically focused on the use of clinical and immunologic criteria for determination of treatment failure. However, studies have demonstrated a poor predictive value of the WHO immunologic criteria for virologic failure and delayed detection of treatment failure that leads to HIV drug resistance (HDR).

Recent developments have made expansion of HVL testing in RLS more feasible. Prices for HVL technologies have fallen substantially, and the introduction of HVL quantification using dried blood spots (DBS) mitigates many specimen collection and transport issues. The June 2013 WHO *Consolidated guidelines on the use of antiretroviral drugs for treating and preventing HIV infection* reflect these developments and recommend HVL monitoring as the preferred monitoring tool for the diagnosis and confirmation of ART treatment failure.<sup>1</sup>

In response, the Ministry of Health and Social Welfare (MOHSW) included specific strategies in its Health Sector HIV Strategic Plan III (2013-2017) to draw attention on the importance of the HVL in ART treatment monitoring. The strategy, which states “Strengthen clinical management of HIV diseases; reduce adverse effects; increase adherence to treatment and mechanisms for early identification of PLHIV experiencing ART treatment failure and switching them to appropriate second line regimen” and the corresponding target, which states “50% of PLHIV on ART monitored using HVL by 2017” provides guidance to the ensure appropriate intervention are implemented to institute and scale up HVL in the country. As part of the implementation of the 2013 WHO recommendations and the HSHSPIII, the MOHSW developed the HVL strategic plan to leverage existing resources and the latest developments in HVL technologies and pricing in an effort to improve clinical outcomes and expand access to routine HVL monitoring.

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<sup>1</sup>[http://apps.who.int/iris/bitstream/10665/85321/1/9789241505727\\_eng.pdf](http://apps.who.int/iris/bitstream/10665/85321/1/9789241505727_eng.pdf)

## **ART monitoring in the United Republic of Tanzania**

The national HIV prevalence among adults is 5.1% (THMIS2011-12) with estimated 1,500,000 people living with HIV. Total of 560,641 patients were on ART by June 2014 receiving services in 1,209 facilities.

### **Current ART monitoring guidelines**

The National Guideline for management of HIV and AIDS is currently under revision. Currently guideline uses CD4 level and clinical staging for initiation of treatment. After treatment has been initiated CD4 counting is done biannually for monitoring of treatment outcome. CD4 testing is widely available. Nearly 855 facilities are doing onsite CD4 testing through conventional and point of care test. All other facilities are linked to the next level through specimen referral network. Almost all patients have access to CD4 testing (more than 95 %) but in few exceptions and areas where CD4 testing is not possible WHO clinical staging remains the only option for initiation of treatment.

CD4 point-of-care machines like PIMA have been deployed to all medium volume sites and these sites support other peripheral sites where CD4 testing was not available. However, in the current system, challenges with frequent reagent stock-outs, equipment maintenance, quality assurance, and data management hamper reliable availability of immunologic monitoring.

### **Existing HVL testing capacity**

Currently, HVL testing in Tanzania is recommended only to confirm treatment failure to the patients who have been confirmed to have clinical and immunological failure (through Clinical staging and CD4 count). Therefore, It is performed in relatively small number of patients suspected of failing treatment and for patients enrolled in research projects in eleven (11) laboratories: (six (6) government hospital laboratories and five (5) private hospital laboratories).

The most limiting factor for HVL scale-up so far has been the cost of HVL testing. In addition, low demand from the health care providers due to absence of the service nearby and lack of awareness and challenges related to specimen transportation are critical bottlenecks for use of HVL testing. Therefore, demand creation and strengthening of specimen referral

system will be central to ongoing efforts to implement the HVL testing scale-up plan. Recently, an announcement was made that enabled a significant reduction in the global price for HVL testing to less than USD10 per test. This removes one significant barrier to the scale up of HVL testing in Tanzania. The WHO July 2014 published guidance on implementation of HVL testing encourages use of dried blood spots for HVL testing at the same threshold as plasma (1000 copies/ml). This provides a significant advantage for the roll out and scale up of HVL testing in rural parts of Tanzania where transport of fresh plasma samples will be limited and DBS can provide much needed access to HVL testing. This document outlines the scale up plan for HVL testing to carry out routine monitoring of ART using HVL testing.

### **Proposed guideline revisions**

MOHSW is currently revising the National ART Guidelines to recommend routine VL monitoring. The proposed clinical algorithm for children and adults, including pregnant and breastfeeding women, is illustrated in **Flow Chart 3**. As routine HVL monitoring is introduced, CD4 monitoring for patients on ART will no longer be performed. However, routine CD4 testing every six (6) months will be continued for pre-ART patients who require it for determination of ART eligibility. In addition, a baseline CD4 is recommended for “test and treat” populations (e.g., pregnant and breastfeeding women, TB-infected patients, children <15 years).

## **Section Two: HVL monitoring implementation strategy**

To expand access to ART monitoring services and improve patient outcomes, the MOHSW proposes to build capacity for centralized HVL testing using DBS and plasma samples at one national reference laboratory and five (5) zonal PCR laboratories. However, in the next five (5) years, MOHSW plan to expand HVL testing capacity by strategically adding more HVL testing facilities (either conventional or POC as technology evolves) in different part of the Tanzania. MOHSW will support the scale-up of sample collection and associated programmatic changes in health facilities across the country in collaboration with health development partners and the ART Implementing Partners. Routine HVL testing should ultimately be available for all patients on ART.

### **Policy, Leadership and Management**

Current National guidelines for testing and treating HIV and AIDS in Tanzania have largely followed the WHO guidelines, within the limits of available resources. Following the release of the WHO 2013 Guidelines, the National ART Guidelines are in process of being updated to include HVL testing as the gold standard for monitoring the effectiveness of ART in HIV infected individuals.

The NACP at MOHSW will lead the HVL scale-up plan, and Regional Health Management Teams will manage the program in their respective region. MOHSW/NACP solicit funding for HVL scale-up plan, develop guideline on the use of HVL testing, work with IPs and other stakeholders to strengthen the specimen referral network, lead advocacy and training of health care providers on the use and interpretation of HVL tests using MOHSW approved training tools.

Education and advocacy of the public on HVL test results in relation to adherence to treatment will be an important activity. MOHSW and RHMTs/CHMTs will lead the development of critical monitoring and evaluation tools and collect data to measure the progress and impact of implementation of the HVL scale-up plan. NHLQATC will lead the laboratory component of HVL scale-up plan which includes training of laboratory personnel on the technology, development of laboratory logbook and database to capture critical information on the use of HVL testing, coordinate quality assurance program and specimen referral testing. Zonal HVL Laboratories and other designated testing facilities will lead the

actual testing process, report the result within the defined turn-around time (TAT), do internal and external quality assurance and work with the local courier system for smooth functioning of specimen referral system.

MOHSW/NACP will be responsible for forecasting, procurement and distribution of HVL testing reagents and DBS collection materials. In doing so, it will track consumption of HVL commodities accurately and timely. PHLB and TFDA will play the usual regulatory role of product registration, monitoring of the quality of reagents including their field performance (post market surveillance). The PEPFAR program will provide funding and technical assistance (TA) support for training of staff, quality assurance, procurement and supply chain, database creation, support specimen referral network and develop capacity at RHMTs and HVL laboratories. Global fund will provide resources for procurement of HVL reagents and DBS collection materials for plasma and DBS and avail second line drugs in enough quantity. CHAI will continue to provide TA to NACP on costing, use of database and reporting, SMS/GSM printer use to relay results, and global negotiation of costs for HVL.

For sustainable ART monitoring program through HVL testing, direct policy, leadership and management involvement is critical especially in the areas of availing resources and resource mapping, adoption of the WHO 2013 guideline for ART monitoring, creating awareness among health care providers and the public, cost negotiation and use of both plasma and DBS to expand HVL testing to periphery. Strong leadership and a well -designed approach will be needed to ensure proper uptake of HVL testing and effective management of patients with treatment failure at the lowest level of health care delivery system.

### **Clinical algorithm for HVL testing**

The HVL testing will be performed six (6) month after initiation of ART. If HVL test results is less than 1000 copies per mL, a second HVL test performed six (6) months after the initial HVL test, and then annually thereafter. If HVL test results equal or greater than 1000 copies per mL, a second HVL test performed after three (3) months of intensive adherence counseling. If second HVL results are less than 1000 copies per ml continue monitoring of HVL annually, otherwise switch the patients to the next level regimen. If an annual HVL test results is equal or greater 1000 copies per ml, perform HVL test after three (3) months of intensive adherence counseling. For clients, who have been on ART and immunological monitoring for more than six (6) months an HVL test will be performed at any time in the

next scheduled visit. The recommended specimens for HVL testing are: plasma separated from EDTA and Dried Blood Spot (DBS) from whole Blood (**table 1**).

**The table below shows the summary of studies and manufacturer recommendations for time of transport and storage at various conditions for plasma, whole blood and Dried blood spot specimens for HVL testing**

**Table 1: Summary of studies and manufacturer recommendations**

Temperature (in °C)	37°C (humid condition)	15-30°C (room temp)	4°C	-20°C	-70°C
Time	<b>Whole Blood (Venous EDTA)</b>				
	6 hrs.	6 hrs.	N/A	N/A	N/A
	<b>Plasma</b>				
	24 hrs.	24 hrs.	5 days	1 year	5 years
	<b>Dried Blood Spot</b>				
	1-2 weeks	1-2 weeks	2-52 weeks	3-36 months	1 year

*Source: WHO Technical and Operational Consideration for Implementing HVL testing, July 2014*

### **Challenges and possible solutions for HVL scale-up**

Like all intervention program, HVL the following challenges are anticipated in the HVL testing scale up plan at all levels: sample referral, results feedback and data quality management. To mitigate these challenges, good referral system by using standardized referral forms, a well-organized hubs management, where all data will be documented and the results feedback will use efficient means of communication will be put in place. Program coordination and oversight, insufficient funding and donor dependency affects sustainability. Therefore, management involvement to support a sustainability of HVL testing program is to ensure involvement of the CHMTs and partners to put into CCHP all HVL testing related activities, hence, accessibility of central government funding is possible. Supply chain management of commodities should be properly forecasted and sustainable supply of laboratory reagents and consumables ensured. Drug resistance surveillance needs to be put in place to ensure the success of HVL testing, where all patients monitoring on drug resistance. HVL focal person at district level through the DMOs office will closely monitor all HVL testing activities.

## **Product selection and strategic placement of HVL services**

At present, there are two types of Roche platforms operating in the country at six (6) laboratories, which are: Muhimbili National Hospital, NHLQATC, Temeke Regional Referral Hospital, BMC, Mbeya Regional Referral Hospital and KCMC. In total there are six (6) CobasAmpliprep/TaqMan 48 machines in each of the current six (6) EID laboratories and three CobasAmpliprep/TaqMan 96 Dock System in three (3) laboratories.

The site selection has been made with consideration for the catchment area and strategic location for improving access to HVL testing services. The most challenging issue remains infrastructure.

Product selection will consider the following operational characteristics: infrastructure requirements, quality assurance, supportive logistics, availability of technical support, technically easy to use, safety and waste management, data management, durability, set up cost, polyvalence and consideration of performance characteristics (Refer WHO guideline on HVL testing of July 2014). POC product selection will adhere to National Generic POC Implementation guidelines. All product selection should be undertaken in consultation with the MOHSW, HIV and AIDS Development and Implementing Partners, with careful attention for the laboratory infrastructure at the selected facilities.

## **Type of sample**

Dried Blood Spot (DBS) will be the preferred sample for HVL testing. However, plasma as gold standard will continue being used at facilities, which are close to the testing laboratories. Transportation of samples to testing laboratories will follow the established National for sample referral network.

## **Quality management system and training**

All HVL testing laboratories shall implement a comprehensive Quality Management System that comprises of an ongoing cycle of quality assessment and process improvement so to monitor and evaluate their capacity at program and all functional levels, including the organizational and individual levels, equipment and reagent stock management, the use of quality control, data management and documentation, non-conformity management, specimen management, safety and waste management and participation in EQA.

This system should incorporate national standards for testing and training staff involved in external quality assurance and laboratory management and nontechnical staff involved in testing services.

Currently, there are six (6) laboratories performing HVL and are all enrolled in biannual Global Aids Program (GAP) proficiency testing panel provided by CDC Atlanta. These Laboratories includes BMC, KCMC, Temeke, Mbeya Referral Hospital Laboratory, Muhimbili National Hospital Laboratory and NHLQATC. Apart from GAP PT panels, NHLQATC receives an additional PT panels from College of American Pathologists (CAP) three times a Year.



## **Section Three: Forecasting, financing, and mapping the HVL network**

### **Logistics management of HVL commodities**

#### **Financing and funding**

The Government of Tanzania (GOT) through the MOHSW and donors such as PEPFAR and GFATM will fund the procurement, storage and distribution of the HVL reagents and supplies in a similar way to other HIV commodities. Funds for procurement of HVL commodities will include both product and PSM (Procurement and Supply Management) costs. Where the donor supports procurement, storage and distribution, the GOT will contribute 5.6% of the product cost (part of the PSM cost). The GOT through the TNCM and MOHSW will be responsible for resource mobilizations to ensure adequate funding for the country's HVL reagents and supplies requirements.

#### **Quantification**

##### *Forecasting and Supply Planning*

The MOHSW through the NACP and DSS will be responsible for forecasting and Supply planning of the HVL reagents and supplies in a similar manner to other laboratory commodities. Morbidity or service statistics forecasting method will be employed using simple excel tools. In this method, the estimated requirements will depend on the number of clients on ART and the proportion of the clients requiring the HVL test. Two scenarios will be employed in forecasting the needs: 1) Estimation of the cost of the reagent kits required to run the conventional machines which are not under reagent rental contracts (cost per kit system) and 2) Estimation of the cost of the total tests required to be done with conventional machines that are covered with reagent rental contracts (cost per test and service maintenance). Supply planning will be done using Pipeline Software with consideration to inventory parameters such as Maximum-Minimum stock levels at central level, procurement lead times and review periods.

#### **Procurement, storage and distribution**

Procurement of the HVL will be done together with other Laboratory commodity by MSD with accordance to Tanzania's PPA of 2011. Tendering will be done annually depending on the availability of funds and shipments will be delivered according to the supply plan. MSD

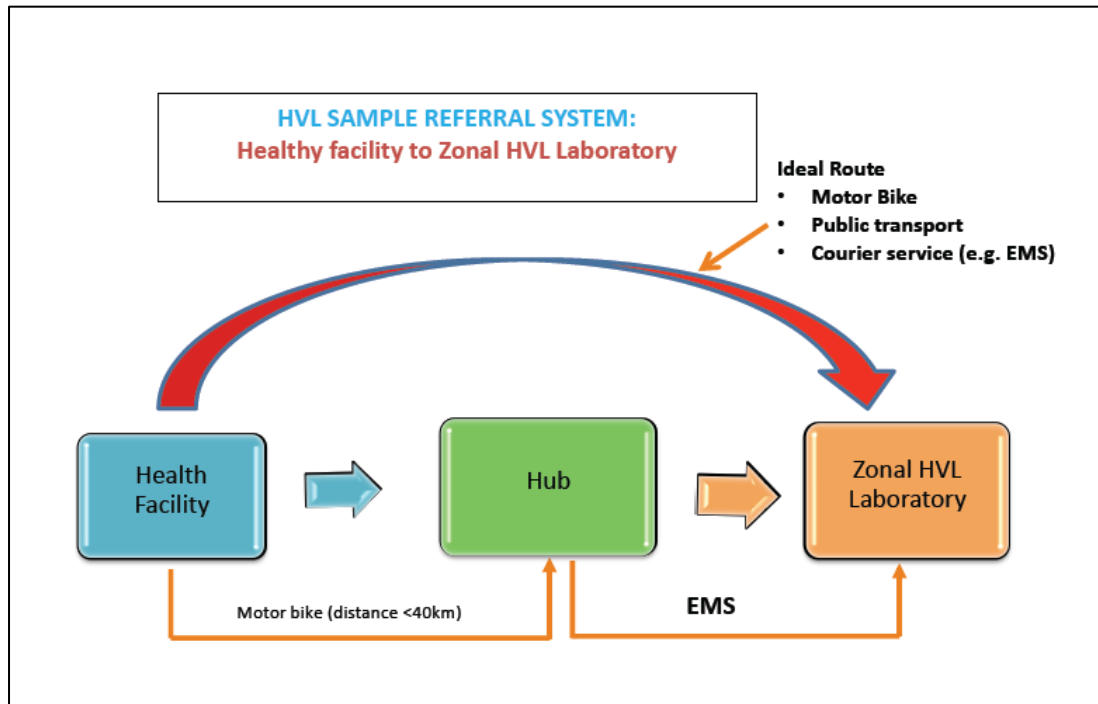
will use the DDP (Delivery Duty Paid) system where the supplier/seller delivers the consignment at MSD central warehouse and the procurement costs includes freight, insurance and clearance. MSD will also be responsible for storage of the HVL commodities at the central level (MSD central and Zonal warehouses) according to good storage practices. Distribution to zones will be carried out by MSD according to zonal requirements or with accordance to the allocation from the NACP. Once the HVL commodities are at MSD zones, health facilities will place orders together with other Laboratory commodities through Laboratory Report and Request forms. MSD will distribute the commodities directly to the facilities. At facilities, the HVL reagents and supplies will be managed like other Laboratory reagent by maintaining a ledger and adhering to specific storage requirements for the items.

### **Specimen referral network**

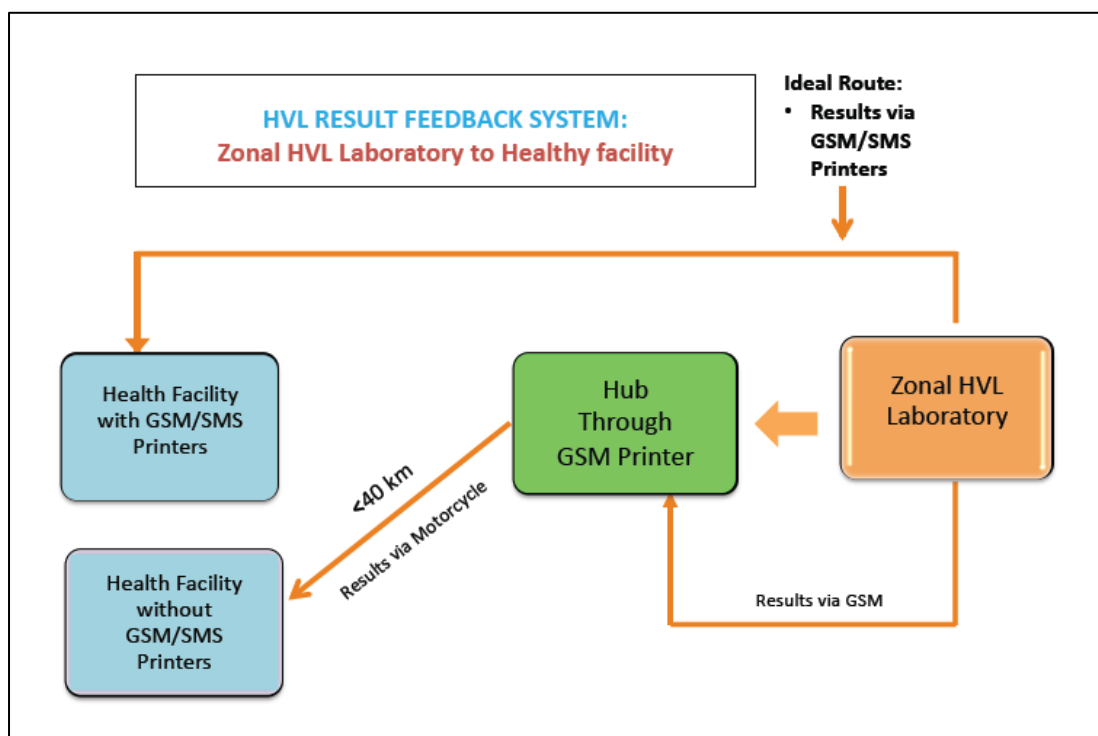
The new HVL sample referral system intends to increase the coverage of HVL testing in Tanzania using a HUB system. A Hub is designated facility with the capacity to collect from specific sites around 30-40 km radius and temporally store specimens from the lower facilities and transport them to the testing laboratory. The identification of hubs will be led by CHMT through involving the catchment area stakeholders. An estimated number of 500 hubs are expected to be working by end of 2017 based on three (3) hubs per district calculation.

From the facilities specimen will be transported to the hub through efficient public transport available in the specific area. The hub will have a focal person who will be responsible in coordinating the activities at the hub. Regional and District Laboratory technologists in collaboration with laboratory advisers from the Implementing Partners will be responsible for coordinating the specimen transportation to ensure the specimens reach the testing laboratory and results feedback reach the requesting clinicians. The results are expected to follow the same pathway back to the facility. Recommended HVL test results turnaround time (TAT) is 14 days.

## Section Four: HVL testing HUB system in Tanzania



Flow Chart 1: HVL sample referral system



Flow Chart 2: HVL testing result feedback system

## **Mapping**

### **Creation of HVL testing hubs**

The mapping and identification of hubs will start from mapping the health facilities that could function as HVL sample transport ‘HUBS’, a hub being the coordination center of the sub district network. Using Geographical Information System (GIS) a catchment area of 30 to 40 km radius will be mapped around each hub. A total of 500 hubs are to be identified by end of 2017.

### **Sensitization of health care workers**

To ensure smooth operations and to reach the expected efficiency, health care workers will need to be aware of the new system and continuously reminded through the existing supportive supervisions plans. The sensitization will be done to general facility staff and for the hubs their staff will also learn on how to coordinate the HVL samples and results. Additionally the staff from the designated laboratories will also be sensitized on the system to allow them to receive the samples as well as to coordinate the dissemination of results. The CHMT and other stakeholders will guide the sensitization

### **Training of couriers**

Identified courier’s staff will need to undergo training on safe sample handling and transportation.

### **Training of health care workers (clinicians, nurses) on HVL test results interpretation**

Training on interpretation of results will go hand in hand with identification of who needs to be tested. This will in turn ensure the results are utilized and the patients who are required to receive the HVL test are tested.

## **Section Five: Human resource**

HVL testing network will involve the hubs that have been created by health facilities and linked to the testing laboratories. The expected output is a functional human resource for HVL testing that is integrated in the health care delivery and laboratory information systems.

The human resource requirement will be based on the following levels of service:

At sample collection centres, it is expected to have at least two trained HCWs to be responsible for collection, packaging and transporting the samples to the hub using the most efficient and safe means of transport which is available at the specific area.

Hub will be expected to have a trained person with data entry skills including basic computer application under the coordination of DMO. Samples will be transported to the testing laboratories using the agreed transportation system in collaboration with Development and Implementing partners.

HVL testing laboratories are expected to have a minimum of three trained laboratory scientists, two laboratory technicians, two data clerks and one receptionist, in order to be able to receive, process samples and to be able to handle the results efficiently.

At the National level coordination, there will be one national co-ordinator to coordinate the whole programme and to ensure the implementation is in line with the National Strategic plans.

Task sharing has is accepted after training, competency assessment and certification by MOHSW. However, task sharing in conventional platforms testing sites has not been accepted.

### **Human resources retention**

Future plans of integrating molecular testing in all levels of pre-service training are being considered; internship opportunities and volunteerism to the testing laboratories will be explored. In-service training of all laboratory practitioners on molecular testing for gap coverage is a requirement to support HVL testing. Strengthen place of work and continued medical education. In case the human resources is a crisis partners will be requested to recruit for a limited period and eventually be absorbed the into public service system.

## **Advocacy and education of health care providers**

Currently, a country costed and detailed training plan with timelines are under development to ensure dissemination of accurate information to all relevant clinical, laboratory, Strategic Information, Supply Chain and administration staff

Clinical health workers play a central role in the uptake of HVL testing; therefore, training should focus on ensuring that providers understand the advantages of HVL testing (such as increased simplicity of interpretation compared with immunological monitoring) and the implications for improving patient management.

Training curriculum for clinical practitioners on the routine use of HVL testing in ART monitoring has been adopted from WHO Guidelines and includes:

- Guidance on providing clear messages on the reasons for HVL testing,
- Complying with the HVL clinical algorithm,
- Interpreting results for clinical management,
- Documenting follow-up and promoting adherence to ART and retention in care.
- Clear communication protocols and documentation
- Enhanced adherence counseling to clients receiving ART on HVL testing and results.
- Lifelong ART for pregnant, breastfeeding women (formerly “Option B+”) and key populations.
- Practical case studies

## **Laboratory service providers**

Existing training for HVL laboratory Service is localized to the six (6) HVL testing laboratories including NHLQATC, Temeke Regional Referral Hospital, KCMC, MNH, BMC and Mbeya Referral. Plans are underway to develop national HVL testing training coordination mechanism.

## **Planned training for laboratory service providers**

Training on HVL testing platforms, basic equipment maintenance and troubleshooting, Training on proper handling and processing of specimens to ensure accurate test results based

on SOPs that have been reviewed and approved by MOHSW. The approved SOP should address the following aspects:

- Troubleshooting protocols are highlighted during training, with laboratory management providing continual oversight and mentorship.
- Specimen handling (transporting, reception, accessioning, processing, testing and storage).
- Data reporting, archiving and technical support, etc.
- Criteria for accepting and rejecting specimens but also include follow up communication with collection sites and transporters if poor specimen quality is detected.
- All laboratory staff must be properly trained and competent assessed to perform their duties.

In addition, to laboratory staff, other service providers involved in HVL testing services will require targeted training for data management and entry, specimen collection and handling, specimen transportation and results interpretation depending on the group responsibilities.

For community sensitization of HVL testing, community outreach workers (e.g., local leaders, peer mentors, family support groups, people living with HIV and AIDS, community health workers), will implement the following:

- Outreach program for HIV and AIDS at several community structures such as prevention, testing, care & treatment, adherence, awareness creation, sensitization and mobilization.
- Educating people on the value and utility of HVL testing is key to a successful HVL testing program. Many people living with HIV and community stakeholders have traditionally focused on CD4 as a marker of their treatment success.
- Mobilizing facility and community support by ensuring understanding of the advantages and interpretation of HVL testing is key to successfully rolling out and maintaining the trust of people living with HIV and communities in the quality of service delivery.

## **National and regional mentors**

Expanding routine HVL testing and ensuring that the scale-up plan is systematically and accurately implemented requires close supervision at the national, zonal, regional, district, facility and laboratory levels to prevent misinterpretation and deviation from standards.

Training for mentors should include:

- Providing guidance on site-level supportive supervision to multiple types of health care workers
- Recognizing high performing sites and collecting data on the implementation of HVL testing at the site to inform the national program on the progress in roll-out.
- Using a structured approach that includes checklists, reviewing medical records and standardized visit templates, including a site supervisory logbook that remains at the facility.

## **Training plan approach at all levels**

- By February 2016, each of the six (6) HVL testing must have trained and competent assessed 3 laboratory scientists and 2 technicians and data managers in all aspects involved in HVL testing as required by the National Strategic Scale up Plan.
- By March 2016, CHMT members, two staffs from each of the sample collecting sites, and at least 50% of 500 hubs, must be trained on roll out of HVL testing.



## Section Six: Information management system and M&E

The M&E framework adopts indicators and targets from HSHSPIII. The goal of M&E programme is to avail HVL testing information at all levels (program, laboratory, region, district and facility). These indicators have been identified from each of the section above as described in *table 7* to measure the goals and objectives as describe in the table below.

**Table 2: HVL M&E framework**

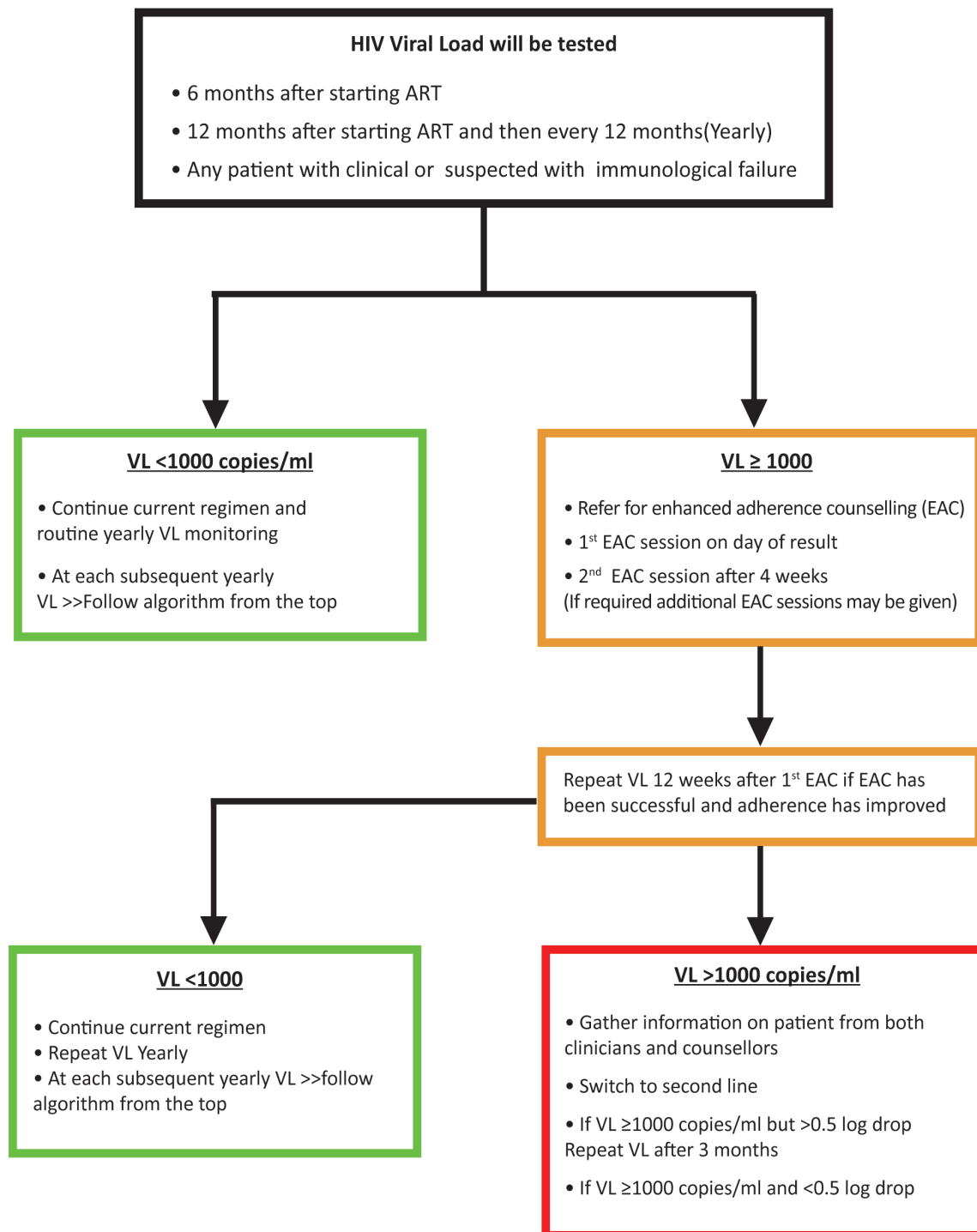
Section	Goal	Indicators	Source of data	Frequency of reporting
<b>Policy leadership and management</b>	<ul style="list-style-type: none"> <li>All eligible patients on ART receive quality HVL results within timely manner</li> </ul>	<ul style="list-style-type: none"> <li>100% of healthcare facilities have access to HVL testing by 2017</li> </ul>	<ul style="list-style-type: none"> <li>HVL LIMS, DHIS</li> </ul>	<ul style="list-style-type: none"> <li>Monthly</li> </ul>
<b>Product selection and strategic placement HVL services</b>	<ul style="list-style-type: none"> <li>Identify and select appropriate platforms for HVL testing</li> </ul>	<ul style="list-style-type: none"> <li>Number of HVL platforms selected and deployed in the country</li> <li>Number of additional testing labs performing HVL testing</li> </ul>	<ul style="list-style-type: none"> <li>LIMS,</li> </ul>	<ul style="list-style-type: none"> <li>Monthly</li> </ul>
<b>Forecasting and Financing</b>	<ul style="list-style-type: none"> <li>Uninterrupted supply of HVL testing commodities for monitoring clients on ART</li> </ul>	<ul style="list-style-type: none"> <li>Supply plan in place</li> </ul>	<ul style="list-style-type: none"> <li>NACP</li> </ul>	<ul style="list-style-type: none"> <li>Annually</li> </ul>
		<ul style="list-style-type: none"> <li>Consumption data from all testing sites</li> </ul>	<ul style="list-style-type: none"> <li>LIMS</li> </ul>	<ul style="list-style-type: none"> <li>Monthly</li> </ul>
		<ul style="list-style-type: none"> <li>Stock out rates less than 1% of the targets</li> </ul>	<ul style="list-style-type: none"> <li>MSD and facility</li> </ul>	<ul style="list-style-type: none"> <li>Monthly</li> </ul>
		<ul style="list-style-type: none"> <li>Funds availability</li> </ul>	<ul style="list-style-type: none"> <li>NACP</li> </ul>	<ul style="list-style-type: none"> <li>Annually</li> </ul>
<b>Human Resources</b>	<ul style="list-style-type: none"> <li>A functional HR system for HVL testing that is integrated into health care delivery</li> </ul>	<ul style="list-style-type: none"> <li>No of staff recruited for HVL testing at testing laboratory</li> </ul>	<ul style="list-style-type: none"> <li>NACP</li> </ul>	<ul style="list-style-type: none"> <li>Monthly</li> </ul>
		<ul style="list-style-type: none"> <li>No of HCWs trained on</li> </ul>	<ul style="list-style-type: none"> <li>NACP</li> </ul>	<ul style="list-style-type: none"> <li>Monthly</li> </ul>

	system	HVL testing training package		
<b>Information management system and M&amp;E</b>	<ul style="list-style-type: none"> <li>• Integrate and strengthen HVL testing in existing LIS</li> <li>• Integration of HVL LIS with CTC 2 database</li> </ul>	<ul style="list-style-type: none"> <li>• Number of laboratories trained and using LIS</li> <li>• Number of ART sites with HVL tools</li> <li>• Number of CTC sites integrated</li> </ul>	<ul style="list-style-type: none"> <li>• NACP</li> </ul>	<ul style="list-style-type: none"> <li>• Monthly</li> </ul>
<b>Advocacy and Education</b>	<ul style="list-style-type: none"> <li>• Sustainable and enhanced uptake of HVL testing</li> </ul>	<ul style="list-style-type: none"> <li>• Number of competent HSPs providing quality HVL testing</li> </ul>	<ul style="list-style-type: none"> <li>• NACP</li> </ul>	<ul style="list-style-type: none"> <li>• Annual</li> </ul>

## Appendices

### Flow Chart 3: Clinical Algorithm for HVL monitoring in response to ART

#### Appendix 1: Proposed Clinical Algorithm for Monitoring Response to ART (Proposed)



**Appendix 1: Budgets and costing tables**

**Table 3: Estimated HVL Testing Start-up Costs**

<b>Activities/Items</b>	<b>Estimated Cost (USD)</b>
Laboratory renovation and office supplies	100,000
Additional accessories and equipment	0
Training / Mentorship (curriculum development)	759,459
Human Resources (Laboratory, facility and program coordination)	50,824
M&E costs (database development, data collection forms, etc.)	94,752
Sensitisation of health facilities	0
<b>TOTAL</b>	<b>1,005,035</b>

**Table 4: Projected Spending 2015-2018 in USD**

<b>Items</b>	<b>Unit cost per test</b>	<b>Implementation years</b>			<b>TOTAL</b>
		<b>2015</b>	<b>2016</b>	<b>2017</b>	
Target Volume projections		87,589	254,297	575,412	743,963
Estimated reagent and consumables costs		1,596,544	4,870,040	11,373,901	14,934,531
Estimated sample collection costs		55,093	348,386	1,072,567	1,570,504
Estimated overhead costs					0
Estimated sample transport costs		374,400	468,000	585,000	731,250
<b>Total</b>		<b>2,113,626</b>	<b>5,940,723</b>	<b>13,606,880</b>	<b>17,980,248</b>
					<b>32,775,016</b>
					<b>3,046,550</b>
					<b>2,158,650</b>
					<b>39,641,477</b>

**Cost of HVL testing compared to existing CD4 costs**

**Table 5: Comparison of estimated HVL vs CD4 testing cost for existing patients based on scale-up targets**

	2015	2016	2017	2018	TOTAL
Testing Volume HVL	87,589	254,297	575,412	743,963	1,661,261
Estimated Total Patient Number	758,344	880,681	996,384	1,073,539	3,708,948
Estimated Total HVL Laboratory Diagnostics and Sample Collection Cost (+PSM) in USD	15,965,441	19,480,160	22,747,804	24,890,886	83,084,291
<b>Estimated Total CD4 Laboratory Diagnostics and Sample Collection Cost (+PSM)</b>	<b>16,811,374</b>	<b>20,615,138</b>	<b>24,319,600</b>	<b>26,708,388</b>	<b>88,454,500</b>

**Table 6: Projected total HVL testing costs in USD**

Items	Implementation years				TOTAL
	2015	2016	2017	2018	
Target Volume projections	87,589	254,297	575,412	743,963	1,661,261
Estimated reagent and consumables costs	1,596,544	4,870,040	11,373,901	14,934,531	32,775,016
Estimated sample collection costs	55,093	348,386	1,072,567	1,570,504	3,046,550
Estimated overhead costs	-	-	-	-	0
Estimated sample transport costs	374,400	468,000	585,000	731,250	2,158,650
Laboratory renovation and office supplies	100,000	-	-	-	100,000
Additional accessories and equipment	-	-	-	-	0
Sensitisation of health facilities	-	-	-	-	0
<b>Total</b>	<b>2,213,626</b>	<b>5,940,723</b>	<b>13,606,880</b>	<b>17,980,248</b>	<b>39,741,477</b>



### Appendix 3: Names of Participants

1. Dr. Anath Rwebembera	-	NACP	15. Mr. Emmanuel Lesilwa	-	CSSC
2. Dr. Charles Massambu	-	MOHSW	16. Mr. Emmanuel Shayo	-	JSI
3. Dr. Fausta Moshia	-	NHLQATC	17. Mr. Haji Msuya	-	CHAI
4. Dr. Julius Muhuza	-	HJFMRI	18. Mr. Joseph Mziray	-	NHLQATC
5. Dr. Mtebe Majigo	-	MUHAS	19. Mr. Michael Mwasekaga	-	CDC
6. Dr. Patrick Mwidunda	-	NACP	20. Mr. Pavel Mtango	-	NACP
7. Dr. Peter Maro	-	CHAI	21. Mr. Selestine Katto	-	NACP
8. Dr. Robert M. Josiah	-	NACP	22. Mr. Terito Madeye	-	THPS
9. Mr. Abdul Mwanja	-	MSD	23. Mr. Victor Muchunguzi	-	NHLQATC
10. Mr. Abubakary Kiangi	-	NACP	24. Ms. BahatiMfaki	-	NACP
11. Mr. Baraka Mpora	-	NACP	25. Ms. Carolyn Riwa	-	NHLQATC
12. Mr. David Ocheng	-	Amref Health Africa	26. Prof. Said Aboud	-	MUHAS
13. Mr. David Temba	-	MDH			
14. Mr. Dickson Majige	-	MOHSW			

**Table 7: Monitoring and Evaluation of scaling up HVL testing**

Questions	Measures	Variables to Capture
What proportion of the population has access to HVL monitoring?	<ul style="list-style-type: none"> <li>- # HVL Tests (disaggregated by site, district)</li> </ul>	<ul style="list-style-type: none"> <li>- Test(s) performed</li> <li>- Site</li> <li>- District</li> </ul>
Is access to HVL testing equitable between genders? Are children receiving adequate access to HVL testing?	<ul style="list-style-type: none"> <li>- # HVL Tests (disaggregated by age, gender and pregnancy/breast feeding status)</li> </ul>	<ul style="list-style-type: none"> <li>- Test(s) performed</li> <li>- Disaggregated by Age, Gender, Site</li> <li>- Pregnant/BF Women</li> </ul>
What proportion of HVL testing has been for patients on first-line? Second-line?	<ul style="list-style-type: none"> <li>- # HVL Tests (disaggregated by ART regimen)</li> </ul>	<ul style="list-style-type: none"> <li>- Test(s) performed</li> <li>- Regimen</li> </ul>
What percent of patients on ART in Tanzania are virologically suppressed?	<ul style="list-style-type: none"> <li>- Number of Virologically suppressed tests/number of tests performed</li> </ul>	<ul style="list-style-type: none"> <li>- Test(s) performed</li> <li>- Test results</li> <li>- Disaggregated by Age, Gender, Site</li> <li>- Pregnant/BF Women</li> <li>- ART Start Date</li> <li>- Regimen</li> </ul>
What percent of pregnant or breastfeeding women on ART in Tanzania are virologically suppressed?	<ul style="list-style-type: none"> <li>- Number of Virologically suppressed tests (disaggregated by pregnancy/BF status)/number of tests performed (disaggregated by pregnancy/BF status)</li> </ul>	<ul style="list-style-type: none"> <li>- Test(s) performed</li> <li>- Test results</li> <li>- Pregnant/BF Women</li> <li>- Site</li> </ul>
What percent of children on ART in Tanzania are virologically suppressed?	<ul style="list-style-type: none"> <li>- Number of Virologically suppressed tests (disaggregated by age)/number of tests performed (disaggregated by age)</li> </ul>	<ul style="list-style-type: none"> <li>- Test(s) performed</li> <li>- Test results</li> <li>- Disaggregated by Age, Gender, Site</li> </ul>



Are there differences in virologic suppression rates between men and women on ART in Tanzania?	<ul style="list-style-type: none"> <li>- Number of Virologically suppressed tests (disaggregated by gender)/number of tests performed (disaggregated by gender)</li> </ul>	<ul style="list-style-type: none"> <li>- Test(s) performed</li> <li>- Test results</li> <li>- Gender</li> </ul>
Are there particular sites, which have particularly poor rates of virologic suppression?	<ul style="list-style-type: none"> <li>- Number of Virologically suppressed tests (disaggregated by site)/number of tests performed (disaggregated by site)</li> </ul>	<ul style="list-style-type: none"> <li>- Test(s) performed</li> <li>- Test results</li> <li>- Site</li> </ul>
Do virologic suppression rates vary by regimen?	<ul style="list-style-type: none"> <li>- Number of Virologically suppressed tests (disaggregated by ART regimen)/number of tests performed (disaggregated by ART regimen)</li> </ul>	<ul style="list-style-type: none"> <li>- Test(s) performed</li> <li>- Test results</li> <li>- ART regimen</li> </ul>
How do rates of virologic suppression change based on length of time on ART?	<ul style="list-style-type: none"> <li>- Number of Virologically suppressed tests (disaggregated by ART regimen)</li> <li>- Number of tests performed (disaggregated by ART regimen)</li> </ul>	<ul style="list-style-type: none"> <li>- Test(s) performed</li> <li>- Test results</li> <li>- ART Start Date</li> </ul>
How effective is adherence counseling interventions to re-suppress patients with a first positive HVL test?	<ul style="list-style-type: none"> <li>- Percent re-suppressed after positive test: Number of patients with two consecutive positive tests &lt;8 months apart/Number of patients with two consecutive tests &lt;8 months apart</li> </ul>	<ul style="list-style-type: none"> <li>- Test(s) performed</li> <li>- Test results</li> <li>- Type of test (Routine vs. Follow-up of Positive Test)</li> </ul>
Are adherence counseling interventions equally able to re-suppress children compared with adults (or men compared with women)?	<ul style="list-style-type: none"> <li>- Above indicator disaggregated appropriately</li> </ul>	<ul style="list-style-type: none"> <li>- Test(s) performed</li> <li>- Test results</li> <li>- Type of test (Routine vs. Follow-up of Positive Test), disaggregated by Age, Gender, Site</li> </ul>
Are some sites better than adherence counseling interventions equally able to re-suppress children compared with	<ul style="list-style-type: none"> <li>- Above indicator disaggregated appropriately</li> </ul>	<ul style="list-style-type: none"> <li>- Test(s) performed</li> <li>- Test results</li> <li>- Type of test (Routine vs. Follow-up of Positive Test), disaggregated by Age, Gender, Site</li> </ul>

adults (or men compared with women)?			
Do self-reported adherence rates predict viral suppression?	<ul style="list-style-type: none"> <li>- Restricting calculation to patients with an adherence assessment of “Good” (or “fair” or “poor”), calculate the number of undetectable HVL results/number of total HVL test results</li> <li>- Length of time between sample collection date and date result is returned to facility</li> </ul>	<ul style="list-style-type: none"> <li>- Test(s) performed</li> <li>- Test results</li> <li>- Self-reported adherence</li> <li>- Site</li> </ul>	
As a measure of quality of HVL services, how effective is the centralized system at getting test results back to facilities in a timely manner?	<ul style="list-style-type: none"> <li>- Length of time between dispatch date and date result is returned to facility</li> </ul>	<ul style="list-style-type: none"> <li>- Date of collection</li> <li>- Date test performed (LMIS)</li> <li>- Date test returned</li> <li>- Site</li> </ul>	
How effective are the hubs and transport network at getting results to and from facilities?	<ul style="list-style-type: none"> <li>- Length of time between dispatch date and date result is returned to facility</li> </ul>	<ul style="list-style-type: none"> <li>- Dispatch Date</li> <li>- Date test performed (LMIS)</li> <li>- Date test returned</li> <li>- Site</li> </ul>	
As a measure of quality of HVL services, what percent of samples collected are rejected due to improper or insufficient collection?	<ul style="list-style-type: none"> <li>- Number of rejected samples (disaggregated by site)/Number of HVL tests</li> </ul>	<ul style="list-style-type: none"> <li>- Test(s) performed</li> <li>- Rejected samples</li> <li>- Site</li> </ul>	
As a measure of quality of HVL services, what percent of acceptable samples require repeat collection due to errors within the laboratory?	<ul style="list-style-type: none"> <li>- Number of repeat samples required/Number of HVL tests</li> </ul>	<ul style="list-style-type: none"> <li>- Test(s) performed</li> <li>- Repeat Samples</li> </ul>	

**Table 8: HVL testing services, objectives, activities, indicators (results), targets, responsible and timelines**

<b>A. POLICY, LEADERSHIP AND MANAGEMENT</b>					
<b>OBJECTIVES</b>	<b>ACTIVITIES</b>	<b>INDICATOR (RESULTS)</b>	<b>TARGETS</b>	<b>RESPONSIBLE</b>	<b>TIMELINE</b>
<b>Objectives</b>	<ul style="list-style-type: none"> <li>- Finalise and disseminate the National HVL Monitoring Guidelines</li> </ul>	<ul style="list-style-type: none"> <li>- 100% healthcare facilities have access to HVL testing services.</li> </ul>	<ul style="list-style-type: none"> <li>- National HVL Monitoring Guidelines finalised and used</li> </ul>	<ul style="list-style-type: none"> <li>- NACP</li> </ul>	<ul style="list-style-type: none"> <li>- By March 2015</li> </ul>
	<ul style="list-style-type: none"> <li>- Establish HVL technical working group (TWG) to coordinate and oversee the implementation</li> </ul>	<ul style="list-style-type: none"> <li>- Better coordination of stakeholders</li> </ul>	<ul style="list-style-type: none"> <li>- HVL TWG members appointed by name</li> </ul>	<ul style="list-style-type: none"> <li>- DSS</li> </ul>	
To identify and select appropriate platforms (EID and HVL) to meet the National testing, demand by Dec 201.	<ul style="list-style-type: none"> <li>- Form a National EID/HVL TWG</li> </ul>	<ul style="list-style-type: none"> <li>- Country TWG on EID/HVL in place</li> </ul>	<ul style="list-style-type: none"> <li>- HVL TWG members appointed by name</li> </ul>	<ul style="list-style-type: none"> <li>- DSS</li> </ul>	<ul style="list-style-type: none"> <li>- By March 2015</li> </ul>
	<ul style="list-style-type: none"> <li>- Coordinate TWG by NACP to meet and evaluate products against the criteria</li> </ul>	<ul style="list-style-type: none"> <li>- Appropriate quality HVL technologies selected and used in country</li> </ul>	<ul style="list-style-type: none"> <li>- Acquire appropriate quality HVL technologies</li> </ul>	<ul style="list-style-type: none"> <li>- DSS</li> </ul>	<ul style="list-style-type: none"> <li>- By March 2015</li> </ul>
	<ul style="list-style-type: none"> <li>- Decisions of the TWG are shared and implemented</li> </ul>	<ul style="list-style-type: none"> <li>- Appropriate and affordable HVL testing services provided</li> </ul>	<ul style="list-style-type: none"> <li>- Decision of TWG on appropriate and affordable HVL testing documented</li> </ul>	<ul style="list-style-type: none"> <li>- NACP</li> </ul>	<ul style="list-style-type: none"> <li>- By March 2015</li> </ul>

To enhance the capacity of the existing HVL testing laboratories with at least 2 different platforms by end of Dec 2016	- Acquisition of 6 new platforms	- 6 new platforms acquired, in place and operational	- Six (6) HVL testing platforms	- NACP	- By end of Aug 2016
	- Installation of the new platforms and user training at the existing laboratories	- Trained laboratory staff are Competent and certified on new platforms	- At least two (2) laboratory staff per each of HVL testing six (6) laboratories trained	- DSS	- By end of Dec 2016
To scale-up VL testing services through POC platforms to District levels in the Country by end of Dec 2018	- Acquire 25 POC platforms for regional laboratories	- 25 new POC platforms in place at regional hospitals and operational	- 25 regional hospitals equipped with HVL POCs	- NACP	- By Dec 2016
	- Install new 25 POC platforms and user training at the existing laboratories	- Trained regional laboratory staff are competent and certified on new POC platforms	- 25 new POC installed	- NACP	- By Dec 2016
	- Acquire 40 POC platforms for district hospital laboratories	- 40 new POC platforms in place at district hospitals and operational	- 40 district hospitals provided with HVL POC	- NACP	- End of 2015
	- Install new 40 POC platforms and user training at the existing district hospital laboratories	- Trained district laboratory staff are competent and certified on new POC platforms	- At least two (2) laboratory staff from 40 district hospital trained	- NACP	- End of 2015

<p>To establish quality management systems (proficiency testing, training, etc.) by end 2015</p>	<ul style="list-style-type: none"> <li>- Recruit and hire qualified laboratory staff for all HVL testing sites</li> <li>- Train laboratory staffs on QMS implementation</li> <li>- Enroll all HVL testing laboratory into the EQA schemes</li> <li>- Install laboratory LIMS and link to the HLIMS at all sites</li> </ul>	<ul style="list-style-type: none"> <li>- At least 50% of the required laboratory staffs hired and in place</li> <li>- Laboratory personnel implement QMS in HVL laboratories</li> <li>- All laboratories are enrolled on EQA schemes</li> <li>- LIMS installed and operational at each HVL testing laboratory</li> <li>- Detailed assessment reports identifying the needs</li> </ul>	<ul style="list-style-type: none"> <li>- 18 qualified staff for HVL testing services hired</li> <li>- QMS curriculum for laboratory staff training developed</li> <li>- 100% participation in HVL EQA</li> <li>- Procure approved LIMS</li> <li>- Nine (9) HVL testing network assessed</li> </ul>	<ul style="list-style-type: none"> <li>- DSS</li> <li>- NACP</li> <li>- NHLQAT C</li> <li>- DSS</li> <li>- NACP</li> </ul>	<ul style="list-style-type: none"> <li>- By July 2015</li> <li>- By Aug 2015</li> <li>- By Aug 2015</li> <li>- BY Dec 2015</li> <li>- By Dec 2015</li> </ul>
<p>Expand the HVL testing network in the country to increase access and coverage from 6 to 9 by the end of 2019</p>	<ul style="list-style-type: none"> <li>- Renovate and/or construct of HVL testing laboratory facilities at the selected sites</li> <li>- Equipment Installation and user training at new facilities</li> </ul>	<ul style="list-style-type: none"> <li>- New HVL testing laboratories in place</li> <li>- HVL testing equipment in place and used</li> <li>- Competent and certified laboratory personnel performing HVL testing</li> </ul>	<ul style="list-style-type: none"> <li>- Renovate/construct nine (9) HVL testing laboratories</li> <li>- HVL testing equipment procured</li> <li>- Competent and certified personnel employed</li> </ul>	<ul style="list-style-type: none"> <li>- NACP</li> <li>- HCTS</li> <li>- DSS</li> </ul>	<ul style="list-style-type: none"> <li>- By Feb 2016</li> <li>- By end of April 2016</li> <li>- By end of April 2016</li> </ul>
<b>B. FORECASTING AND FINANCING</b>					

<b>UNINTERRUPTED SUPPLY OF HVL TESTING COMMODITIES (REAGENTS AND SAMPLE COLLECTION CONSUMABLES) FOR MONITORING CLIENTS ON ART</b>					
<b>OBJECTIVES</b>	<b>ACTIVITIES</b>	<b>INDICATOR (RESULTS)</b>	<b>TARGETS</b>	<b>RESPONSIBLE</b>	<b>TIMELINE</b>
Forecasting and supply plan development for HVL testing commodities	<ul style="list-style-type: none"> <li>- Collect of quality logistics data for forecasting (consumption, service level and demographic data).</li> </ul>	<ul style="list-style-type: none"> <li>- Logistic data available and used in forecasting consumption of HVL supplies</li> </ul>	<ul style="list-style-type: none"> <li>- HVL consumption data available</li> </ul>	<ul style="list-style-type: none"> <li>- NACP</li> </ul>	<ul style="list-style-type: none"> <li>- By end of 2015</li> </ul>
	<ul style="list-style-type: none"> <li>- Engaging all key stakeholders in development of consumption.</li> </ul>	<ul style="list-style-type: none"> <li>- Consumption data developed by stakeholders</li> </ul>	<ul style="list-style-type: none"> <li>- Consumption data developed</li> </ul>	<ul style="list-style-type: none"> <li>- NACP</li> </ul>	<ul style="list-style-type: none"> <li>- By end of 2015</li> </ul>
	<ul style="list-style-type: none"> <li>- Validating forecast results by conducting multi-method forecasting.</li> </ul>	<ul style="list-style-type: none"> <li>- Forecasting validated using multi-method</li> </ul>	<ul style="list-style-type: none"> <li>- Forecast validated</li> </ul>	<ul style="list-style-type: none"> <li>- NACP</li> </ul>	<ul style="list-style-type: none"> <li>- By end of 2015</li> </ul>
	<ul style="list-style-type: none"> <li>- Collecting consumption data from testing laboratories and sample collection sites to determine forecast accuracy and hence review and update supply plan accordingly.</li> </ul>	<ul style="list-style-type: none"> <li>- HVL consumption data collected from testing and sample collection sites</li> </ul>	<ul style="list-style-type: none"> <li>- HVL consumption data collected</li> </ul>	<ul style="list-style-type: none"> <li>- NACP</li> </ul>	<ul style="list-style-type: none"> <li>- By end of 2015</li> </ul>
	<ul style="list-style-type: none"> <li>- Procuring and distributing HVL commodities</li> </ul>	<ul style="list-style-type: none"> <li>- HVL commodities used</li> </ul>	<ul style="list-style-type: none"> <li>- HVL commodities procured and</li> </ul>	<ul style="list-style-type: none"> <li>- NACP</li> </ul>	<ul style="list-style-type: none"> <li>- By end of 2015</li> </ul>

	<ul style="list-style-type: none"> <li>- Managing flow of commodities from the manufacturers/suppliers to end users to ensure adherence to commodity delivery schedules and commodity inventory levels are maintained within adequate level.</li> </ul>	<ul style="list-style-type: none"> <li>- HVL commodity delivery schedule adhered to</li> </ul>	<ul style="list-style-type: none"> <li>- HVL commodity flow in place</li> </ul>	<ul style="list-style-type: none"> <li>- NACP</li> </ul>	<ul style="list-style-type: none"> <li>- By end of 2015</li> </ul>
	<ul style="list-style-type: none"> <li>- Scheduling equipment maintenance as per contract to ensure that machines are operational at all times to avoid the risk of not using reagents, which might lead to expiry.</li> </ul>	<ul style="list-style-type: none"> <li>- No equipment downtime</li> </ul>	<ul style="list-style-type: none"> <li>- Equipment maintenance schedule developed</li> </ul>	<ul style="list-style-type: none"> <li>- DSS</li> </ul>	<ul style="list-style-type: none"> <li>- By end of 2015</li> </ul>
<p>Managing commodities effectively at central and facility level</p>	<ul style="list-style-type: none"> <li>- Monitoring of equipment repair response time from equipment breakdown to repair in order to minimise equipment downtime and rescue the reagents from expiry.</li> </ul>	<ul style="list-style-type: none"> <li>- Equipment repair monitored and documented</li> </ul>	<ul style="list-style-type: none"> <li>- Reagents do not expire due to equipment downtime</li> </ul>	<ul style="list-style-type: none"> <li>- NACP</li> </ul>	<ul style="list-style-type: none"> <li>- By end of 2015</li> </ul>
	<ul style="list-style-type: none"> <li>- Enforcing FEFO practice in commodities issuing</li> </ul>	<ul style="list-style-type: none"> <li>- Documented use of FEFO at all levels</li> </ul>	<ul style="list-style-type: none"> <li>- FEFO use in place</li> </ul>	<ul style="list-style-type: none"> <li>- NACP</li> </ul>	<ul style="list-style-type: none"> <li>- By end of 2015</li> </ul>

	and usage at all levels.								
	<ul style="list-style-type: none"> <li>- Ordering right commodities at the right quantity and time (by MSD from supplier and by facility from MSD).</li> <li>- Redistributing commodities between testing laboratories and sample collection sites whenever there is stock imbalance.</li> <li>- Submitting orders on time to the supplier by MSD and from facilities to MSD</li> <li>- Keeping adequate stock at MSD as per the national desired stock levels</li> <li>- Issuing commodities to health facilities as requested by the facility provided that the request and is representative of the demand of the facility.</li> </ul>	<ul style="list-style-type: none"> <li>- HVL testing services are uninterrupted</li> <li>- HVL testing services are uninterrupted</li> <li>- HVL testing services are uninterrupted</li> <li>- HVL testing services are uninterrupted</li> <li>- HVL testing services are uninterrupted</li> </ul>	<ul style="list-style-type: none"> <li>- No stock outs</li> <li>- No expiry of commodities</li> <li>- Lead time observed</li> <li>- Lead time observed</li> <li>- Lead time observed</li> </ul>	<ul style="list-style-type: none"> <li>- NACP</li> <li>- NACP</li> <li>- NACP</li> <li>- NACP</li> <li>- NACP</li> </ul>	<ul style="list-style-type: none"> <li>- By end of 2015</li> <li>- By end of 2015</li> <li>- By end of 2015</li> <li>- By end of 2015</li> <li>- By end of 2015</li> </ul>				
	Issuing commodities as requested by laboratories and sample collection								



<p>To cost HVL implementation plan</p>	<ul style="list-style-type: none"> <li>- To acquire adequate funding for establishing of HVL testing infrastructure as stipulated in the guideline.</li> <li>- To mobilise adequate funding for procurement, storage and distribution of HVL testing equipment and commodities.</li> <li>- To mobilise funds for recruitment and training of HR involved in HVL</li> <li>- To mobilise adequate funds for sample transportation from collection hubs to testing laboratories and results feedback.</li> <li>- Collecting data for accurate forecasting (data sources include consumption and service data from testing laboratories and sample collection site and issues data from MSD)</li> </ul>	<ul style="list-style-type: none"> <li>- HVL infrastructure established and used</li> <li>- HVL testing equipment and commodities in place and used</li> <li>- HR for HVL services trained</li> <li>- Hubs for HVL services are established and function</li> <li>- Consumption data available and used</li> </ul>	<ul style="list-style-type: none"> <li>- Funds available</li> <li>- Funds available</li> <li>- Funds mobilized</li> <li>- Funds mobilised</li> <li>- Database in place</li> </ul>	<ul style="list-style-type: none"> <li>- NACP</li> <li>- NACP</li> <li>- NACP</li> <li>- NACP</li> <li>- NACP</li> </ul>	<ul style="list-style-type: none"> <li>- By end of 2015</li> <li>- By end of 2015</li> <li>- By end of 2015</li> <li>- By end of 2015</li> <li>- By end of 2015</li> </ul>
<p>National forecasting and supply planning for HVL scale ups</p>					

	<ul style="list-style-type: none"> <li>- Building consumptions on forecasting based on HVL guideline by all stakeholders.</li> <li>- Forecasting and supply planning</li> <li>- Involving Government and key stakeholders in fund raising to meet financial requirements for HVL through meetings</li> <li>- Incorporating HVL testing component in the costed workplan of the MOHSW.</li> <li>- Recruiting national HVL coordinator and training of healthcare providers on HVL testing</li> <li>- Map HVL testing sites (to create HUBS)</li> <li>- Sensitise Health care workers on HVL testing</li> <li>- Train to courier on HVL sample transportation</li> </ul>	<ul style="list-style-type: none"> <li>- HVL services scaled up</li> <li>- Uninterrupted HVL services</li> <li>- HVL services up and running</li> <li>- HVL services up and running</li> <li>- HVL services coordinated</li> <li>- Reduced TAT to 2 weeks</li> <li>- Reduced rejection rate to about 2%</li> <li>- Increased HVL sample transportation efficiency.</li> <li>- 640 hubs for HVL</li> </ul>	<ul style="list-style-type: none"> <li>- HVL forecasting based on guidelines</li> <li>- Forecasting and supply plans in place</li> <li>- Funds allocated to support HVL services</li> <li>- Costed work plan approved</li> <li>- HVL services coordinator recruited</li> <li>- Set TAT at 2 weeks</li> <li>- Reduce sample rejection to 2%</li> <li>- Train couriers on HVL sample transportation</li> <li>- 640 identified</li> </ul>	<ul style="list-style-type: none"> <li>- NACP</li> <li>- NACP</li> <li>- NACP</li> <li>- NACP</li> <li>- NACP</li> <li>- NACP</li> <li>- NACP</li> <li>- DSS</li> <li>- NACP</li> </ul>	<ul style="list-style-type: none"> <li>- By end of 2015</li> <li>- By end of 2015</li> <li>- By end of 2015</li> <li>- By end of 2015</li> <li>- By end of 2015</li> <li>- By 2017</li> <li>- By 2017</li> <li>- By end of 2015</li> <li>- By end of</li> </ul>
Mobilising resources for HVL implementation (donor and Government)					
Increased access to HVL test					

	<ul style="list-style-type: none"> <li>- Train health service providers (clinicians, nurses) on HVL results interpretation</li> </ul>	<ul style="list-style-type: none"> <li>- Trained clinicians and nurses</li> <li>- Sensitised health care workers</li> </ul>	hubs <ul style="list-style-type: none"> <li>- Train health service providers on HVL res</li> </ul>	- NACP	2015 <ul style="list-style-type: none"> <li>- By end of 2015</li> </ul>
<b>C. HUMAN RESOURCES</b>					
<b>GOAL: A FUNCTIONAL HUMAN RESOURCE FOR VL TESTING THAT IS INTEGRATED IN THE HEALTH CARE DELIVERY SYSTEM INCLUDING THE DATA FLOW INTEGRATION INTO THE LABORATORY INFORMATION SYSTEM</b>					
<b>OBJECTIVES</b>	<b>ACTIVITIES</b>	<b>INDICATOR (RESULTS)</b>	<b>TARGETS</b>	<b>RESPONSIBLE</b>	<b>TIMELINE</b>
Create efficient structured network for collection transportation and HVL testing in 25 regions of Tanzania Mainland by July 2015	<ul style="list-style-type: none"> <li>- Collect baseline information to understand the gap in numbers of skills sets at the sample collection sites, testing laboratories and national level</li> </ul>	<ul style="list-style-type: none"> <li>- Baseline information used to understand the gap in numbers of skills sets at the sample collection sites, collection hubs, testing laboratories and national level</li> </ul>	<ul style="list-style-type: none"> <li>- Baseline information collected</li> </ul>	<ul style="list-style-type: none"> <li>- NACP</li> </ul>	<ul style="list-style-type: none"> <li>- Dec-14</li> </ul>
	<ul style="list-style-type: none"> <li>- Develop job tasks per position/cadre</li> </ul>	<ul style="list-style-type: none"> <li>- Competent staff providing HVL services</li> </ul>	<ul style="list-style-type: none"> <li>- Job tasks developed</li> </ul>	<ul style="list-style-type: none"> <li>- NACP</li> </ul>	<ul style="list-style-type: none"> <li>- Dec-14</li> </ul>
	<ul style="list-style-type: none"> <li>- Appoint/ hire national HVL national coordinator</li> </ul>	<ul style="list-style-type: none"> <li>- HVL Coordinator in place and working</li> </ul>	<ul style="list-style-type: none"> <li>- Hire HVL national coordinator</li> </ul>	<ul style="list-style-type: none"> <li>- NACP</li> </ul>	<ul style="list-style-type: none"> <li>- Dec-14</li> </ul>
	<ul style="list-style-type: none"> <li>- Assign HVL coordination to RACC and DACC respectively (region and districts)</li> </ul>	<ul style="list-style-type: none"> <li>- HVL services coordinated by RACCs and DACCs</li> </ul>	<ul style="list-style-type: none"> <li>- RACCs and DACCs assigned HVL coordination</li> </ul>	<ul style="list-style-type: none"> <li>- NACP</li> </ul>	<ul style="list-style-type: none"> <li>- Dec-14</li> </ul>

	<ul style="list-style-type: none"> <li>- Recruit to fill the identified gap – work with PMORALG, Utumishi and Developing partners</li> <li>- Develop/ adapt or customise training modules per specific cadre</li> <li>- Develop national rollout plan using train the trainer approach</li> <li>- Monitor and evaluate training impact – supportive supervision, oversight and competency assessment</li> </ul>	<ul style="list-style-type: none"> <li>- Competent staff providing HVL services</li> <li>- HVL services offered by trained staff</li> <li>- HVL services scaled up</li> <li>- Qualified and competent staff offer HVL services</li> </ul>	<ul style="list-style-type: none"> <li>- Competent staff recruited</li> <li>- HVL training modules customised</li> <li>- Training rollout plan in place</li> <li>- HVL services monitored and evaluated</li> </ul>	<ul style="list-style-type: none"> <li>- NACP</li> <li>- DSS</li> <li>- NACP</li> <li>- NACP</li> </ul>	<ul style="list-style-type: none"> <li>- Mar-15</li> <li>- Mar-15</li> <li>- April-July 2015</li> <li>- After July 2015</li> </ul>
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#### D. INFORMATION MANAGEMENT SYSTEM AND M&E

**GOAL: INTEGRATE AND STRENGTHEN THE HVL TESTING INTO EXISTING LIS AT ALL 6 TESTING LABORATORIES IN THE COUNTRY BY 2017**

<b>OBJECTIVES</b>	<b>ACTIVITIES</b>	<b>INDICATOR (RESULTS)</b>	<b>TARGETS</b>	<b>RESPONSIBLE</b>	<b>TIMELINE</b>
Develop the HVL test requisition and reporting tool	- Form committee with members and TOR	- % of tools developed and printed.	- One committee with at least 10 members	- LIS Officer	- March 2015
	- Develop and print tools	- Tools available at HVL testing sites and used	- Number of tools	- LIS Officer	- March 2015

Incorporate the standardized requisition and reporting tools to training module to both service providers and laboratory staff	<ul style="list-style-type: none"> <li>- Develop HVL testing curriculum</li> </ul>	<ul style="list-style-type: none"> <li>- VL testing incorporated into curriculum</li> </ul>	<ul style="list-style-type: none"> <li>- LIS Officer</li> </ul>	<ul style="list-style-type: none"> <li>- March 2015</li> </ul>
	<ul style="list-style-type: none"> <li>- Train users on HVL testing requesting and reporting tools</li> </ul>	<ul style="list-style-type: none"> <li>- % of sites to be trained</li> </ul>	<ul style="list-style-type: none"> <li>- LIS Officer</li> </ul>	<ul style="list-style-type: none"> <li>- March 2015</li> </ul>
	<ul style="list-style-type: none"> <li>- Perform LIS need assessment</li> </ul>	<ul style="list-style-type: none"> <li>- Monitor the supply chain using LIS</li> <li>- % of staff trained,</li> </ul>	<ul style="list-style-type: none"> <li>- LIS Officer</li> </ul>	<ul style="list-style-type: none"> <li>- January 2015</li> </ul>
Incorporate the HVL testing into LIS	<ul style="list-style-type: none"> <li>- Upgrade and configure the existing LIS according to identified gaps</li> </ul>	<ul style="list-style-type: none"> <li>- % of eLIMS assessed</li> </ul>	<ul style="list-style-type: none"> <li>- LIS Officer</li> </ul>	<ul style="list-style-type: none"> <li>- January 2015</li> </ul>
	<ul style="list-style-type: none"> <li>- Train laboratory staff to upgraded LIS</li> </ul>	<ul style="list-style-type: none"> <li>- % of eLIMS upgraded</li> </ul>	<ul style="list-style-type: none"> <li>- LIS Officer</li> </ul>	<ul style="list-style-type: none"> <li>- February 2015</li> </ul>
	<ul style="list-style-type: none"> <li>- Disseminate printed LIS tools to ART sites</li> </ul>	<ul style="list-style-type: none"> <li>- % of ART sites received tools</li> </ul>	<ul style="list-style-type: none"> <li>- LIS Officer</li> </ul>	<ul style="list-style-type: none"> <li>- Ongoing activity -</li> </ul>
Implement and sustain HVL Testing LIS	<ul style="list-style-type: none"> <li>- Conduct ongoing Supportive supervision</li> </ul>	<ul style="list-style-type: none"> <li>- % of sites supervised and number of supervision conducted</li> </ul>	<ul style="list-style-type: none"> <li>- LIS Officer</li> </ul>	<ul style="list-style-type: none"> <li>- Ongoing till 2017</li> </ul>
	<ul style="list-style-type: none"> <li>- Perform LIS annual evaluation</li> </ul>	<ul style="list-style-type: none"> <li>- Number of evaluation done</li> </ul>	<ul style="list-style-type: none"> <li>- LIS Officer</li> </ul>	<ul style="list-style-type: none"> <li>- Ongoing</li> </ul>

	<ul style="list-style-type: none"> <li>- Perform Data Quality Assessment</li> </ul>	<ul style="list-style-type: none"> <li>- Number of data collection done</li> </ul>	<ul style="list-style-type: none"> <li>- Quarterly review of data quality</li> </ul>	- LIS Officer	- Ongoing
Incorporate the HVL testing data into NACP CTC database and CTC2 card.	<ul style="list-style-type: none"> <li>- Perform data backup and data achieve</li> </ul>	<ul style="list-style-type: none"> <li>- Records of data backup and archive</li> </ul>	<ul style="list-style-type: none"> <li>- All HVL testing sites</li> </ul>	- LIS Officer	- By end of 2016
	<ul style="list-style-type: none"> <li>- Review and update the NACP CTC database</li> </ul>	<ul style="list-style-type: none"> <li>- CTC reports used for management</li> </ul>	<ul style="list-style-type: none"> <li>- Updated NACP CTC database.</li> </ul>	- NACP	- March 2015
	<ul style="list-style-type: none"> <li>- Review and update the CTC2 card</li> </ul>	<ul style="list-style-type: none"> <li>- Reviewed and updated CTC2 card in place and used</li> </ul>	<ul style="list-style-type: none"> <li>- Reviewed CTC2 Card</li> </ul>	- NACP	- March 2015
<b>E. ADVOCACY AND EDUCATION OF HEALTH CARE PROVIDERS ON HIV HVL (HVL) TESTING</b>					
<b>1. ADVOCACY:</b>					
<b>GOAL: EDUCATED HCWs/HSPs ON THE VALUES AND UTILIZATION OF HVL TESTING FOR ART MONITORING IN TANZANIA</b>					
<b>OBJECTIVES</b>	<b>ACTIVITIES</b>	<b>INDICATOR (RESULTS)</b>	<b>TARGETS</b>	<b>RESPONSIBLE</b>	<b>TIMELINE</b>
To awareness among the stakeholders on HVL testing and its use for patient monitoring in Tanzania by 2015	<ul style="list-style-type: none"> <li>- Sensitization meetings, discussion forum (formal and informal)</li> </ul>	<ul style="list-style-type: none"> <li>- Stakeholders talk about HVL testing in public gatherings and functions in communities</li> </ul>	<ul style="list-style-type: none"> <li>- Policy/decision makers, program managers, development partners, private sector (PPP), users, stakeholders (local leaders, peer mentors and family support group) and clients</li> </ul>	- NACP	- By end of 2015

<b>2. EDUCATION:</b>					
<b>GOAL: SUSTAINABLE AND ENHANCED HVL TESTING AND UPTAKE TO SUPPORT INCREASED ART MONITORING IN TANZANIA</b>					
<b>OBJECTIVES</b>	<b>ACTIVITIES</b>	<b>INDICATOR (RESULTS)</b>	<b>TARGETS</b>	<b>RESPONSIBLE</b>	<b>TIMELINES</b>
To create a competent HCWs/HSPs to provide quality HVL testing services in Tanzania by 2017	<ul style="list-style-type: none"> <li>Training sessions</li> </ul>	<ul style="list-style-type: none"> <li>Clinical practitioners, laboratory, strategic information, supply chain and community health workers, and programme staff (for M&amp;E)</li> </ul>	<ul style="list-style-type: none"> <li>Competent HCWs/HSPs in place and providing quality HVL testing services</li> </ul>	<ul style="list-style-type: none"> <li>All HSPs cadres competent in HVL testing services</li> </ul>	<ul style="list-style-type: none"> <li>By 2017</li> </ul>

## References 1: For further reading

1. Tanzania HIV Malaria Indicator Survey 2003-04
2. Tanzania HIV Malaria Indicator Survey 2011-12
3. [http://apps.who.int/iris/bitstream/10665/85321/1/9789241505727\\_eng.pdf](http://apps.who.int/iris/bitstream/10665/85321/1/9789241505727_eng.pdf)
4. WHO *Consolidated guidelines on the use of antiretroviral drugs for treating and preventing HIV infection*, June 2013
5. Interim Technical Update: Technical operational considerations for implementing HIV Viral Load Testing; Access to diagnosis, WHO July 2014
6. Health Sector HIV Strategic Plan III (2013-2017)
7. MSF HVL Tool Kit
8. Ministry of Health, Uganda
9. Ministry of Health, Kenya