

How to prevent mosquito breeding sites in and around your home

The *Aedes* mosquito can transmit dengue, chikungunya and Zika

- 
- 

1 Make sure all tanks, water deposits and containers are covered and sealed to keep out mosquitoes
 - 

2 Change the water and brush the insides of sinks and water barrels at least once a week
 - 

3 Pour out water from flower pots and planters and replace with damp sand
 - 

4 Turn over containers that cannot be thrown away and protect them from rain
 - 

5 Change the water in flowers vases at least once a week, pouring the used water out over the ground
 - 

6 Safely dispose of any unused containers and objects that can accumulate water and serve as breeding sites
 - 

7 Keep swimming pools adequately treated with recommended products and frequency
 - 

8 Change the water in pet bowls at least once a week
 - 

9 Clean all drains and gutters
 - 

10 Keep grass short and weed-free, and keep your patio clean

**No breeding sites,
no mosquitoes,
no dengue, chikungunya or Zika**

facebook

PAHO-WHO

Like

twitter

@pahowho

Follow

www.paho.org #FightAedes



Pan American Health Organization



World Health Organization

REGIONAL OFFICE FOR THE Americas