

MEASURING HEAD CIRCUMFERENCE



- Use a measuring tape that cannot be stretched
- Securely wrap the tape around the widest possible circumference of the head
 - Broadest part of the forehead above eyebrow
 - Above the ears
 - Most prominent part of the back of the head

- Take the measurement three times and select the largest measurement to the nearest 0.1 cm
- Optimal measurement at 24-36 hours after birth when molding of the head has subsided



U.S. Department of
Health and Human Services
Centers for Disease
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For more information: www.cdc.gov/zika