

# Rapid Assessment: Healthcare Waste Component of Global Fund HIV, TB and Malaria Projects

# in Zimbabwe

Supplement to the Healthcare Waste Management Toolkit for Global Fund Practitioners and Policy Makers

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### Abbreviations

ACSM	Advocacy, communication and social	MOHCW	Ministry of Health and Child Welfare
	mobilization	PMTCT	Prevention of mother-to-child
ART	Antiretroviral therapy		transmission
ARV	Antiretroviral (medicine)	PPE	Personal Protection Equipment
DOTS	Directly observed treatment,	PR	Principal recipient
	short-course	PSM	Procurement and supply management
EMA	Environmental Management Agency	QA/QC	Quality assurance / quality control
GDF	Global Drug Facility	RDT	Rapid diagnostic test
GF	Global Fund to Fight AIDS, Tuberculosis	SOP	Standard operating procedure
	and Malaria	SR	Sub-Recipient
HCW	Healthcare waste	SSF	Single Stream Funding
HIV	Human Immunodeficiency Virus	ТВ	Tuberculosis
HSS	Health system strengthening	UNDP	United Nation Development Programme
ITNs	Insecticide-treated nets	WEEE	Waste of electrical and electronic
LLINs	Long lasting insecticide-treated nets		equipment
MOHCC	Ministry of Health and Child Care	WHO	World Health Organization

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# 1 Executive Summary

Over the course of the last 10 years, UNDP has been a strategic partner of the Global Fund to Fight AIDS, Tuberculosis and Malaria (GF), and acts as interim Principal Recipient (PR) of last resort for countries in which the GF cannot identify a national PR for its grants. In order to deepen the understanding of the environmental impact caused by waste created through its GF project implementation, an assessment of GF health projects with UNDP PR-ship was conducted in Tajikistan, Uzbekistan and Zimbabwe.

This report outlines the results of the assessment in Zimbabwe which was carried out in the first half of 2014 in collaboration with national partners and UNDP representatives (Annex, 7.2). With US\$ 857,651,637 signed for Zimbabwe, it is one of the main recipient countries of GF grants. With GF support, already over 640,000 people have been put on antiretroviral (ARV) treatment, 25,000 new smearpositive tuberculosis (TB) cases have been detected and treated, 2.3 million insecticide treated nets (ITNs) were distributed to protect families from malaria and close to 800 tonnes of insecticides provided for indoor residual spraying. These activities also created different waste streams, and a need exists to ensure the environmentally safe disposal of waste already created (historical waste) and waste expected to be generated during the future implementation of such grants.

The rapid assessment of the GF health grants identified the different types of waste. The country analysis showed that in Zimbabwe, a need exists for improved waste disposal solutions, especially for healthcare waste (HCW). The infrastructure for the treatment or disposal of hazardous waste is insufficient, and more advanced management methods are seldom introduced. First steps to improve the current situation were taken by developing a national HCW management plan and a draft guideline on the management of HCW. However, further efforts are required by all stakeholders involved. Recommendations made in this report to improve the disposal of waste created by the GF projects—for example, through the product life cycle of pharmaceuticals—could have a valuable impact beyond the GF projects for the whole national health sector, and therefore serve as critical components of health systems strengthening (HSS). Environmental safeguarding policies of the GF should make the integration of HCW management components mandatory in grant-making processes with appropriate budget allocations. Further recommendations are provided on how the HCW management system could be further strengthened within the framework of future GF grants in Zimbabwe.

The HCW assessment of the GF grants in Zimbabwe resulted in valuable information which will be included and used for the development of an HCW management toolkit for GF grant planners and implementers.

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# 2 Assessed Projects

UNDP is a long-term partner of the GF and acts in several countries, including Zimbabwe, as the interim PR. In Zimbabwe, the following main projects are managed by UNDP<sup>1</sup>:

#### HIV/AIDS: ZIM-809-G11-H

Name: "Addressing Critical Gaps in HIV Prevention, Treatment, Care and Support":

Grant Period from 01 Jan 2010 to 31 Dec 2014

According to UNAIDS, Zimbabwe is experiencing one of the harshest AIDS epidemics in the world, with around one in ten members of the population living with HIV in 2010. Even though the country has been experiencing a decline in HIV, critical areas of ARV treatment and HIV/AIDS counselling and testing need additional funding and scale-up to help mitigate the impact of HIV and AIDS. The Round 8 grant aims to reduce the number of new HIV infections among adults and children, and reduce morbidity and mortality due to AIDS in Zimbabwe. The grant targets youth, people living with HIV and AIDS, women and children. The programme will build upon the existing priority interventions that are being implemented within the National Strategic Framework with a focus on bringing the best practices to scale, as to curtail the estimated 40,000 new HIV infections occurring in adults and children, and bridging the gap to obtain universal access by scaling up antiretroviral therapy (ART) service delivery (including treatment of opportunistic infections). The grant will also contribute to reaching 71 per cent of national prevention of mother-to-child transmission (PMTCT) that targets pregnant women receiving more effective PMTCT.

Service delivery areas:

- Care and Support
  - Support for orphans and vulnerable children
  - ▷ Care and support for the chronically ill
- Prevention
  - Behavioural change communication community outreach
  - Behavioural change communication mass media
  - ▷ Counselling and testing
  - ▶ PMTCT
- Supportive Environment
  - Strengthening of civil society
  - ▶ Treatment
  - ▷ ARV treatment and monitoring
- HSS
  - Health workforce
- Other
  - Community outreach and schools
  - ▷ Collaborative activities: TB/HIV

#### Malaria: ZIM-M-UNDP - Zimbabwe

Grant Period from 01 Apr 2012 to 31 Dec 2014

No overview is provided on the official internet site.

Service delivery areas:

- Prevention
  - ▶ Indoor residual spraying/vector control
  - Insecticide-treated nets (ITNs)
  - ▶ Malaria in pregnancy
- ▶ Treatment
  - ▶ Diagnosis
  - Prompt, effective antimalarial treatment
- ▶ Other
  - Epidemic preparedness and response
  - ▷ Enhanced surveillance

<sup>1</sup> All information has been taken from the GF web site: http://portfolio.theglobalfund.org/en/Grant/List/ZWE

#### TB: ZIM-809-G12-T

Name: "Towards universal access: Improving accessibility to high quality directly observed treatment, short-course (DOTS) in Zimbabwe"

Grant Period from 01 Jan 2010 to 31 Dec 2014

TB is a major public health problem in Zimbabwe which ranks 20th on the list of 22 high-burden TB countries in the world. According to WHO's Global Tuberculosis Control Report 2008, Zimbabwe had an estimated 73,714 new TB cases in 2006, with an estimated incidence rate of 557 cases per 100,000 people. The overall goal of the programme is to further strengthen and expand the activities of the National Tuberculosis Programme by building on activities funded under the Round 5 grant and addressing some of the remaining identified gaps and weaknesses. The programme targets TB patients, people living with HIV and the at-risk populations. Activities include the improvement of diagnostic services through the strengthening and expansion of DOTS (the basic package that underpins the Stop TB Strategy), salary support and provision of incentives for the recruitment and retention of critical staff, and establishment and equipping of two peripheral microscopy centres per rural district. TB/HIV will be addressed through the recruitment of a focal person for training all national programme staff in the diagnosis of sputum smearnegative cases. People with TB and communities will be empowered by the development of a national policy, training and social mobilization.

#### Service delivery areas:

- Other
  - Procurement and supply management
  - Improving diagnosis
  - ▶ TB/HIV
  - ▶ MDR-TB
  - ACSM (Advocacy, communication and social mobilization)
  - ▶ High quality DOTS

#### Health Systems: ZIM-809-G14-S

Name: "Health Systems Strengthening Cross-Cutting Interventions":

Grant Period from 01 Jan 2010 to 31 Dec 2014

A decade of high inflation, severe economic decline and rising poverty led to the departure of skilled health staff and the deterioration of infrastructure, which have seriously compromised efforts by the government of Zimbabwe and its international partners to provide universal access to basic health services and to combat HIV, TB and malaria. The goal of the programme supported by this grant is to achieve a strengthened and more effective health delivery system through the retention of the health workforce, the strengthening of community health systems and the scale-up in community programmes for the three pandemics. In addition, this grant will support the integration of monitoring and evaluation systems for the three diseases in a strengthened national health information management system, and the communication and information technology support required.

Table 1 shows the management structure of the GF projects.

### Table 1: Management structure – GF projects

Position	Organization
Fund Portfolio Manager	GF
Country Coordination Mechanism	Country Coordination Mechanism (CCM) Zimbabwe (Chair: Ministry of Health and Child Welfare - MOHCW), National stakeholders and development partners
Principal Recipient	UNDP, Zimbabwe
Local Fund Agent	PriceWaterhouseCoopers, Zimbabwe

# **3** Background Information

#### **Key Country Data:**

Full Name: Republic of Zimbabwe Total Population (2012)\*: 13,724,000 Area\*\*: 390,757 sq km Life expectancy at birth m/f (years)(2011)\*: 53/55 Infant mortality rate (2012)\*\*: 26.55 deaths/1000 live births Hospital bed density (2009)\*\*: 1.7 beds/1000 population GDP - per capita (PPP)(2013 estimate)\*\*: \$ 600

The Republic of Zimbabwe<sup>2</sup> is a landlocked country in southern Africa, bordering Botswana, Mozambique, South Africa and Zambia. The Zambezi river forms a natural riverine boundary with Zambia. The climate is tropical, with a rainy season from November to March. Zimbabwe is divided into 8 provinces and 2 cities (Bulawayo, Harare) with provincial status. The HIV/ AIDS adult prevalence rate is 14.7 % (2012), the fifth highest in the world. TB and malaria are also widely spread. Accordingly, the GF is active in all three key areas.<sup>3</sup>

In the wake of Zimbabwe's economic crisis in 2009, UNDP was appointed as PR for all GF grants in the country, and additional safeguards were applied to these grants under the GF's Additional Safeguards Policy. As PR, UNDP supports national partners in the implementation of the grants, and the development of national capacity and strengthening of national systems. UNDP implements the grants through various sub-recipients (SRs) including government (Ministry of Health and Child Care—MOHCC—and National AIDS Council), civil society organizations and UN agencies. Large parts of procurements are done through international commercial long-term agreements and partnerships with UNICEF and UNFPA.

### 3.1 Assessment strategy

For carrying out the assessment, the consultant conducted a review of relevant and publicly available GF grant documents. The focus of the analysis included: waste streams, waste amounts, available treatment systems and disposal options in Zimbabwe, and the current procurement processes. Additionally, key project documents were provided by the UNDP country office in Zimbabwe.

After the review and analysis of the document, a desk review of the current HCW situation in Zimbabwe was carried out, which included the review of key

<sup>2</sup> All country data provided in this chapter are sourced from the following:

<sup>\*</sup> World Health Organization Country Data (http://www.who.int/countries/en/)

<sup>\*\*</sup> Central Intelligence Agency's The World Factbook (https://www.cia.gov/library/publications/the-world-factbook/geos/as.html) – current as accessed by the consultant in 2013 unless indicated

<sup>3</sup> For more information on Zimbabwe's ongoing grants, visit the following web site: http://portfolio.theglobalfund.org/en/Grant/List/ZWE

documents (e.g. national HCW management plan) and the review of relevant Acts and regulations. Based on these findings, a telephone conference with key stakeholders from the CCM, the MOHCC, UNDP and others was held to discuss open questions.



### Figure 1: Assessment methodology

# 3.2 Provided and reviewed project documents

The following documents were reviewed as part of the assessment:

### A) Downloads from GF webpage

- a. Grant Performance Report
- b. Amended and Restated Programme Grant Agreement 1

#### B) Project documents provided by the UNDP Office

- a. ZIM-809-G11-H
  - i. HIV original proposal
  - ii. Update of performance framework
  - iii. Full PSM Plan HIV
  - iv. HIV work plan and budget phase2
- b. ZIM-M-UNDP
  - i. Malaria original proposal
  - ii. Update of performance framework
  - iii. Full PSM plan malaria
  - iv. Single Stream Funding (SSF) malaria final DIP
- c. ZIM-809-G12-T
  - i. TB original proposal
  - ii. Implementation letter 11
  - iii. Full PSM plan TB
  - iv. TB interim funding Round 8
- d. ZIM-809-G14-S
  - i. HSS work plan and budget rev 2

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# 4 Legal Framework

### 4.1 International conventions

The assessment of relevant international conventions for HCW management showed that Zimbabwe recently (2012) acceded to the Basel Convention, the Rotterdam Convention and the Stockholm Convention. Zimbabwe is also a signatory of the new Minamata Convention (2013):

### Table 2: Status of ratification of international conventions

Name of convention	Status of ratification	Date
Basel Convention on the Control of Transboundary Movements of Hazardous Wastes and their Disposal: (UNEP 2003)	Accession http://www.basel.int/Countries/StatusofRatifications/ PartiesSignatories/tabid/1290/Default.aspx	01/03/2012
Rotterdam Convention on the Prior Informed Consent Procedure for Certain Hazardous Chemicals and Pesticides in International Trade	Accession http://www.pic.int/Countries/Statusofratifications/ tabid/1072/language/en-US/Default.aspx	01/03/2012
Vienna Convention for the Protection of the Ozone Layer and its Montreal Protocol on Substances that Deplete the Ozone Layer	Accession http://ozone.unep.org/new_site/en/treaty_ ratification_status.php?treaty_id=&country_ id=169&srchcrit=1&input=Display	Both on 03.11.1992
Stockholm Convention on Persistent Organic Pollutions (POPS), Stockholm	Accession http://chm.pops.int/Countries/StatusofRatifications/ tabid/252/Default.aspx	01/03/2012
Minamata Convention on Mercury (UNEP 2013)	Signature http://www.mercuryconvention.org/Countries/ tabid/3428/Default.aspx	11/10/2013

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# 4.2 National legal healthcare waste framework

The Public Health Act [Chapter 15:09] of 1996 forms the basis for healthcare and environmental health services. The National Health Policy forms the basis for this public Act. To achieve the goals of the Public Health Act, an environmental health policy has been drafted but is so far not finalized.

The legal framework for HCW management is based on the Environmental Management Act [Chapter 20:27] of 2002. This Act provides for the establishment of the National Environmental Council, the Environmental Management Agency, the Environment Management Board, the Standards and Enforcement Committee and the Environment Fund; the formulation of environmental quality standards and environmental plans; environmental impact assessments, audit and monitoring of projects; and other matters related to management and conservation of the environment.

The Act consists of 143 sections divided into 16 parts. The most relevant are:

- Environmental Management Agency (IV);
- Environment Fund (VIII);
- Environmental Quality Standards (IX);
- Environmental Plans (X);
- Environmental Impact Assessments Audit and Monitoring of Projects (XI);

A Standards and Enforcement Committee is established as a committee of the Board (sect. 55). The Standards and Enforcement Committee shall, in consultation with the Agency, advise the Board on water quality standards in accordance with section 56. The Committee shall also prescribe standards for air quality, waste, hazardous waste, pesticides and toxic substances, noise, and noxious smells. Every pesticide or toxic substance shall be registered under section 76. The Minister shall prepare a National Environmental Plan (sect. 87).

The Environmental Management Agency (EMA), which was established under this Act, is a statutory body responsible for ensuring the sustainable management of natural resources and the protection of the environment; the prevention of pollution and environmental degradation; and the preparation of national environmental plans for the management and protection of the environment (as requested in Section X of the Environmental Management Act).

EMA's environmental quality management unit has a mandate to enforce waste management regulations and implement and monitor waste management programmes. The agency promotes the participation of community-based organisations in solid waste management. EMA issued several regulations relevant to waste management:

- Effluent and Solid Waste Disposal Regulations SI 6, 2007
  - This instrument regulates the disposal of waste (solid waste and effluent), using the "polluter pays" principle.
- Hazardous Waste Management Regulations SI 10, 2007
  - This statutory instrument provides for the issuing of licenses for the generation, storage, use, recycling, treatment, transportation or disposal of hazardous waste for waste generators and waste handlers. Generators of hazardous waste are also required to prepare waste management plans and targets. This statutory instrument also regulates waste collection and management by local authorities. The importation and exportation of hazardous waste and waste soils is also regulated by this statutory instrument.
- Environmental and Natural Resources Management (hazardous substances, pesticides and other toxic substances) (Amendment) Regulation, 2011(No2).
  - Amendment of the Hazardous Substances, Pesticides and Toxic Substances Regulations SI 12, 2007.
- Air Pollution Control Regulations SI 72, 2009
  - The objective is to provide for prevention, control and abatement of air pollution to ensure clean and healthy ambient air. It provides for the establishment of emission standards for various sources such as mobile sources (e.g. motor vehicles) and stationary sources (e.g. industries) as outlined in the Air Pollution Control Regulations SI 72, 2009.

- Plastic Packaging and Plastic Bottles Regulations SI 98, 2010
- Importation and Transit of Hazardous Substances and Waste Regulations SI 77, 2009
  - The regulations place emphasis on waste minimization, cleaner production and segregation of waste at the source.

A special statutory instrument for HCW does not exist; however, a regulation has been drafted in the past. It is not known when this regulation will be finalized.

In 2011, the National Health Care Waste Management Plan for Zimbabwe was prepared. Among other issues, it addresses required equipment, training needs, monitoring and supervision. The plan is still under consideration and has not yet been implemented.

In 2012, the Zimbabwe Guidelines for Disposal of Expired and Obsolete Pharmaceutical Supplies were issued by MOHCW. The guidelines were adapted from WHO's "Guidelines for Safe Disposal of Unwanted Pharmaceuticals in and after Emergencies: Interagency Guidelines", Geneva 1999. It provides information on possible disposal methods and requests that, before destroying any expired medical supplies, approval must be sought from the appropriate authority, as outlined in the treasury instructions.

# 5 Assessment of the Healthcare Waste Situation

### 5.1 Input-output analysis

Based on the PSM Plan, an input and output analysis for each of the three programmes on HIV/AIDS, TB and malaria was conducted.

#### 5.1.1 ZIM-809-G11-H (HIV)

Zimbabwe's current national response to HIV is based on the Zimbabwe National AIDS Strategic Plan 2011–15. The plan was a product of a multi-stakeholder consultation process including government, civil society, the private sector, academia, faith groups, local communities, international agencies and development partners. The plan includes a number of detailed sub-components that relate to specific programming areas, such as antiretroviral therapy (ART), PMTCT and HIV testing.

The inputs of the Round 8, Phase 2 HIV/AIDS grant consist of pharmaceuticals (about US\$ 83 million), health products and commodities (about US\$ 21 million) and non-health products and services (about US\$ 3 million).

The pharmaceuticals consist mainly of ARV medicines such as zidovudine, lamivudine, efavirenz, nevirapine, abacavir, didanosine, stavudine, atazanavir, ritonavir, tenofovir, and fixed-dose combinations. The product selection is conducted by the National Medicines and Therapeutics Policy Advisory Committee that works through the MOHCC's Directorate of Pharmacy Services.

The non-pharmaceutical products consist of HIV test kits (screening tests and confirmatory tests) and the corresponding consumables, CD4, haematology,

viral load and other test reagents, other medical consumables such as gloves, lancets and related sundries, etc.

The non-health products consist mainly of stationary materials, electronics and IT equipment, as well as different print materials.

The expected waste output from the HIV/AIDS grant will be hazardous pharmaceutical waste (e.g. expired medicines) as well as non-hazardous pharmaceutical waste (e.g. packing materials, blister); infectious waste (e.g. blood contaminated swabs from testing procedures); sharp waste (e.g. used lancets); nonhazardous waste (from standard office operation); easily recyclable waste (e.g. packing and transportation materials such as cardboard boxes and pallets); and some more difficult to dispose of office waste such as old computers or cell phones (waste of electrical and electronic equipment – WEEE).

#### 5.1.2 ZIM-M-UNDP (Malaria)

In the malaria grant, the input of pharmaceuticals (total about US\$ 0.3 million) is low compared to the HIV/ AIDS grant. Health products and commodities (about US\$ 6.4 million) and health equipment (US\$ 1.4 million) are the major inputs. Input of non-health products and services are also low (about US\$ 0.3 million).

The pharmaceuticals consist mainly of antimalarial medicines (artemether and lumefantrine). The non-pharmaceutical products consist of Long Lasting Insecticidal Nets (LLINs), pyrethroids<sup>4</sup> and rapid diagnostic tests (RDTs) for malaria. The health equipment consists of Hudson sprayer pumps and protective clothing for the spraying of the insecticides.

<sup>4</sup> Pyrethroids are synthetic chemical insecticides whose chemical structures are adapted from the chemical structures of the pyrethrins = botanical insecticides derived from chrysanthemum flowers. Pyrethroids are less toxic than organophosphate pesticides, but runoff liquids from spraying may expose aquatic life to harmful levels in water and sediment.



Indoor residual spraying team packs it's gear. © UNDP (Sammy Mwiti)

The non-health products consist mainly of stationary materials as well as different printing materials. DDT pesticide will be used as flow over from 2013 activities.

The expected output from the malaria grant will be mainly non-hazardous pharmaceutical waste (artemisinin-based combination therapies are normally considered as non-hazardous) and some amounts of hazardous pharmaceutical waste. The main problematic waste streams will be chemical waste, which will include used packing materials of LLINs, old and damaged LLINs, residues from DDT and pyrethroids spraying including liquid waste (left overs, spillages) and solid waste (empty packaging, damaged packages).

#### 5.1.3 ZIM-809-G12-T (Tuberculosis)

Inputs consist of pharmaceuticals (total about US\$ 7 million), health products and commodities (about US\$ 1 million), health equipment (about US\$ 1 million) and non-health products and services (about US\$ 1 million).

The pharmaceuticals mainly consist of anti-TB medicines such as ethambutol, streptomycin, isoniazid, pyrazinamide, rifampicin, kanamycin, levofloxacin and others. The non-pharmaceutical health products mainly include kits and reagents of different laboratory tests and other consumables for TB tests. The health equipment consists of mobile digital x-ray units, refrigerators and audiometry machines. The non-health products consist mainly of stationary materials, electronics and IT equipment and different print materials. The expected waste outputs from the TB grant will be similar to the HIV/AIDS grant and will include hazardous pharmaceutical waste (e.g. expired anti-TB drugs) as well as non-hazardous pharmaceutical waste (e.g. packing materials, blister), but will include higher amounts of infectious waste (e.g. sputum containers, microbiological research), some sharp waste (e.g. used lancets), non-hazardous waste (from standard office operation) and easily recyclable waste (e.g. packing and transportation materials such as cardboard boxes and pallets).

#### 5.1.4 ZIM-809-G14-S (Health System Strengthening)

The input from the grant is mainly administrative the majority of the funds will be used for the payment of allowances of the retention scheme and the accompanied administrative costs (about US\$ 30.5 million). Other input will include the financing of office operation, provision of uniforms, printing of training materials and carrying out of trainings.

The expected waste outputs from the health system strengthening activities will be mainly non-hazardous office waste (paper for recycling, other non-hazardous office waste) and minor amounts of hazardous waste (toner, used batteries, WEEE, etc.).

# 5.2 Generated and expected waste quantities

The current waste management system of the GF grants only partly allows for the separate registration and measuring of the generated waste quantities. The available input data are not sufficient to make precise quantitative estimates of the waste streams. Following the input / output principle, a rough estimation of expected waste amounts could be done. Non-pharmaceutical hazardous waste is generally disposed of together with other hazardous waste by the waste-generating facility using disposal systems set up by different donors, such as UNICEF. The generated waste amounts are therefore unknown. At the warehouses and offices, so far no waste management and reporting system has been introduced, and the generated waste amounts are also unknown. For pharmaceutical waste, it is expected that, on average, 2 to 5 % of the purchased medicines will become waste due to transportation and storage accidents, expiration or other circumstances.

### 5.3 Current waste management procedures within the GF programme

The different GF grant programmes in Zimbabwe are in the process of introducing improved waste management procedures. During the design and planning of the programmes, no specific environmental safeguarding policies were followed, or even requested, by the GF. The GF itself does not have an environmental safeguarding policy, and interventions ensuring the adequate management of waste generated through the GF grants are not systematically reviewed by the Technical Review Panel of the GF, and are also not mandatory for grant approval. Within the programmes, generated waste was planned to be disposed of using the existing disposal structure. The implementation of monitoring instruments and procedures was planned at a later stage. Separate waste collection processes for the grants were not included. For waste management operations, only limited amounts of consumables and equipment were included in the on-going grants, mainly consisting of sharp containers, bins and plastic liners, and some coverage of disposal costs.

The only exemption was the disposal of waste contaminated with DDT. Here, special disposal arrangements were made with a contractor, which included the provision of suitable plastic drums for temporary storage of DDT liquid waste, as well as adequate plastic sheeting to be used in the field to prevent environmental contamination during the cleansing of sprayers. The supplier was required to provide disposable bags which were to be used for temporary storage of DDT solid waste before incineration; the supplier was requested to organize the incineration. Monitoring of this contracted procedure has so far not been carried out.



Upper: Destruction of healthcare waste in brick-made incinerator. Lower: Waste workers with PPE. ©UNDP (Sammy Mwiti)

For the near future, there is a plan to set up two centralized waste incinerator systems for the safe disposal and treatment of hazardous pharmaceutical waste. These incinerator systems will be located at the premises of the National Pharmaceutical Company of Zimbabwe (NatPharm) and will most likely be operated by NatPharm. Management systems for the waste from warehouses and office operations do so far not exist. For the disposal of WEEE, the locally present system is used; however, it is limited and mainly consists of a basic collection and informal recycling sector. Cooperation for the disposal of waste is arranged with some other donors. The existent HCW management plan, which was set up within the "Health Results Based Financing Project"<sup>5</sup>, has so far not been included in the long-term planning process of the GF programme in Zimbabwe.

 $<sup>5 \</sup>quad http://documents.worldbank.org/curated/en/2011/04/14256625/zimbabwe-health-results-based-financing-project-environmental-assessment-vol-1-2-action-planetic-environmental-assessment$ 

# 5.4 Current healthcare waste disposal practices in Zimbabwe

The management of HCW in Zimbabwe faces several challenges that require urgent attention. On April 26th, 2014, the Zimbabwe Mail reported: "Almost all of the incinerators at both the public and private clinics, hospitals, uniformed forces institutions and other medical institutions are reportedly dysfunctional. Some institutions do not have the facility completely."

This situation was unearthed at a national meeting held in Harare. Senior medical officials drawn from all over the country noted with concern how the population was exposed to environmental hazards and how difficult it has become to contain public uproar and accusations of poor HCW management and lack of responsibility.<sup>6</sup> According to WHO, over 90 % of health institutions in Zimbabwe have a waste crisis and action is urgently required, including waste reduction and recycling options.

In 2011, the national HCW management plan was developed. An earlier assessment<sup>7</sup> showed that:

- Training in HCW management was lacking at all levels of health services.
- Segregation of HCW was generally good at bigger institutions.
- Colour coding is critical in the proper handling of HCW waste, and this was found to be lacking except at one big private institution.
- Storage areas were provided at big and medium institutions but there was inadequate security resulting in dogs, donkeys, children and vultures accessing untreated HCW.
- Inappropriate transport arrangements for waste disposal were observed at medium and small institutions.
- Lack of functional incinerators at all public big, medium and small institutions compromises the proper treatment of HCW.

Reasons for the non-functionality of the incinerators ranged from the lack of availability of fuel, wrong technical specifications, the lack of funding, improper management and poor supervision.

The HCW management plan highlights that most waste treatment facilities are not efficiently operating; that the HCW management system has not been institutionalised and is rather informal; that the private sector is generally not involved in the HCW management area; and re-confirms that action is urgently need to bring the HCW management crisis under control.

Typical healthcare practices currently applied include:

- Waste segregation: in most healthcare facilities, separation of sharps and other waste takes place. Also, in some facilities, the remaining waste is separated into infectious and non-infectious waste. A further segregation into pharmaceutical waste, chemical waste and other waste streams does not take place.
- Temporary storage: Waste storage facilities are limited and, if existent, often unsecured and of low quality.
- Waste treatment and disposal: While non-hazardous waste is typically landfilled or burnt in open pits, infectious waste is partly incinerated (if incineration facilities exist), or is disposed of in lined pits.

Based on the existing information, the HCW management system in Zimbabwe is in early stages of development and clearly needs further improvement. Key stakeholders are aware of the problem. Workshops and meetings are held to address the challenges, and the public is sensitized by the media.

<sup>6</sup> http://www.thezimmail.co.zw/2014/04/26/countrys-incinerators-defunct/

<sup>7</sup> G.T Mangwadu - Rapid Assessment of HCWM (2007), Environmental Health Services MOHCW

# 6 Findings & Recommendations

# 6.1 Recommendations, generally applicable to all GF-financed health programmes

# a) Integrate and harmonize HCW management activities

**Current situation:** The UNDP as PR recognizes the importance of the safe and correct disposal of waste materials generated during the execution of the GF grants, and plans different measures to reduce possible impacts.

**Justification/impact:** Following the "polluter pays" principle, the GF grants, with the UNDP as the PR, have certain responsibilities to ensure that waste generated during the execution of the grants is managed under consideration of national and international environmental laws, regulations and guidelines.

**Recommended activities:** Include interventions with adequate budgets in GF grants, which will ensure quality HCW management for waste produced under the GF programmes following national and international laws, regulations, and standard guidelines. Environmental safeguard policies of the GF, PRs and SRs should be introduced or reviewed to be fit for purpose. HCW management should be included in HSS components of the grants as required in order to address structural and procedural deficits of national HCW management systems together with other development partners under the lead of the MOHCW. The establishment of a national HCW management working group is recommended.

### b) Use quality assurance/quality control (QA/QC) funds to solve environmental problems

Current situation: QA/QC is the combination of quality assurance (the process to measure and assure the quality of a provided service) and quality control (the process of meeting products and services to client expectation). A general expectation of GF grants is not to harm the public and the environment. Based on this, funds of the QA/QC are planned to be used in Zimbabwe to finance the establishment of central pharmaceutical waste destruction centres. The safe destruction of unwanted or expired pharmaceuticals will benefit the public as well as the environment. In the malaria grant, the estimated budget needed for QA/QC is 2 % (for ACTS) and 8 % (for pyrethroids) of the cost of the goods (total about US\$ 0.2 million for the entire grant). The QA/QC funds will only partly be used for waste activities.

**Justification/impact:** Without financial support, the establishment and operation of new HCW infrastructure will not be possible. The usage of the funds will solve the problem of expired or unwanted pharmaceuticals in Zimbabwe. If resources are missing or if disposal possibilities are missing, this might result in the inadequate, unsafe and environmentally risky disposal of this waste.

**Recommended activities:** Use QA/QC funds to improve environmental safeguarding standards as an innovative strategy. A budget increase for QA/QC may be required.

 c) Include disposable products for waste collection (waste bags, sharp containers, etc.)
Current situation: In the projects, often only limited amounts of sharp containers for the collection of syringes and for the collection of infectious waste (e.g. strong yellow bags) or household waste (e.g. black bags) are supplied.

**Justification/impact:** As bags are missing, infectious waste, such as used swabs, is either disposed of in sharp containers, or in self-procured bags which sometimes do not fulfil quality requirements, or is collected without bags. This results in a faster filling of sharp containers, and in hygiene risks during waste collection.

**Recommended activities:** Include a supply of waste bags in sufficient quantities for infectious waste and normal waste in GF health programmes.

### d) Strengthen cooperation with the private sector, and include budgets for the disposal of waste, allowing outsourcing from the public sector

**Current situation:** Public systems for the disposal of hazardous and non-hazardous waste do not exist in all regions. Waste producers such as healthcare facilities often depend on private entities or persons to pick up and dispose of generated waste.

**Justification/impact:** Without an existing budget, waste disposal services cannot be outsourced and public sector waste producers may have problems with disposing of waste in a safe manner.

**Recommended activities:** Include a budget for the outsourcing of waste disposal as needed.

e) Develop warehouse waste management plans Current situation: Waste management plans for warehouses, including practical and safety instructions (such as spillage plans, etc.), do not exist.

**Justification/impact:** Warehouses create large amount of packing waste (e.g. transport packing, etc.) which should be adequately managed. Stored materials include hazardous and non-hazardous materials, and procedures should be available for expired and/or damaged materials, waste from spillages, etc.

**Recommended activities:** Ensure the development and implementation of waste management plans for the operation of warehouses.

# f) Strengthen recycling and the reuse of waste at warehouses

**Current situation:** Systems to collect, reuse or recycle waste at warehouses are not officially implemented.

**Justification/impact:** Warehouses create large amounts of waste which can be recycled, including cardboard and plastics.

**Recommended activities:** Establish at least a basic recycling programme at all warehouses and report the amount and types of recycled materials.

### g) Develop a waste management plan for office operation, including car maintenance

**Current situation:** The programme offices do not have a waste management system. All generated waste is disposed of via the normal household waste system.

**Justification/impact:** The operation of the offices creates waste which could be recycled (e.g. paper waste, etc.) but also waste with potential environmental impact such as used oil from car maintenance, or old or damaged electrical or electronic equipment, including batteries (WEEE).

**Recommended activities:** Introduce basic standard operating procedures (SOPs) for the environmentally friendly operation of project offices.

### 6.2 Recommendations for the GF programme addressing the country-specific context in Zimbabwe

### a) Develop a system for the collection and disposal of LLINs and LLINs packing materials

**Current situation:** One of the key methods to prevent malaria used in the GF grant projects is the distribution of LLINs. LLINs, which have an estimated lifespan of three to five years or twenty washes, have an average weight of about 0.5 kg per piece.

Justification/impact: The distribution of LLINs generates two waste streams. During distribution, packing materials become waste. As the primary packing material was in contact with the pesticides, these bags are classified as "empty pesticide containers" and require special treatment. At the end of their lifespan, the old nets have to be disposed of. They consist of three materials: net, insecticide and the binding process. As the remaining insecticides are typically toxic for aquatic life, it is recommended to collect and dispose of the nets in a safe way after usage.

**Recommended activities:** Support the establishment of a MOHCW-coordinated nationwide system for the collection of primary packing materials of LLINs and used LLINs in cooperation with other stakeholders. Assess whether local recycling of the primary packing is feasible.

### b) Develop a system for the collection and disposal of hazardous waste generated during indoor residual spraying

**Current situation:** Indoor residual spraying is the process of spraying the inside of dwellings with an insecticide to kill mosquitoes that spread malaria. While some DDT is still used in the GF grant projects, new procurement will concentrate on pyrethroids. Both are considered as moderately hazardous substances.

**Justification/impact:** During the preparations and the application of indoor residual spraying, waste such as contaminated packing materials, packages broken during transport, contaminated personal protection equipment, spillages, etc. will be generated. A system should be in place to ensure the safe disposal of the generated hazardous waste.

**Recommended activities:** Develop a disposal strategy addressing the collection and disposal of hazardous waste from indoor residual spraying during all process steps – from storage, to distribution, to the final usage of the insecticides.

### c) Ensure the safe disposal of potentially infectious healthcare waste, especially sharp waste

**Current situation:** All GF grants will produce HCW during the testing as well as the treatment of patients. Of particular relevance to risk control and occupational health are sharp items, such as used needles and lancets. Currently, this waste is disposed by using collection means supplied from other projects and donors (e.g. UNICEF).

**Justification/impact:** The safe disposal of hazardous infectious waste depends on factors currently out of the control of the GF grant projects. External changes such as the stop of certain projects might result in the future unsafe disposal of waste.

**Recommended activities:** Provide GF health service providers under the GF programmes with sufficient funds to enable them to set up solutions for the collection and disposal of infectious waste.

# d) Integrate the planned disposal system for pharmaceutical waste

**Current situation:** There is a plan to establish disposal facilities for the destruction of pharmaceutical waste.

**Justification/impact:** Previous projects showed that disposal facilities are often not operating successfully and/or are under-utilised. Problems exist especially with the reverse logistic system of pharmaceutical waste and in the financing of running costs.

**Recommended activities:** Consider the operation of the system by private operators under defined and well-monitored quality standards, and allow and support the destruction of other hazardous materials in the same disposal facilities as appropriate.

# 7 Annexes

# 7.1 Input analysis

### HIV/AIDS grant:

### A) Pharmaceutical product

Type of antiretroviral medicines	Strength
Zidovudine 300mg tabs/PAC-60	300 mg
Lamivudine 150mg + Zidovudine 300mg tab/PAC-60	150 mg + 300 mg
Efavirenz 600mg + Lamivudine 300mg + Tenofovir 300mg tabs/PAC-30	600 mg + 300mg+300 mg
Abacavir 300mg tabs/PAC-60	300 mg
Didanosine 250mg EC caps/PAC-30	250 mg
Didanosine 400mg EC caps/PAC-30	400 mg
Efavirenz 600mg tabs/PAC-30	600 mg
Lamivudine 150mg + Stavudine 30mg tab/PAC-60	150 mg + 30 mg
Lamivudine 150mg + Nevirapine 200mg + Stavudine 30mg tab/PAC-60	150 mg + 200 mg + 30 mg
Lamivudine 150mg + Nevirapine 200mg + Zidovudine 300mg tab/PAC-60	150 mg + 200 mg + 300 mg
Lopinavir 200mg + Ritonavir 50mg tab/PAC-120	200 mg + 50 mg
Tenofovir/Lamivudine + Nevirapine 300+300+200mg tab/3X10 blister pack	300 mg + 300+200 mg
Tenofovir 300mg + Lamuvidine 300mg tab/PAC-30	300 mg + 300 mg
Nevirapine 200mg tab/PAC-60	200mg
Atazanavir/Ritonavir 300/100mg tab/PAC-30	300 mg + 100 mg
Isoniazid 100 mg tablets, breakable pack of 10 strips of 10 blistered tablets	100 mg
Pyridoxine 25mg tab/Tin-100	25 mg

### B) Non-pharmaceutical health products

Rapid diagnostic kits	HIV Test Kit - Screening Test		
	HIV Test Kit - Confirming Test		
	Consumables for Confirming Test		
All other health products	Medical consumable units (comprising gloves, lancets and related sundries)		
All other diagnostic products, supplies and	CD4 reagents for new patients & patients continuing on ART (5 or 10 % wastage) + Service & maintenance of CD4 machines procured under GF 1, 5 and 8		
equipment	Haematology reagents for new pts & those continuing ART + service & maintenance of haematology machines procured under GF 1, 5 and 8		
	Clinical chemistry reagents + service & maintenance of chemistry machines procured under GF 1, 5 and 8		
	viral load reagents (consider providing VL tests to at least 50 % of pts on ART, twice a year)		
	Reagents for coagulation studies for Parirenyatwa and Mpilo hospitals + service & maintenance of existing coagulation machines		
	HIV DNA PCR reagent kits for PMTCT settings at the comprehensive sites + service & maintenance of existing PCR machines not under warranty		
	Service & maintenance of existing gene sequencing machines not under warranty procured under GF 1, 5 and 8		

### TB grant:

### A) Pharmaceutical products

Type of antituberculosis medicines	Strength
Ethambutol tab	100mg
Streptomycin vial	1g
Ethambutol tab	400mg
Isoniazid tab	100mg
Pyrazinamide tab	500mg
Rifampicin oral suspension	20mg/ml
Rifampicin tab	150mg
Isoniazid + Rifampicin tab	30;60
Isoniazid + Rifampicin tab	75;150
Ethambutol + Isoniazid + Rifampicin tab	75;150;275
Isoniazid + Rifampicin + Pyrazinamide tab	30;60;150
Ethambutol + Isoniazid + Pyrazinamide + Rifampicin tab	75;150;275;400
Kanamycin vial	1g
Levofloxacin tab	500mg
Ethionamide tab	250mg
Cycloserine cap	250mg
Pyrazinamide tab	400mg
Para-aminosalicylic acid	4g
Capreomycin Injection	1g
Amoxycillin + Clavulanic acid	500mg + 125mg
Moxifloxacin	400mg
Clofazamine	100mg

### B) Non-pharmaceutical health products

Health products and commodities	GDF consumables kits (1000 tests per kit)
commodities	GDF sputum container kits (1000 containers per kit)
	Reagents for auramine staining (kit)
	MGIT lab reagents
	MTBDRplus kits for Hain equipment for 2nd line drugs
	GenoType® MTBDRsI kits for Hain equipment for 1st line drugs
	GenoType® mycobacterium CM/AS kits for Hain equipment for 2nd line drugs
	Powdered latex gloves, box of 100
	HIV Elisa test kits
	Microlitre plates, pack for 1000 tests
	CryoTubes™, pack for 1000 tests
	PBS, 1 litre
	Tips 200µl
	Laboratory disinfectants, 20 l bottle
	Calibration and maintenance contracts for 50 x Gene Xpert machines
	Additional Consumables to Support TB Prevalence Survey (details TB Prevalence Survey Worksheet)
	Xpert MTB/RIF test cartridges for the TB DRS
	BD Falcon™ Conical Tubes 50 mL, flat-top screw cap, rack included, Box of 500 tubes for the TB DRS
	Ice packs for medical carrier boxes for the TB DRS
	Personal protective devices (PPD)/respirators (N95 masks) for staff in MDR wards
	Traditional molded and foldable type NIOSH N95 masks/respirators (in equal split of quantity)
	Universal bottles for ⊔ slopes for the TB DRS, 144 bottles/box
	Cetylpyridinium chloride (CPC) 500g per bottle for the TB Drug resistance
	Centrifuge adapter for 50 mL Falcon tubes for the TB Drug resistance

Health equipment	BD BACTECTM MGITTM 960 System including accessories and support
	Ultralow temperature freezer
	Refrigerator (laboratory general purpose)
	Double Heating Block 200 deg C
	Hain GenoType® MTBDRplus set (for rapid molecular diagnostic for MDR-TB laboratory) for NMRL
	Mobile fitted digital x-ray vehicles
	Central archive for the Mobile fitted digital x-ray vehicles
	Portable x-ray unit for survey back-up
	Bench-top micro centrifuge + angle rotor 24-place
	Audiometry machine
	Hearing aids for patients
	Fit test machine
	Fit testing equipment

### C) Non-health products and services

Equipments and	Vehicles to support field work		
commodities	9kvA diesel generators 3 phase		
	Motorcycles for 10 provinces for enable monitoring and coordination of TB activities		
	Personal Digital Assistants		
	Cell phones and chargers		
	Internet dongles		
	Laptops for data entry, analysis and transmission		
	Network Printer		
	Laboratory log books		
Services	Printing of TB DRS Protocol data collection forms		
	Printing (SOPs, guidelines, etc.)		
	Service and maintenance contracts for different machines and equipment		

### Malaria grant:

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### A) Pharmaceutical product

Type of medicines	Strength
Artemether + Lumefantrine	20mg+120mg

### B) Non-pharmaceutical health products

Rapid diagnostic kits	Malaria Ag Pf/Pan Point Of Care Test Kit
	Paracheck Pf Rapid Test device
	First Response Malaria Ag Combo Test Kit
Indoor residual spraying chemicals	Pyrethroids
	DDT 75% WP
Vector Control	Insecticide susceptibility monitoring
	Bioassay kits
	Hudson sprayer pumps and spare parts
	Personal protective equipment and clothing
	LLINs

### 7.2 Participants in the stakeholder interviews

Organization	Name	Title
MOHCW	Dr. Celestino Basera	GF Grants Coordinator
МОНСЖ	Forward Mudzimu	Deputy Director Pharmacy, Logistics & Research
МОНСС	Victor Nyamandi	
MOHCW	Stanford Mashaire	National Malaria Control Program
МОНСЖ	Goldberg Mangwadu	Environmental Health Department
UNDP	Guy Rino Meyers	Advisor, GF Partnership
UNDP	Elliman Jagne	Operations Manager
UNDP	Sifiso Moyo	Procurement and Supplies Management (PSM) Manager
UNDP	Adam Valois	PSM Consultant
UNDP	John Macauley	Regional Programme Specialist
ETLog	Jan-Gerd Kühling	Environmental Consultant





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