## Steps to put on personal protective equipment (PPE) including gown

**1** Remove all personal items (jewelry, watches, cell phones, pens, etc.)



**2** Put on scrub suit and rubber **boots**<sup>1</sup> in the changing room.



7 Put on gloves (examination, nitrile gloves).



- **3** Move to the clean area at the entrance of the isolation unit.
- **4** By visual inspection, ensure that all sizes of the PPE set are correct and the quality is appropriate.
- **5** Undertake the procedure of putting on PPE under the guidance and supervision of a trained observer (colleague).
- 8 Put on disposable gown

made of fabric that is tested for resistance to penetration by blood or body fluids **OR** to blood-borne pathogens.

## 6 Perform hand hygiene.



9 Put on face mask.



**10** Put on face shield OR goggles.



**11** Put on head and neck covering surgical bonnet covering neck and sides of the head (preferable with face shield) OR hood.



12 Put on disposable waterproof apron



13 Put on second pair of (preferably long cuff) gloves over the cuff.



1 If boots are not available, use closed shoes (slip-ons without shoelaces and fully covering the dorsum of the foot and ankles) and shoe covers (nonslip and preferably impermeable)



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