## Steps to put on personal protective equipment (PPE) including coverall

**1** Remove all personal items (jewelry, watches, cell phones, pens, etc.)





8 Put on

- **3** Move to the clean area at the entrance of the isolation unit.
- **4** By visual inspection, ensure that all sizes of the PPE set are correct and the quality is appropriate.
- **5** Undertake the procedure of putting on PPE under the guidance and supervision of a trained observer (colleague).

**6** Perform hand hygiene.



7 Put on gloves (examination, nitrile gloves).







9 Put on face mask.



**10** Put on face shield OR goggles.



**11** Put on head and neck covering surgical bonnet covering neck and sides of the head (preferable with face shield) OR hood.



1 If boots are not available, use closed shoes (slip-ons without shoelaces and fully covering the dorsum of the foot and ankles) and shoe covers (nonslip and preferably impermeable)

2 Do not use adhesive tape to attach the gloves. If the gloves or the coverall sleeves are not long enough, make a thumb (or middle finger) hole in the coverall sleeve to ensure that your forearm is not exposed when making wide movements. Some coverall models have finger loops attached to sleeves.



## 13 Put on second pair of (preferably long cuff)<sup>2</sup> gloves over the cuff.



## 12 Put on disposable waterproof apron

(if not available, use heavy duty, reusable waterproof apron).

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