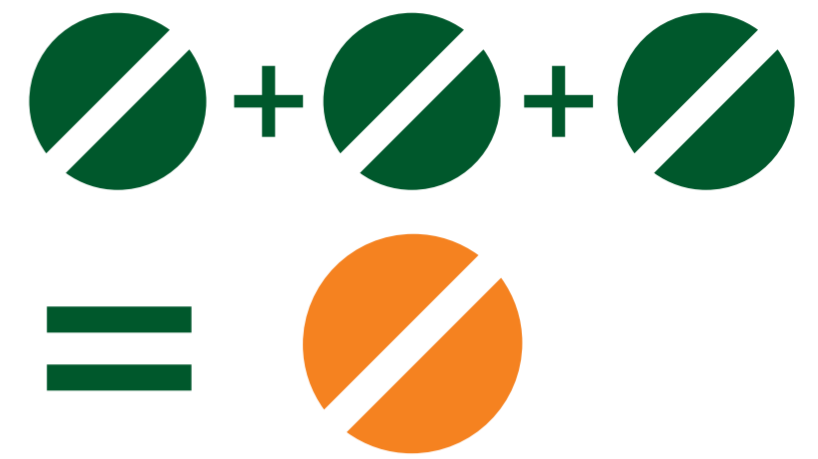


FIXED-DOSE COMBINATION (FDC) ANTIRETROVIRALS

WHAT ARE FIXED-DOSE COMBINATION ANTIRETROVIRALS?

- Fixed-dose combination is a combination of two or more ARV drugs in one pill
- The FDC ARV that will be rolled out in South Africa is **one ARV pill** which contains **three drugs**: tenofovir (TDF), emtricitabine (FTC) and efavirenz (EFV)
- The combined one pill ARV has the same effect as taking the three ARVs as separate pills.



WHAT ARE THE BENEFITS OF THE ONE ARV PILL?

- Simple and easy to remember
- Take one ARV pill once a day
- It will reduce the number of tablets you take a day to one ARV pill
- The one ARV pill works the same as taking three ARV pills



HOW WILL YOU TAKE THE ONE ARV PILL IF YOU NEED TO TAKE ARVs?

- You take one ARV pill once a day
- You will take the one ARV pill at the same time every day
- If you forget to take your one ARV pill you must take it even if it is later in the day
- Take your one ARV pill after food
- Do not miss or stop taking your treatment
- If you have any problems with your treatment report to the clinic as soon as possible



WHO WILL GET THE ONE ARV PILL?

- New patients who need ARVs
- Pregnant women that are HIV positive
- HIV positive women who are breastfeeding
- Over a time all patients that can take the one ARV pill will receive it after they have been assessed



SOME HIV-POSITIVE PERSONS MAY NOT BE ABLE TO TAKE THE ONE ARV PILL BECAUSE OF A MEDICAL CONDITION



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