# Country profile Nepal

#### WHO Framework Convention on Tobacco Control (WHO FCTC) status

Date of signature	3 December 2003
Date of ratification (or legal equivalent)	7 November 2006

#### Socioeconomic context

Population	28 850 717
Income group	Low-income

#### National tobacco control programme as at 31 December 2016

<u> </u>	
Specific national government objectives in tobacco control	Yes
National agency or technical unit for tobacco control	Yes
Number of full-time equivalent staff	7
Government's expenditures on tobacco control, latest available year (2016), in currency reported by country	NPR 5 000 000

#### **Summary of MPOWER measures**

M	Р	0	V	V	Е		R
MONITORING	SMOKE-FREE POLICIES	CESSATION PROGRAMMES	HEALTH WARNINGS	MASS MEDIA	ADVERTISING BANS	TAXATION	CIGARETTES LESS AFFORDABLE SINCE 2008
							$\leftrightarrow$

The legend explaining the colours in this table appears at the end of this document.

The methods used to derive all data in this profile are described in the technical notes of the WHO report on the global tobacco epidemic, 2017.

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# Monitor tobacco use and prevention policies

#### Prevalence of tobacco use

#### Tobacco use data from the latest survey results as at 31 December 2016

	Youth tol	n tobacco use Adult tobacco smoking Adult cigarette sr		Adult tobacco smoking		tte smoking
Prevalence (%)	Current tobacco use	Current cigarette smoking	Current	Daily	Current	Daily
Male	9.5	6.8	27.0	22.2	26.9	22.2
Female	4.8	3.0	10.3	9.6	10.1	9.4
Total	7.2	5.0	18.5	15.8	18.3	15.7

Youth: Global School-Based Student Health Survey, 2015; National, ages 13-15

Adult: STEPS Survey, 2012-13; National, ages 15-69

#### Smokeless tobacco use data from the latest survey results as at 31 December 2016

	Youth smokeless use	Adult smokeless use
Prevalence (%)	Current smokeless tobacco use	Current smokeless tobacco use
Male	19.7	31.1
Female	12.9	4.8
Total	16.2	17.8

Youth: Global Youth Tobacco Survey, 2011; National, ages 13-15

Adult: STEPS Survey, 2012-13; National, ages 15-69

#### WHO age-standardized estimated prevalence of smoking among those aged 15 years or more: Year 2015

These rates are modelled using all national survey data published since 1990 to estimate the underlying prevalence trends by sex, then applying age-standardization to allow comparison with other countries. They do not necessarily resemble country data from 2015. See the report for further details.

Prevelence (9/)	Any smok	Any smoked tobacco		
Prevalence (%)	Current	Daily	Current	Daily
Male	38.0	28.1	32.3	26.7
Female	10.3	8.3	9.1	7.4
Both sexes	23.4	17.6	20.0	16.5

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#### **Smoke-free environments**

Silloke-free environments				
	2016	Compliance 2016 §		
Complete* smoke-free laws exist in the following places:				
Health-care facilities	Yes			
Educational facilities except universities	Yes			
Universities	Yes			
Government facilities	Yes			
Indoor offices and workplaces	Yes			
Restaurants	Yes			
Cafés, pubs and bars	Yes			
Public transport	Yes			
All other public places	No			
Compliance score §				
National law requires fines for smoking	Yes			
Fines levied on the establishment	No			
Fines levied on the smoker	Yes			
Funds dedicated for enforcement	Yes			
Complaint system that requires an investigation after a complaint	Yes			

<sup>\*&</sup>quot;Complete" is used in this report to mean that smoking is not permitted, with no exemptions allowed, except in residences and indoor places that serve as equivalents to long-term residential facilities, such as prisons and long-term health and social care facilities such as psychiatric units and nursing homes. Ventilation and any form of designated smoking rooms and/or areas do not protect from the harms of second-hand tobacco smoke, and the only laws that provide protection are those that result in the complete absence of smoking in all public places.

#### Subnational laws on smoke-free environments

All subnational jurisdictions are covered by national legislation at the highest level of achievement.

 $<sup>\</sup>S$  A score of 0-10. Scores of 8 and above will be described in the report as high compliance, scores of 5 to 7 as medium compliance and scores below 5 as low compliance.

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# **Offer** help to quit tobacco use

#### Treatment of tobacco dependence as at 31 December 2016

- ◆ These data are sourced from the COP report, where one was submitted by the country.
- + These data are partially sourced from the COP report, where one was submitted by the country.

Where no data are available, the table shows ". . .". Where data were not required, the table shows "-".

		2016
Is there a toll-free telep discuss cessation with c	hone quit line/help line with a live person available to allers in Nepal?	No
	Is this product legally sold in the country? ◆	No
Nicotine replacement therapy (NRT, e.g.,	Where and how can this product be legally purchased in your country?	_
patch, gum, lozenge, spray or inhaler)	Does the national/federal health insurance or the national health service cover the cost of this product? ◆	_
	Is any NRT on the country's essential drugs list?	No
	Is this product legally sold in your country? ◆	No
Bupropion (e.g., Zyban, Wellbutrin)	Where and how can this product be legally purchased in your country?	_
Zyban, wenbutrin	Does the national/federal health insurance or the national health service cover the cost of this product? ◆	_
Varenicline	Is this product legally sold in your country? ◆	No
	Where and how can this product be legally purchased in your country?	_
	Does the national/federal health insurance or the national health service cover the cost of this product? ◆	_
	Health clinics or other primary care facilities +	Yes in some
Is smoking cessation	Hospitals +	Yes in some
support available in the following places in	Office of a health professional +	No
your country?	In the community	No
	Other +	No
Does the	Health clinics or other primary care facilities ◆	No
national/federal health insurance or the national health	Hospitals ◆	Fully
	Office of a health professional ◆	_
service cover the cost	In the community	_
of this support?	Other +	_

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# **\*•Warn** about the dangers of tobacco

#### **Health warnings on tobacco packages**

ricaitii wariiiigs oii tobacco packages		2016	
		2016	
	Cigarettes	Other smoked tobacco	Smokeless tobacco
Does the law mandate that health warnings appear on tobacco packages?	Yes	Yes	Yes
What percentage of the principal display areas of the package is legally mandated to be covered by health warnings? FRONT AND REAR COMBINED	90	90	90
What percentage of the principal display areas of the FRONT of the package is legally mandated to be covered by health warnings?	90	90	90
What percentage of the principal display areas of the REAR of the package is legally mandated to be covered by health warnings?	90	90	90
Does the law mandate that the warning be placed at the top of the principle display areas of the package?	Yes	Yes	Yes
Does the law mandate font style, font size and colour for package warnings?	Yes	Yes	Yes
Are the health warnings rotating on packages?	Yes	Yes	Yes
Are the health warnings on packages written in the principal language(s) of the country?	Yes	Yes	Yes
Does the law require that health warnings on packages are not obscured in any way, including by required markings such as tax stamps?	Yes	Yes	Yes
Do the health warnings on packages include a photograph or graphic?	Yes	Yes	Yes
Do health warnings appear on each package and any outside packaging and labelling used in the retail sale?	Yes	Yes	Yes
Does the law on health warnings apply to products whether manufactured domestically, imported, AND for duty-free sale?	Yes	Yes	Yes
Does the law state that warnings on packages do not remove or diminish the liability of the tobacco industry?	No	No	No
Do health warnings on packages describe the harmful effects of tobacco use on health?	Yes	Yes	Yes
Does the law mandate specific health warnings on packages?	Yes	Yes	Yes
How many specific health warnings are approved by the law?	5	2	2

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## **Health warnings on tobacco packages (continued)**

nearth warnings on tobacco packages (continued)			
		2016	
	Cigarettes	Other smoked tobacco	Smokeless tobacco
Does the law require or establish fines for violations regarding health warnings on packages?	Yes	Yes	Yes
Are there any laws requiring that tobacco packaging and labelling do not use misleading terms which imply the product is less harmful than other similar products, such as "low tar", "light", "ultra-light", or "mild"?	Yes	Yes	Yes
Are there any laws requiring that tobacco packaging and labelling do not use figurative or other signs, including colours or numbers, as substitutes for prohibited misleading terms and descriptors?	Yes	Yes	Yes
Are there any laws requiring that tobacco packaging and labelling do not use descriptors depicting flavours?	No	No	No
Does the law ban the display of quantitative information on emission yields (such as tar, nicotine and carbon monoxide) on tobacco packaging, including when used as part of a brand name or trademark?	No	No	No
Does the law mandate the display of qualitative information on relevant constituents and emissions of tobacco products on tobacco packaging?	Yes	Yes	No
Does the law mandate that this information is displayed on one or more of the principal display areas (front, rear) of the package?	No	No	
Does the law prevent the display of expiry dates on tobacco packaging?	No	No	No
Is it mandatory for the quit line number to appear on packaging or labelling?	No	No	No
Does the law mandate plain packaging (ie. prohibit the use of logos, colours, brand images or promotional information on packaging other than brand names and product names displayed in a standard colour and font style)?	No	No	No

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## Anti-tobacco mass media campaigns between 1 July 2014 and 30 June 2016

Where no data are available, the table shows "...". Where data were not required, the table shows "-".

Was there a national campaign aired during the period?	Yes
Was the campaign aired on television and/or radio?	Yes
Before the campaign, was any research about the target audience conducted or used to develop the campaign messages/materials?	Yes
Were the campaign materials tested with the target audience before the campaign was run?	Yes
Did you obtain air time (radio, television) and/or placement (billboards, print advertising, etc) by purchasing or securing them using either your organisation/institution's internal resources or an external media planner or agency?	Yes
Did you, or your media planner/agency, use a monitor to confirm that the campaign materials were used as planned/scheduled on television, radio, print, billboards, internet, etc?	Yes
Did you work with journalists to gain publicity or coverage in the news for the campaign?	Yes
Was an evaluation done to assess the impact of the campaign?	Yes
Was this campaign part of a comprehensive government tobacco control program?	Yes

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# **Enforce** bans on tobacco advertising, promotion and sponsorship

	2016	Compliance §
Bans on direct tobacco advertising		
National TV and radio	Yes	
International TV and radio	Yes <sup>1</sup>	
Local magazines and newspapers	Yes	
International magazines and newspapers	Yes <sup>2</sup>	
Billboards and outdoor advertising	Yes	
Advertising at point of sale	Yes	
Advertising on internet	Yes	
Other direct bans	Yes	
Compliance score of direct bans §		
Law requires fines for violations of direct advertising bans	Yes	
Bans on tobacco promotion and sponsorship		
Free distribution	Yes	
Promotional discounts	Yes	
Non-tobacco products identified with tobacco brand names	Yes <sup>3</sup>	
Brand name of non-tobacco products used for tobacco product	Yes	
Appearance of tobacco brands in TV and/or films (product placement)	Yes	
Appearance of tobacco products in TV and/or films	Yes	
Prescribed anti-tobacco advertisements required to be presented before,		
during or after the broadcasting or showing of any visual entertainment	_	
media product that depicts tobacco products, use or images		
Sponsorship (contributions and/or publicity of contributions)	Yes	
Ban on Corporate Social Responsibility activities (CSR)	Yes	
Tobacco companies/the tobacco industry publicizing their CSR activities	Yes	
Entities other than tobacco companies/the tobacco industry publicizing the CSR activities of the tobacco companies	Yes	
Tobacco companies funding or making contributions (including in- kind contributions) to smoking prevention media campaigns, including those directed at youth	Yes	
Law explicitly bans tobacco products display at point of sale	Yes	
Other indirect bans	No	
Compliance score of indirect bans §		
Law requires fines for violations of indirect advertising bans	Yes	
Law completely bans tobacco vending machines	Yes	
Law bans internet sales of tobacco products	Yes	

<sup>§</sup> A score of 0—10, where 0 is low compliance. Scores of 8 and above will be described in the report as high compliance, scores of 5 to 7 as medium compliance and scores below 5 as low compliance.

#### Subnational laws on tobacco advertising, promotion and sponsorship

All subnational jurisdictions are covered by national legislation at the highest level of achievement.

<sup>&</sup>lt;sup>1</sup> The law does not explicitly address cross-border advertising. However, given that advertising is banned on all TV and radio, it is interpreted that both domestic

and international levels are covered by the ban.

The law does not explicitly address cross-border advertising. However, given that advertising is banned on all magazines and newspapers, it is interpreted that both domestic and international levels are covered by the ban.

Although the law does not explicitly ban the identification of non-tobacco products with tobacco brand names (brand stretching) and does not provide a definition of tobacco advertising and promotion, we interpret that brand stretching is covered by the existing ban of all forms of advertising and promotion because this country is a Party to the WHO FCTC and we assume that the WHO FCTC definition applies.

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#### Tobacco taxation policy and prices as at 31 July 2016

Price of lowest cost brand of cigarettes (Bijuri non filter)

		Country-reported
		value for 2016
۸	A Tau in alusius mateil salas maiss (TIDCD) for a mask of 20 sissuattos	NPR
A Tax inclusive retail sales price (TIRSP) for a pack of 20 cigarettes	33.50	

**Price of premium brand cigarettes (Surya)** 

		Country-reported
		value for 2016
^	A Tax inclusive retail sales price (TIRSP) for a pack of 20 cigarettes	NPR
А		200.00

#### Taxes on the most sold brand of cigarettes (Surya)

	WHO's estimate for 2016
Price of most sold brand of cigarettes (standardized to a pack of 20)	
In currency reported by country	NPR 180.00
In international dollars (purchasing power parity adjusted)	5.73
In US dollars at official exchange rates	1.68
Taxes on this brand (% of retail price) **	
Total taxes	26.3%
Specific excise	14.8%
Ad valorem excise	0.0%
Value added tax (VAT) or sales tax	11.5%
Import duty	0.0%
Other taxes	0.0%

 <sup>★</sup> Individual categories of tax may not add to total due to rounding.

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Taxes on the most sold brand of smoked tobacco product other than cigarettes

	WHO's estimate for 2016
Price of most sold brand of (standardized to 20 grams)	
In currency reported by country	
In international dollars (purchasing power parity adjusted)	
In US dollars at official exchange rates	
Taxes on this brand (% of retail price) **	
Total taxes	
Specific excise	
Ad valorem excise	
Value added tax (VAT) or sales tax	
Import duty	
Other taxes	

 <sup>★</sup> Individual categories of tax may not add to total due to rounding.

#### Taxes on the most sold brand of smokeless tobacco product

·	WHO's estimate for 2016
Price of most sold brand of (standardized to 20 grams)	
In currency reported by country	
In international dollars (purchasing power parity adjusted)	
In US dollars at official exchange rates	
Taxes on this brand (% of retail price) **	
Total taxes	• • •
Specific excise	
Ad valorem excise	
Value added tax (VAT) or sales tax	
Import duty	
Other taxes	

器 Individual categories of tax may not add to total due to rounding.

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## Annual tax revenues from tobacco products at the national/federal level

	Most recent data to be reported
Is tax revenue data for all tobacco products or cigarettes only?	All Tobacco Products
Year	2015/2016
Currency	NPR
Total Excise (specific and ad valorem)	9 710 223 000.00
Value added tax (VAT) and other sales taxes	5 819 585 000.00
Import duties and all other taxes (excluding corporate taxes on tobacco companies)	624 003 000.00
Total	16 153 811 000.00

# **Supplementary tax information**

	Most recent data to be reported
Type of excise applied	Specific excise
Uniform excise tax applied Yes (uniform), No (tiered/varying rates)	No
Greater reliance on specific tax in mixed excise regime	_
Minimum specific tax applied in ad valorem or mixed excise regime	_
Retail price used as base of ad valorem component in ad valorem or mixed excise regime (or retail price exclusive of VAT)	_
Specific tax component automatically adjusted for inflation (or other)	No
Price dispersion: share of cheapest brand price in premium brand price (the higher the % the smaller the gap)	16.75%
Tax stamps applied on tobacco products	Yes
Bans or limits on duty free imports by travellers	Banned
If duty free imports are limited, duty free allowance (number of cigarette sticks)	_

# **Affordability**

% of GDP per capita required to purchase 100 packs of the most sold brand of cigarettes (the higher the %, the less affordable)	23.10%
Cigarettes are less affordable in 2016 compared to 2014	Yes
Cigarettes have become less affordable between 2008 and 2016 (trend average)	No change



#### **Legend: Summary of MPOWER measures (see page 1)**

#### MONITORING: PREVALENCE DATA

No known data or no recent data or data that are not both recent and representative	
Recent and representative data for either adults or youth	
Recent and representative data for both adults and youth	
Recent, representative and periodic data for both adults and youth	

#### SMOKE-FREE POLICIES: POLICIES ON SMOKE-FREE ENVIRONMENTS

Data not reported/not categorized
Complete absence of ban, or up to two public places completely smoke-free
Three to five public places completely smoke-free
Six to seven public places completely smoke-free
All public places completely smoke-free (or at least 90% of the population covered by complete subnational legislation)

#### CESSATION PROGRAMMES: TREATMENT OF TOBACCO DEPENDENCE

Data not reported
None
NRT and/or some cessation services (neither cost-covered)
NRT and/or some cessation services (at least one of which is cost-covered)
National quit line, and both NRT and some cessation services cost-covered

#### HEALTH WARNINGS: HEALTH WARNINGS ON CIGARETTE PACKAGES

Data not reported
No warnings or small warnings
Medium size warnings missing some appropriate characteristics OR large warnings missing many characteristics
Medium size warnings with all appropriate characteristics OR large warnings missing some appropriate characteristics
Large warnings with all appropriate characteristics

#### MASS MEDIA: ANTI-TOBACCO CAMPAIGNS

Data not reported
No national campaign conducted between July 2014 and June 2016 with duration of at least three weeks
National campaign conducted with one to four appropriate characteristics
National campaign conducted with five to six appropriate characteristics, or with seven characteristics excluding airing on television and/or radio
National campaign conducted with at least seven appropriate characteristics including airing on television and/or radio

#### ADVERTISING BANS: BANS ON ADVERTISING, PROMOTION AND SPONSORSHIP

Data not reported
Complete absence of ban, or ban that does not cover national television, radio and print media
Ban on national television, radio and print media only
Ban on national TV, radio and print media as well as on some but not all other forms of direct and/or indirect advertising
Ban on all forms of direct and indirect advertising (or at least 90% of the population covered by complete subnational legislation)

#### TAXATION: SHARE OF TOTAL TAXES IN THE RETAIL PRICE OF THE MOST SOLD BRAND OF CIGARETTES

Data not reported
<= 25% of retail price is tax
26–50% of retail price is tax
51–75% of retail price is tax
>75% of retail price is tax

#### AFFORDABILITY

YES	Cigarettes less affordable – per capita GDP needed to buy 2000 cigarettes of the most sold brand increased on average between 2008 and 2016.
NO	Cigarettes more affordable – per capita GDP needed to buy 2000 cigarettes of the most sold brand declined on average between 2008 and 2016.
$\leftrightarrow$	No trend change in affordability of cigarettes since 2008.