

Action 2: Caregiver Instructions

Visual materials provided by CDC-
MOHS



The Interim Care Kit

- Contents



2 Buckets



6 small soap



15 ORS sachets



16 Aquatabs



10 Examination
Gloves



5 Garbage
bags



480g Chlorine
powder



1 Tablespoon



3 Aprons



Using the Interim Care Kit

- The buckets:
 - 1 for 0.5% chlorine solution
 - 1 for body fluids



The strong chlorine is used for cleaning all areas and things touched by the sick person

2 litres of strong chlorine should be put in the 'body fluids' bucket before it is used to help disinfect it



Using the Interim Care Kit

- To make 0.5% chlorine solution
 - Put 20 litres water in the bucket
 - Add 10 tablespoons of chlorine powder
 - Stir carefully, wait 30 min



10 Heaping TABLESPOONS OF HTH

20 Liters Water



Using the Interim Care Kit

- Always wear gloves when working with chlorine
- Chlorine is used to clean anything the sick person has touched



Using the Interim Care Kit

The body fluids bucket should have 2 litres of chlorine in it, and be placed near the sick person.

Only the sick person should touch the bucket.

If you need to touch the bucket, wear the apron and gloves, and be very careful not to spill or touch anything.



Using the Interim Care Kit

Wear the gloves every time you touch anything that you give or take from the sick person, or use the chlorine.

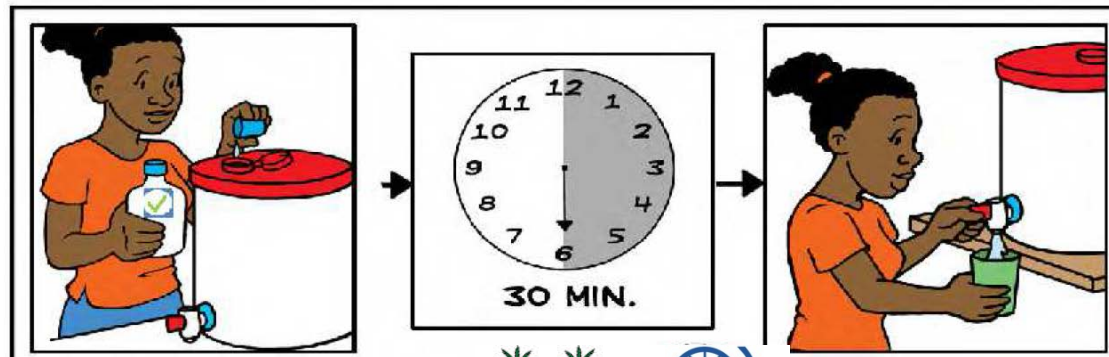
Throw the gloves in the garbage bag after wearing them one time. Do not wear the same gloves twice.

Wash hands with soap after taking off the gloves, as well as at the 5 key times for handwashing.



Using the Interim Care Kit

- Only drink treated water. To make treated water:
 - Take 20 litres clean water in a clean bucket with a lid, or jerry can with lid
 - Add 2 aquatabs
- Put the lid on, and wait 30 minutes



Images courtesy of CAWST



Using the Interim Care Kit

- As Soon As The Sick Person has Diarrhoea or Vomits



- Prepare ORS for them to drink.
 - Wearing GLOVES, take 1 litre of treated water and add 1 sachet of ORS powder
 - Stir until completely dissolved
 - Encourage the sick person to drink all of it, even if they are still ill



What to do if somebody is sick

- Keep everyone away from the sick person



What to do if somebody is sick

- Do not touch the sick person



How to take off the gloves

1



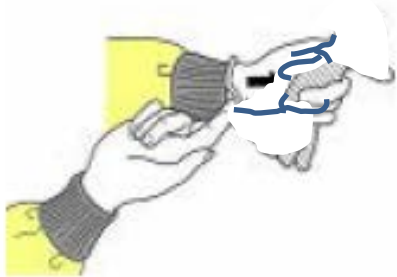
- Grasp outside of one glove with the glove on the other hand.
- Peel away from hand turning the glove inside out
- Do NOT touch the skin

2



- Throw the glove into the garbage bag

3



- Slide ungloved finger under the wrist of the remaining glove.
- Peel off from inside
- Do NOT touch the outside of the glove

4



- Throw the glove into an Ebola waste container.

5

