

# Ebola: What Does a Negative Test Result Mean to You?

***Congratulations! You have done the right thing by getting tested...***

It is great news when your Ebola test is negative.

But remember, **you can still get Ebola** and you need to take steps to keep you, your family, and Mama Salone safe.

## STEP 1

**Keep your test result letter with you.**

Others may want proof that you tested negative for Ebola.



## STEP 2

**Avoid contact with others.**

A health care worker will visit your home every day to monitor your health.

## STEP 3

**Protect yourself and others.**

- Wash your hands frequently with soap and water.
- Avoid body contact with others.
- Do not touch a sick person or the sick person's body fluids.
- Do not touch anything a person sick with Ebola has touched.
- Do not touch the body of someone who has died from Ebola.
- Do not touch anything a person who has died from Ebola has touched.
- Treat any deaths as if it could be Ebola & call 117 to report all deaths.
- **Be watchful of symptoms that include a fever greater 37.5 degrees Celsius, severe headache, muscle pain, diarrhea, vomiting, abdominal pain or unexplained bleeding.**
- **Call 117 immediately if you think you have Ebola symptoms again.**



## STEP 4

**Share your story with others.**

Tell your friends, family and neighbors that you are glad you got tested and know your results. Tell them that anyone who has symptoms should call 117 right away.