





Ebola Awareness

Toolbox Talk

August 2014

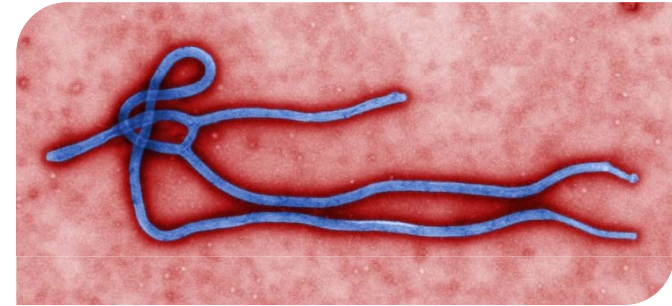
Disclaimer: This awareness talk has been developed for educational purposes only. It is not a substitute for professional medical advice. Should you have questions or concerns about any topic described here, please consult your medical professional.





EBOLA

WHAT IS IT?



Ebola is caused by a virus.

- Causes a severe illness, with bleeding
- Up to 90% will die
- No vaccine, and no cure are available – BUT getting treatment at Ebola Centres EARLY increases the chance of recovery
- Many people can quickly become infected





EBOLA

HOW DOES IT SPREAD?

Sick people can spread this disease to others

- People in direct contact with sick people are at highest risk:
 - Family members
 - Healthcare workers



Contact with **Dead bodies** can cause infection. **BE CAREFUL**

- DO NOT wash, touch or kiss dead bodies
- DO NOT wash hands in the same bucket as others who have touched the body



EBOLA SYMPTOMS

What does Ebola
feel like?





EBOLA

EARLY SYMPTOMS

Symptoms can start within **two days** of contact with an infected person or body



FEVER



TIREDNESS



HEADACHE



NAUSEA



EBOLA

LATER SYMPTOMS



VOMITING
May contain blood



DIARRHOEA
May contain blood



COUGH
May contain blood



BLEEDING
(mostly from nose and mouth)

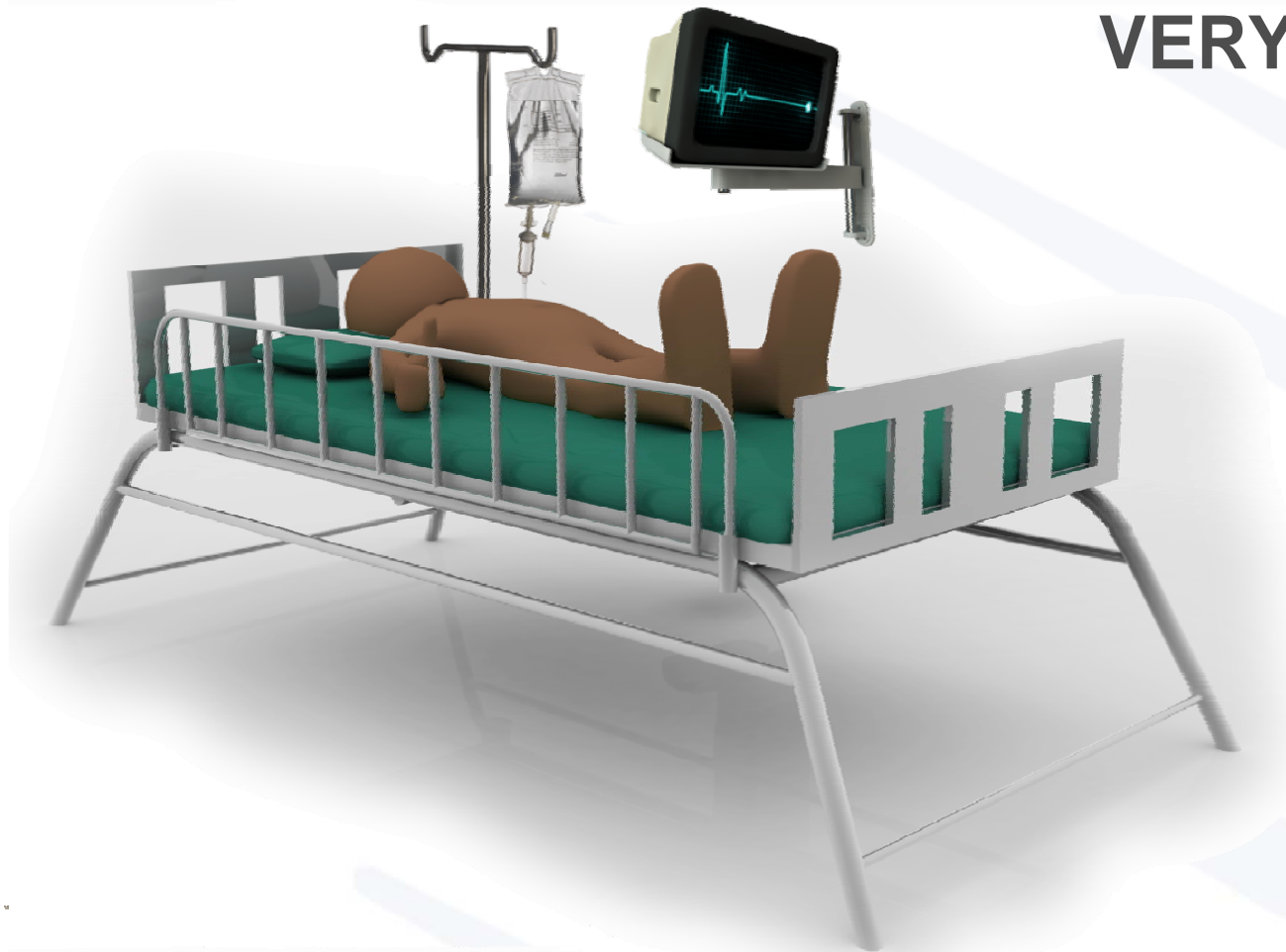




EBOLA

LATER SYMPTOMS

YOU CAN
BECOME
VERY SICK





EBOLA

DEATH IS COMMON

MOST PEOPLE WITH EBOLA DIE



**BUT SOME PEOPLE WILL RECOVER – GETTING HELP
EARLY INCREASES THE CHANCE OF RECOVERY**





EBOLA PREVENTION

How **NOT** to catch
Ebola?





EBOLA
DON'T CATCH IT!



YOU CAN CATCH
EBOLA FROM
SOMEONE WHO IS
SICK OR
DEAD



KEEP AWAY.....

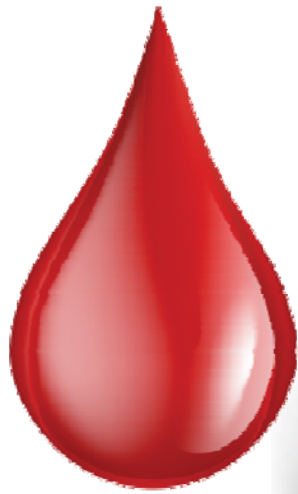




EBOLA

DON'T TOUCH!

Do not touch an infected person or their body fluids



BLOOD



VOMIT



**FAECES OR
DIARRHOEA**





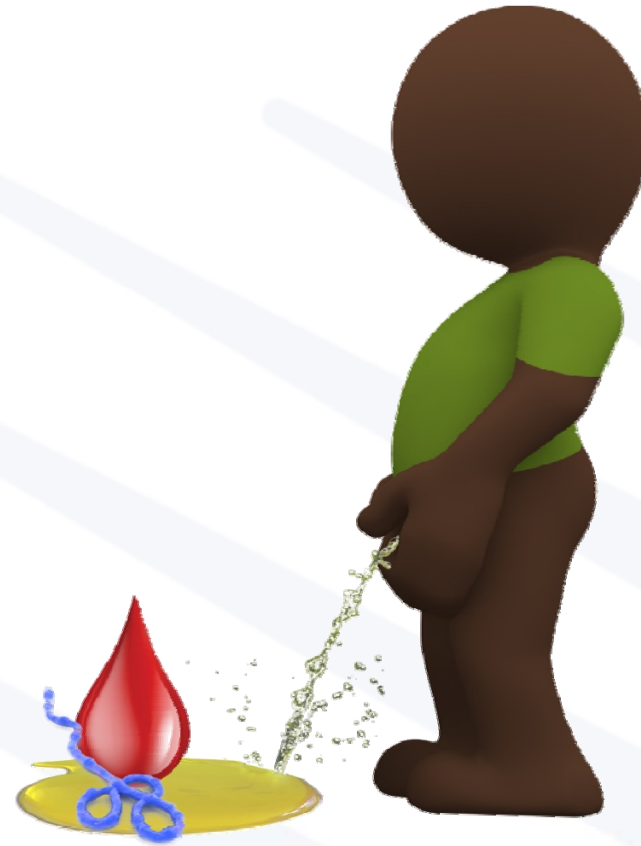
EBOLA

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BODY FLUIDS



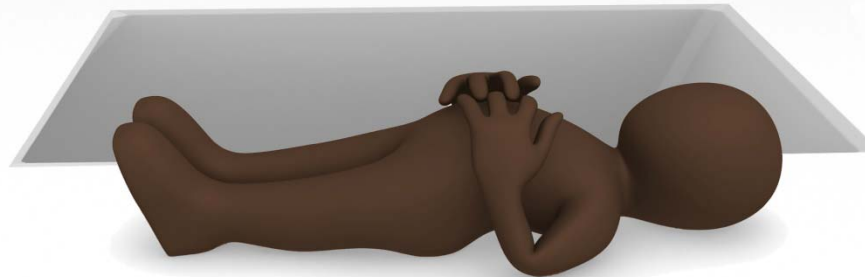
URINE





EBOLA

DON'T TOUCH!



DEAD BODY

Dead bodies carry the virus. Bury carefully. Keep away.



EBOLA PREVENTION

WASH YOUR HANDS OFTEN
Use SOAP





EBOLA PREVENTION



**EBOLA is in animals and bats too.
DO NOT touch or eat "bush meat"
or bats**





EBOLA

WHAT TO DO!

If you get sick





EBOLA

WHAT TO DO

If you develop these symptoms...



FEVER



TIREDNESS



HEADACHE



NAUSEA



VOMITING

May contain blood



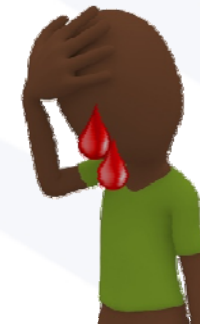
DIARRHOEA

May contain blood



COUGH

May contain blood



BLEEDING

(mostly from nose and mouth)





EBOLA

WHAT TO DO



GET HELP EARLY!

Call your medical centre and tell them about your illness

Listen to the advice. You may be sent to a special hospital

Keep away from others so they don't get sick

Be especially careful of your vomit and diarrhoea

Although there is no cure, getting treatment at Ebola Centres EARLY increases the chance of recovery

