

Information for Ill Travelers: Ebola

What you need to do

You have been given this card because you might have been exposed to patients with Ebola, and because you are sick with symptoms consistent with Ebola infection. This does not mean that you have Ebola, but further evaluation is needed.

- Ebola is a severe, often fatal disease that spreads through direct contact with an infected person's blood or body fluids (such as saliva or urine). Symptoms appear within 21 days of exposure.
- People exposed to Ebola are not contagious unless they have a fever and other symptoms of Ebola: severe headache, muscle pain, vomiting, diarrhea, stomach pain, or unexplained bleeding or bruising.

For more information:

- WHO | Ebola virus disease (EVD): <http://www.who.int/csr/disease/ebola/en/>
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A Note to the Doctor

The patient giving you this card has potentially been exposed to patients with Ebola and might have symptoms consistent with Ebola.

For more information

- WHO | Case definition recommendations for Ebola or Marburg Virus Diseases:
<http://www.who.int/csr/resources/publications/ebola/ebola-case-definition-contact-en.pdf?ua=1&ua=1>
- CDC Ebola website for healthcare providers: www.cdc.gov/vhf/ebola/hcp/index.html
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