

Information for Ill Travelers: Ebola What you need to do

You have been given this card because you were in a country where there is an Ebola outbreak and you are sick with symptoms consistent with Ebola infection. This does not mean you have Ebola, but further evaluation is recommended.

- Ebola is a severe, often fatal disease that spreads through direct contact with an infected person's blood or body fluids (such as saliva or urine). Symptoms appear within 21 days of exposure.
- People exposed to Ebola are not contagious unless they have a fever and other symptoms of Ebola: severe headache, muscle pain, vomiting, diarrhea, stomach pain, or unexplained bleeding or bruising.

For more information

- WHO | Ebola virus disease (EVD): <http://www.who.int/csr/disease/ebola/en/>
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A Note to the Doctor

The patient giving you this card was recently in an area affected by an Ebola outbreak and may have symptoms consistent with Ebola.

For more information

- WHO | Case definition recommendations for Ebola or Marburg Virus Diseases: <http://www.who.int/csr/resources/publications/ebola/ebola-case-definition-contact-en.pdf?ua=1&ua=1>
- CDC Ebola website for healthcare providers: www.cdc.gov/vhf/ebola/hcp/index.html
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