PROTECT YOURSELF PROTECT YOUR FAMILY PROTECT YOUR COMMUNITY

from the Ebola virus



Do not touch people with signs of Ebola or have died of Ebola



Always wash your hands with soap and

> Do not touch clothes & bed cloths of people who have died of Ebola



Always cook your food properly

> Do not touch vomit, saliva, urine, blood and poo poo of people who have signs and symptoms of Ebola



Do not play with

Do not play with monkeys and baboons

Do not eat bush



Go to health facility anytime you have head ache, fever, pain, diarrhea, red eyes rash and vomiting

Tell everyone you meet about Ebola so they can be informed



meat



Do not eat plums eaten by bats



Call for help or questions 0886520581 or 0886374733

Let's stop the spread of Ebola together

