

**Monitoring blood
pressure and signs
and symptoms of
pre-eclampsia/
eclampsia**

**VCT for HIV
for women
at risk only**

**Tetanus
toxoid
immunization**

**Risk screening
at every ANC
visit**

**Detection of pre-
existing conditions
which may complicate
pregnancy**

**Determination of
fetal position prior
to 36 weeks
gestation**

**Frequent visits
(at least monthly)
for all pregnant
women**

Clinical pelvimetry to assess adequacy for delivery

“Opt out” counseling and testing for HIV and education and clinical services for the prevention of maternal to child transmission (PMTCT) including use of condoms during pregnancy in discordant couples

**Confirmation of
fetal position by
36 weeks of
pregnancy**

**Examination
for ankle
edema**

Prevention and treatment of anemia

- Iron/folate supplementation for at least 6 months of pregnancy and 2 months postpartum**
- De-worming medication in areas where parasites are common**

Urinalysis for proteinuria in third trimester if signs of pre-eclampsia

Promotion of active management of the third stage of labor for the prevention of postpartum hemorrhage

Recognition and treatment of sexually transmitted infections (STIs)

Measurement of weight/BMI and assessment of nutritional status

Prevention of malaria in pregnancy

- Intermittent preventive treatment (IPT) for malaria**
- Insecticide treated bednets (ITNs)**

**Cards for Correct and Incorrect Warning Signs of
Complications in Pregnancy or Postpartum**

**Nausea in
first
trimester**

**Diminished/
loss of fetal
movement**

**Pale conjunctiva,
tongue, palms
and nail beds**

**Persistent
lower
abdominal pain**

**Increased
fetal
movement**

**Rupture of
membranes or
foul smelling
discharge**

**Contractions at
term
(near due date)**

**Severe headache,
blurred vision,
seizures, loss of
consciousness**

**Ankle
edema**

**Swelling of
hands and
face**

Jaundice

Fever

**Persistent
vomiting**

**Mild fatigue
after birth**

**Urinary frequency
in pregnancy
(without burning
or blood in urine)**

Bleeding from the vagina

**Mild vaginal
bleeding in first
postpartum week**