

Youth Sexual and Reproductive Health (Update)

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Half of the world's population is younger than 25 years old and 9 out of 10 young people live in developing countries. These young people face profound challenges, such as high rates of early marriage, unintended pregnancy, HIV and other sexually transmitted infections, and maternal mortality and morbidity.

This course has two main goals. The first is to provide an introduction to key sexual and reproductive health issues of youth, including the relationship between gender norms and health. The second is to present an overview of the best programmatic approaches for improving young people's sexual and reproductive health.



Objective

By the end of this course, the learner will be able to:

- Recognize the unique physical, psychological, and social characteristics of young people
- Describe the sexual and reproductive health needs of young people
- Recognize the ways in which gender norms affect the sexual and reproductive health outcomes of youth and learn how programs can address gender inequality
- Understand why young people require special attention to achieve positive sexual and reproductive health outcomes
- Identify programmatic initiatives and approaches that improve the sexual and reproductive health of young people

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