

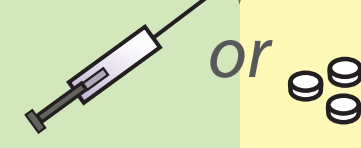
Helping Mothers Survive

Bleeding after Birth

ACTION PLAN

Prepare for birth

Birth (See HBB Action Plan for baby)

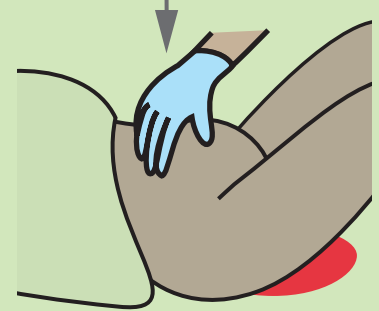


Give medication to expel placenta

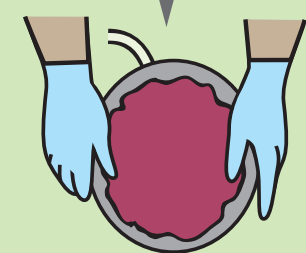


Perform controlled cord traction to deliver placenta

Placenta out? ————> Not out

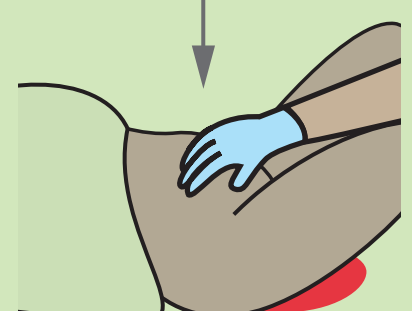


Check tone
Massage if soft



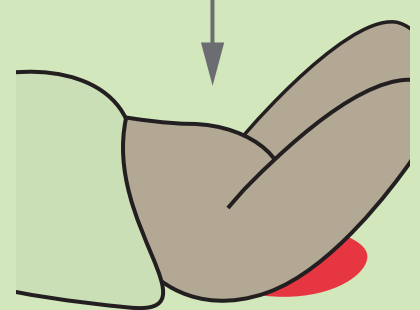
Placenta complete?

Complete



Uterus hard?

Hard



Bleeding normal?

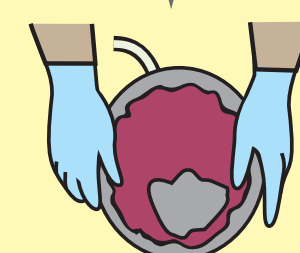
Normal



Continue care:

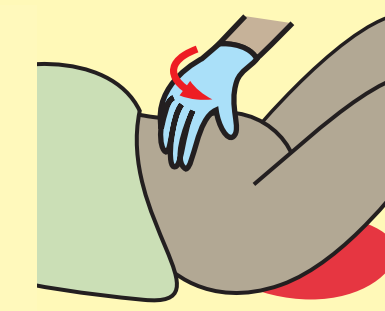
Check tone
Monitor bleeding
Check vital signs
Encourage breastfeeding

Repeat
controlled cord traction



Not out
Give 10 units
oxytocin

Advanced care



Massage uterus

Soft

Massage uterus
Repeat medication

Hard
Bleeding excessive



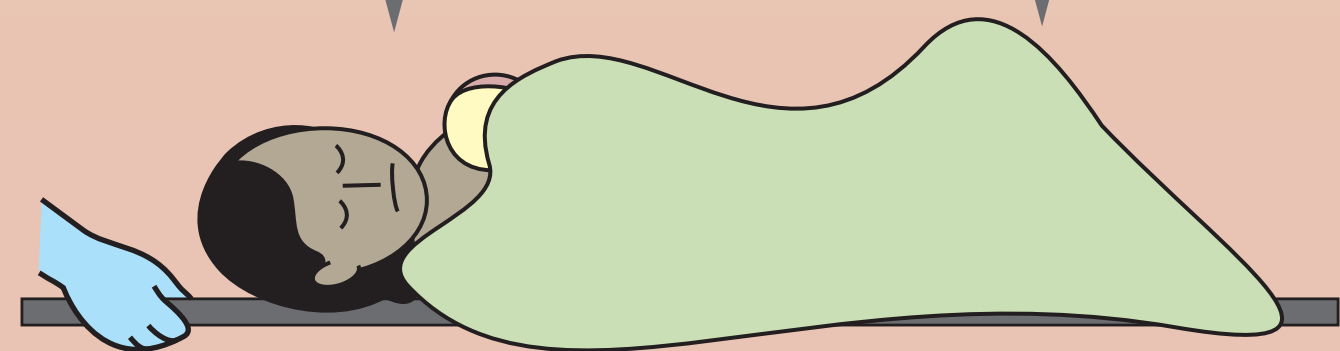
Press on tears

Soft
Bleeding excessive



Compress uterus

Hard
Bleeding normal



Advanced care
Keep warm